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DAILY STAR
FRIDAY, AUGUST 7, 2026
News with a wink £1.50

THOUGHT FOR THE DAY
Welcome to the Public House of No Fun!!

INCLUDES ALL 92 PREMIER LEAGUE AND EFL CLUBS
ESSENTIAL 2026-27 FOOTBALL FIXTURES
All the dates you need ahead of an epic season

FREE
PICK UP AT TESCO
24 PAGE FOOTBALL FIXTURES MAG WITH TOMORROW'S PAPER
Voucher required. Subject to availability. See tomorrow's paper for details

WIN LUNCH FOR A YEAR
25 PRIZES UP FOR GRABS
FROM GREGGS
Terms & conditions apply. See Page 24 for details

Kel of a holiday!

PAGE 3

INSIDE TOMORROW
FREE £3 SHOP BET WITH William HILL
VALID ON ALL FOOTBALL
18+ Terms and conditions apply
See tomorrow's paper for details

UEFA: Balls to Gianni

PAGE 7

BOTTOMS DOWN ... NO STANDING UP IN PUBS

by ED EASTON

SUGGS and pals enjoy a vertical drink at The French House in Soho yesterday as Westminster City Council denied touting a new "no standing" plan.

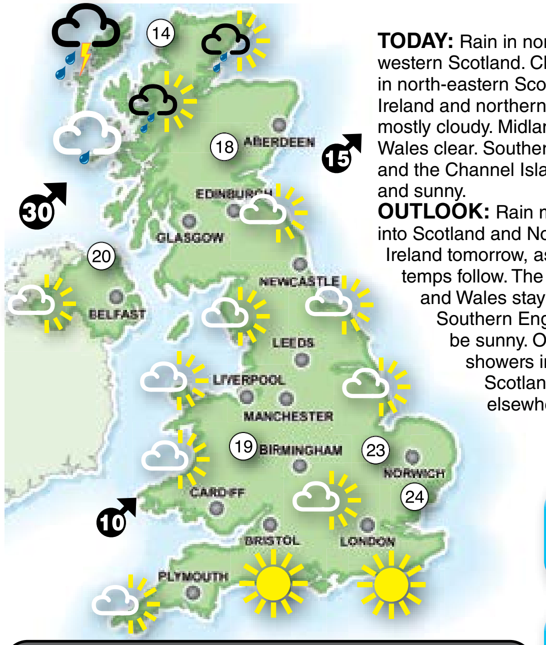
Full story: Page 5

HAMMER BLOW: Lesley Lewis, landlady

Pictures: TIM ANDERSON

MADNESS

TODAY'S WEATHER



TODAY: Rain in northern and western Scotland. Cloudiness in north-eastern Scotland. Ireland and northern England mostly cloudy. Midlands and Wales clear. Southern England and the Channel Islands fair and sunny.

OUTLOOK: Rain moves into Scotland and Northern Ireland tomorrow, as cooler temps follow. The Midlands and Wales stay dry. Southern England will be sunny. On Monday, showers in northern Scotland and mild elsewhere.

SAT

SUN

MON

AIR QUALITY Air pollution levels Low (1) Very high (10) uk-air.defra.gov.uk

Highlands	2	North Wales	2
North East Scotland	2	West Midlands	2
Central Scotland	2	East Midlands	2
Scottish Borders	2	South Wales	2
Northern Ireland	2	South West	2
North West & Mersey	2	South East	2
North East	2	Eastern	2
Yorkshire & Humber	2	Greater London	2

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NEWSPAPERS SUPPORT RECYCLING

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THE HEALTH LOTTERY

Big Win numbers Thursday, August 6	09	18	25	40	42	47
Big Win numbers Wednesday, August 5	11	28	39	42	44	25
Big Win numbers Tuesday, August 4	13	25	26	43	47	18
Big Win numbers Monday, August 3	03	13	18	19	39	49
Big Win numbers Friday, July 31	12	18	25	42	47	44

2ND CHANCE DRAW, THURSDAY, AUGUST 6: 04, 09, 17, 25, 29
ALL OR NOTHING, TUESDAY, AUGUST 4: 1, 2, 4, 11, 13, 16, 17, 18, 19, 21, 22, 24

NATIONAL LOTTERY

WEDNESDAY, AUGUST 5

LOTTO 24 26 27 39 47 50 08

DRAW 2

12 14 16 22 29 59 58

No jackpot winners. Tomorrow"s must-win jackpot is £8.3million

TUESDAY, AUGUST 4

EURO 25 30 34 46 50 01 12

MILLIONAIRE MAKER: JMVX 35761

No jackpot winners. Tonight's estimated top prize is £94million

SET FOR LIFE: THURSDAY, AUGUST 6: 03, 04, 05, 18, 37 LIFE BALL: 06
THUNDERBALL, WEDNESDAY, AUGUST 5: 12, 16, 20, 21, 37 TBALL: 02

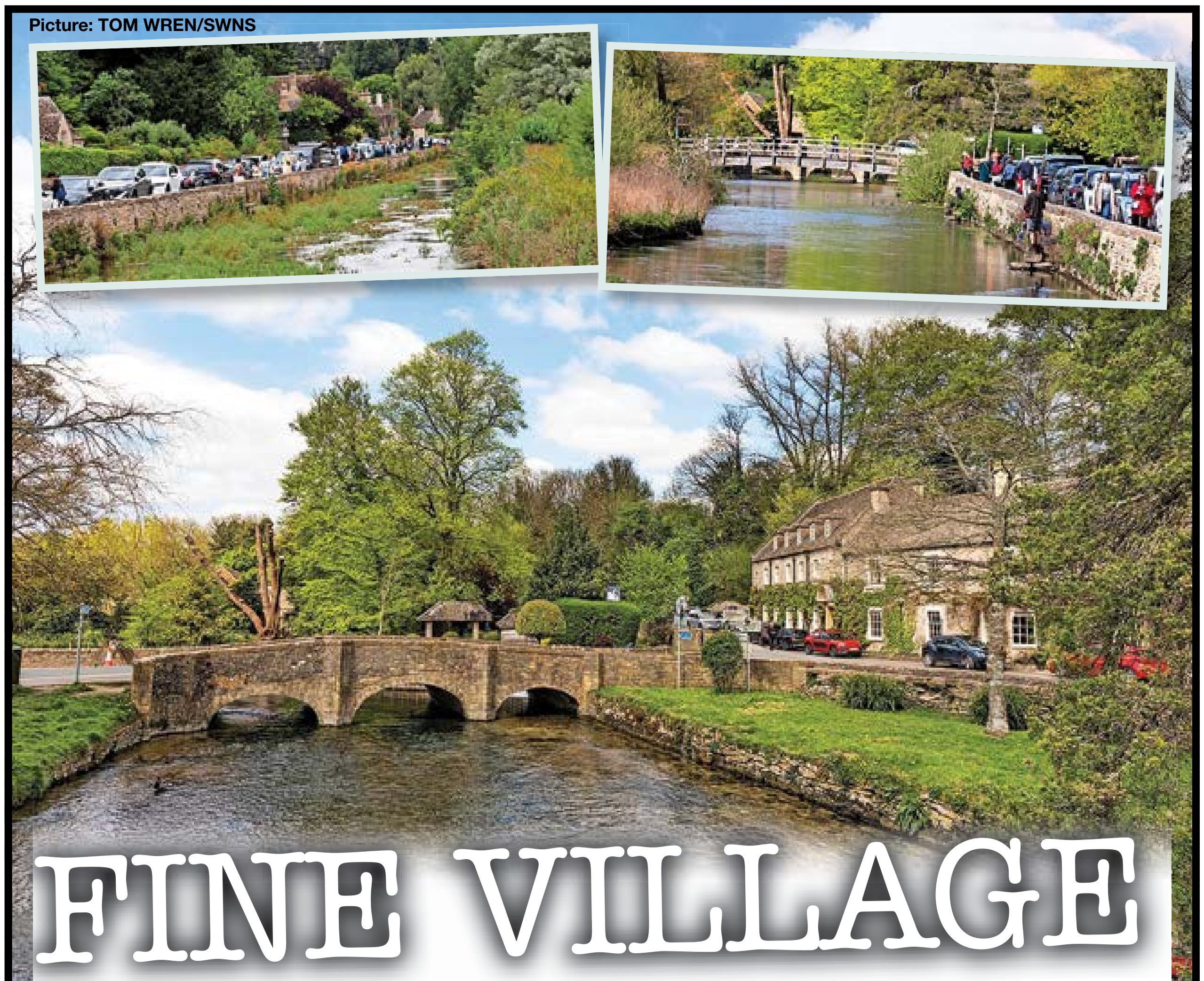
'200 KILLED BY FLAB JAB'

HEALTH officials have received reports of more than 200 deaths suspected of being linked to weight-loss jabs, stats suggest.

The Medicine and Healthcare Products Regulatory Agency's Yellow Card Scheme data also showed reports of more than 158,000 adverse reactions linked to the meds. The regulator stressed they were only suspicions by those reporting them.

Health Secretary Yvette Cooper said: "We have a whole system of health safety regulations in place."

Picture: TOM WREN/SWNS



FINE VILLAGE

■ A TOURIST hotspot in the Cotswolds is raking in £45,000 per year in parking tickets – a rise of over 2,000% in seven years.

Bibury – dubbed the most beautiful village in the world – is famous for its 14th Century stone cottages once featured in British passports.

■ But locals complain of dangerous parking and over tourism on the village's narrow lanes. Craig Chapman said many visitors showed "very little regard for the villagers".

Figures show parking wardens issued 651 tickets there last year, up from just 28 in 2019.

■ Gloucestershire County Council leader Lisa Spivey said: "The council has taken a proactive enforcement approach to ensure both residents and visitors can enjoy the village."

Faulty powers

TRAIN CHAOS AS ELECTRICITY FAILS

■ by POL ALLINGHAM

AN electricity supply failure caused major disruption to trains in the Midlands and north-west England yesterday, National Rail has said.

The rail group reported the incident shortly after 2pm.

TransPennine Express said: "All trains will be stopped due to a failure of the communication systems on the network.

"Trains are unable to run safely."

Rail departures
16:38

Meanwhile train operator Northern advised customers not to travel.

Services in the Greater Manchester area, the Midlands and north-west England were affected by the outage.

A National Rail spokesperson said: "This is expected to cause major disruption until the end of the day.

"If you're travelling Avanti West Coast, CrossCountry, East Midlands Railway, London Northwestern, Northern, TransPennine Express or Transport for Wales in the affected area, your train may be cancelled, delayed or revised."

news@dailystar.co.uk

KELLY FLOATS ON HOL

★ KELLY Brook gives fans an eyeful as she cools down on holiday in Italy.

The model and radio host, 46, was all smiles as she posed in a bikini in a pool of water.

★ She has been spending the summer soaking up the sun with her husband Jeremy Parisi, 41, in his ancestral country.

TOM AND ZEN'S SECRET DO

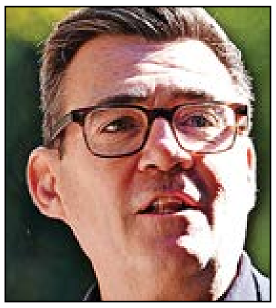
TOM Holland and Zendaya and are officially a married couple after tying the knot at a lavish country estate this week, according to reports.

The Hollywood power couple were believed to have been married for some time after Tom, 30, suggested in an interview they had wed in secret. But it has been claimed they have only now exchanged vows as they rented out an entire Victorian estate for their bash.

The total cost of the party is believed to be around £500,000. The pair are said to have got hitched at the Beaverbrook estate in the Surrey Hills.

Guests and members of staff were allegedly banned from using phones in any way during the course of their happy day, according to sources.

One insider said: “Tom and Zendaya went to great lengths to stop any information or pictures getting out, so neither guests nor staff were allowed their mobiles.”



BLOW: PM Burnham

Abusers ‘will be set free’

GROOMING gang abusers may be released from prison early due to how some of them were charged.

PM Andy Burnham has pledged to exclude grooming offences from the early release scheme.

But many offences carried out by gangs who sexually abused girls took place before anti-grooming laws in 2003.

This means some were charged with indecent assault, which is not in the early release exemptions.

Tory leader Kemi Badenoch has written to Mr Burnham, describing the loophole as “yet another betrayal of victims”.

The Ministry of Justice said that it could not block more offenders from getting out sooner “without risking prisons reaching capacity and collapsing”.

DRAMA: Incident

Scissor suspect in court

A WOMAN accused of a stabbing spree in London’s Covent Garden allegedly knifed four men with scissors, a court has heard.

Stella Gollovena, 47, is accused of attacking Patrick De Barr, Thomas Harding, Adrian Lovett, and Mantas Jankus during an incident on Wednesday.

She has been charged with four counts of wounding with intent to cause grievous bodily harm and one count of possession of an offensive weapon, a pair of scissors, in a public place.

Gollovena did not enter any pleas at Highbury Corner Magistrates’ Court and was remanded in custody until the next hearing at Snaresbrook Crown Court on September 3.

BEAR JAILED OVER POSTS

FORMER reality TV star Stephen Bear has been jailed for 16 months for breaching a restraining order by posting about his ex Georgia Harrison online.

Bear, 36, flouted the five-year restraining order, imposed in 2023 after he was found guilty of disclosing private photos and films of Ms Harrison.

After the sentence at Chelmsford Crown Court, Ms Harrison said: “If every force treated this the way Essex Police did, thousands of women would feel safer today.”

Pictures: PA

WAVE GOODBYE TO FREEDOM: Bear arrives at court yesterday with his wife Miami

Andy: I fled stalker in balaclava

HE CLAIMS MAN CHASED HIM NEAR HOME

by TRISTAN KIRK

ANDREW Windsor was chased by an alleged stalker wearing a balaclava near his Sandringham home, a court heard.

Alex Jenkinson, 39, is charged with using threatening, abusive or insulting words or behaviour towards the former Duke of York in Norfolk on May 6.

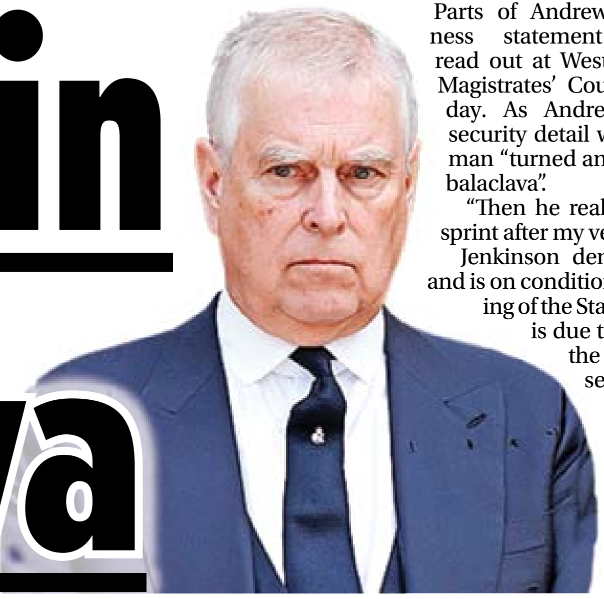
Police are also applying for a civil Stalking Protection Order against Jenkinson, relying on evidence from Andrew and searches on Jenkinson’s phone.

Parts of Andrew’s witness statement were read out at Westminster Magistrates’ Court yesterday. As Andrew and his security detail were driving in a car, he said a man “turned and faced me – he was wearing a balaclava”.

“Then he realised who I was and began to sprint after my vehicle.”

Jenkinson denies the public order offence and is on conditional bail and is fighting the making of the Stalking Protection Order. Andrew is due to give evidence by videolink at the criminal trial, which has been set for December 21.

At a hearing in July, the court heard evidence from Jenkinson’s phone – including alleged searches on Andrew, Sandringham and “weapons” – is due to feature in the trial. The case continues.



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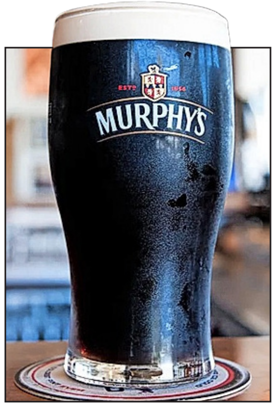
LET'S STAND SUP FOR OUR RIGHTS



POPULAR: Murphy's

Brewers battling it stout

MURPHY'S is fast becoming Britain's favourite stout.

The Irish brew has seen sales double in the UK as drinkers switch to the cheaper pint.

The boom comes after Guinness was hit by supply problems that left some pubs running dry of the black stuff.

One drinker posted on Reddit: "I generally prefer Murphy's over Guinness."

"Guinness always seemed sweeter to me and I prefer the drier taste of Murphy's."

But others reckon Beamish, owned by Heineken like Murphy's, is the "superior stout of all".

Earlier this year Guinness owner Diageo admitted "capacity constraints" had hit supplies.

MOOD LIFT: Mushrooms

Magic touch hopes

THE natural psychedelic found in magic mushrooms could significantly ease depression that could not be treated by other treatments, a new study has found.

A medical trial led by King's College London found that, of 60 people who were diagnosed with treatment-resistant depression, more than four in 10 patients saw their symptoms go into remission after three weeks of taking 25mg of psilocybin.

It was carried out on people who had not responded to two prior treatments.

Researcher Prof James Rucker said: "The wider evidence base for psilocybin therapy is growing rapidly, and looks increasingly promising."

FOCUS ALL ON KAIA...

★ ACTRESS Kaia Gerber steals the spotlight in a barely-there black outfit at a Hollywood party.

■ **by KATE NELSON**

The 24-year-old, who is the daughter of supermodel Cindy Crawford, was out celebrating her new TV show The Shards. She also posed alongside her co-star in the FX show, Hayes Warner.

★ They were on the red carpet at the Moonlight Rollerway in California.

THE FRENCH HOUSE
THE FRENCH HOUSE
THE FRENCH HOUSE
METEOR

CAPITAL LOSSES: Popular pub in Soho

Landlords fight back at 'vertical drinking ban'...

PUBS are under pressure to "ban" standing up while ordering and having a drink.

■ **by ED EASTON**

Killjoy councils have been accused of cracking down on "vertical drinking" by forcing boozers to either outlaw the habit or risk losing their licence.

Local authorities up and down the country are advising landlords that if they make their venues sitting-only, they are more likely to be awarded permits.

They include Westminster City Council, which oversees London areas like Soho and the West End, along with Reading and Stockton-on-Tees.

But Ellie Eames, of the Campaign for Real Ale said: "It's always been part of British culture to order pints at the bar without the requirement to remain seated."

Landlady of The French House in Soho, Lesley Lewis, added: "If people choose to have tables and waiter service, that's great – a lot of places do – but we just can't make it work. It's another hammer blow."

The compact venue has become a fave for celebs over the years – including Madness lead singer Suggs, who enjoyed a drink outside yesterday afternoon.

But Paul Swaddle, the Tory leader of Westminster City Council, denied trying to ban drinking while standing up, despite his authority encouraging pub landlords to put out tables and chairs in place of bar space.

Cllr Swaddle insisted: "There is no plan, and never has been, to ban drinking while standing up in a Westminster pub."

The Star Says: Page 6

news@dailystar.co.uk

BREW SITTING OR STANDING? VOTE NOW..

MAD FOR IT: Suggs and pals yesterday, and Lesley

DAILY STAR Says

It's united we stand!

PUBS have had to put up with a lot in recent years.

From crippling overheads and the rising price of pints to the "wellness" trend, it's a wonder any survive.

So the last thing they need are killjoy councils coming up with hare-brained schemes to change boozers.

Yet that's just what Westminster City Council were reported to have tried to do. A policy of table service only would discourage the time-honoured tradition of standing up with a pint.

Honestly, we know this is really saying something – but that would be probably the stupidest idea to have ever come out of Westminster.

Folk have spent centuries cramming into inns and shooting the breeze while stood on their two feet at the bar.

And one of the best things about all this hot weather is being able to spill out onto the streets to enjoy a tipple in the sunshine.

We cannot imagine there being any support whatsoever for a move to make table service the norm.

It surely won't be long before any such idiocy is stood down...

Cut Mand Fringe gig

SOME people just don't know when to retire quietly from public life.

Just look at Amanda Knox. The American spent years in the public eye after the murder of Meredith Kercher.

Amanda was of course eventually acquitted of the crime.

But most would take that moment to step out of the limelight.

Instead Amanda has written books and appeared in documentaries about her experience. Now she is launching a show at the Edinburgh Fringe.

Her gig is said to be about motherhood and how she will explain what happened to her daughter.

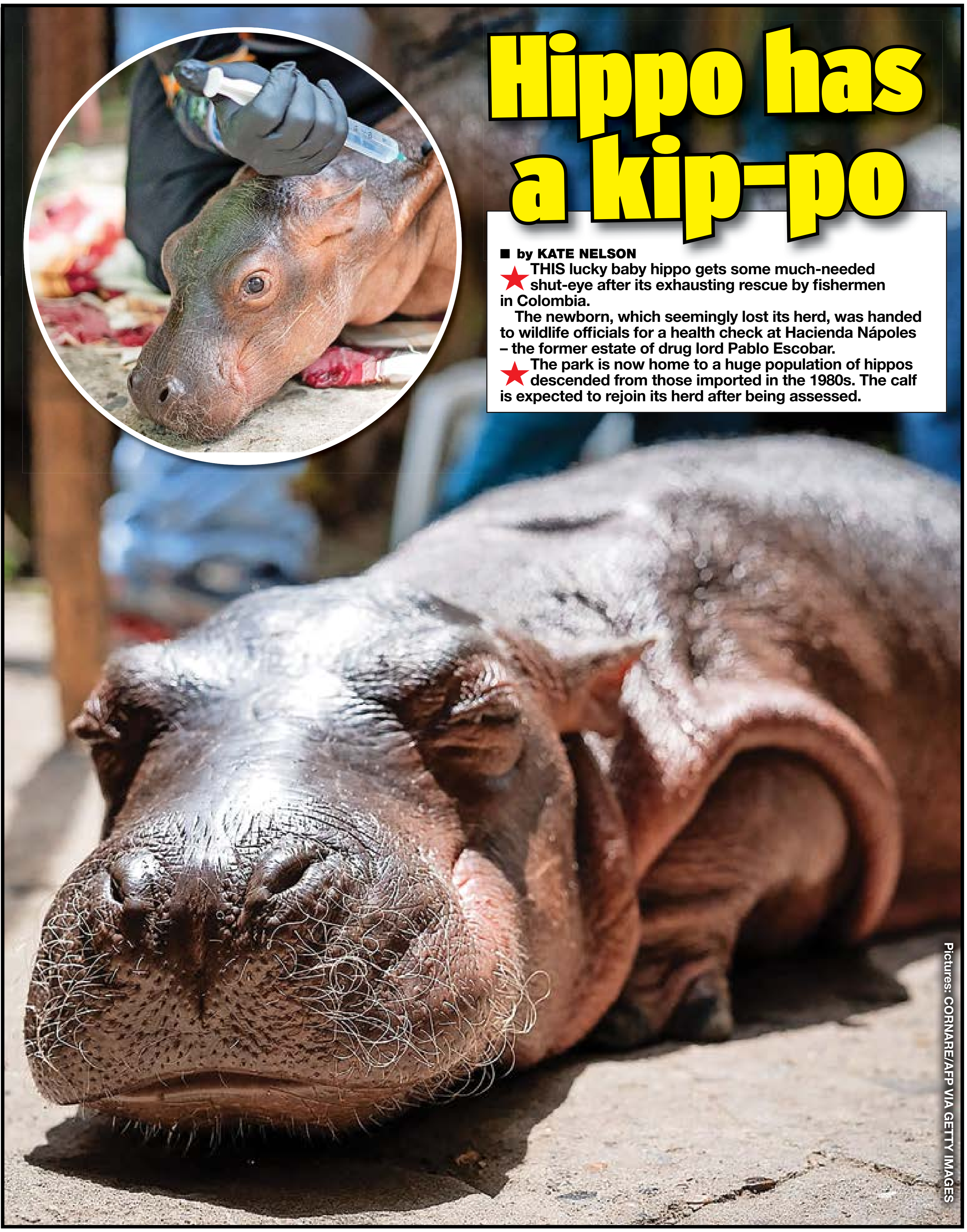
The term crass doesn't even begin to do it justice. Meredith's family are understandably furious.

The last thing they deserve is all this being dredged up in such an insensitive manner again.

Eye 'spy'

META's new "spy" glasses have been banned from pubs and restaurants.

Should have gone to Techsavers...



Hippo has a kip-po

■ **by KATE NELSON**

★ THIS lucky baby hippo gets some much-needed shut-eye after its exhausting rescue by fishermen in Colombia.

The newborn, which seemingly lost its herd, was handed to wildlife officials for a health check at Hacienda Nápoles – the former estate of drug lord Pablo Escobar.

★ The park is now home to a huge population of hippos descended from those imported in the 1980s. The calf is expected to rejoin its herd after being assessed.

Pictures: CORNARE/AFP VIA GETTY IMAGES

THE BRAINBOX

BRAINS OF BRITAIN

We asked you for a TV talent show from the 1950s to the present day:

1 Opportunity Knocks
2 New Faces
3 The X Factor
4 Britain's Got Talent
5 Popstars
6= Great British Sewing Bee, The Voice, Pop Idol, Stars In Their Eyes, Peter Kay's Britain's Got The Pop Factor And Possibly A New Celebrity Jesus Christ Soapstar Superstar Strictly On Ice

① Which actor played the title character in The Downfall Of Huw Edwards?

② Which country did the inspirational goalie Vozinha play for at the 2026 World Cup?

③ Who played bass for The Who from when they formed in 1962 until his death in 2002?

④ The Last… what is the name of a film that won nine Oscars in 1988?

⑤ Who is the Aussie sporting legend featured in the picture on the right?

ASK US ANOTHER

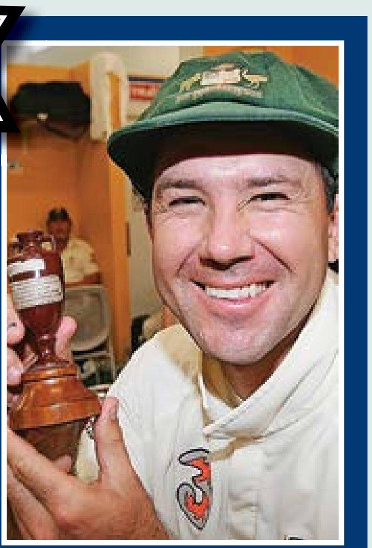
Q Why was Stan from On The Buses the first person to use an ATM (Brainbox, Tuesday)? PHIL

A Reg Varney was a well-known local in Enfield, north London, and Barclays chose him for the stunt.

Text DSTAR with your question and name to 63333. Cost 50p + network rate

ANSWERS:

1) Martin Clunes; 2) Cape Verde; 3) John Entwistle; 4) Emperor; 5) Ricky Ponting.



IT JUST CLICKED: Who is he?

For FIFA's sake!

GAME: Messi & Kane

Argies' 3 Lions win day

ARGENTINA is to hold a national celebration day to mark the anniversary of its World Cup semi-final victory over England.

July 15 will be "national football teams day" when folk in the South American country gather annually to remember their 2-1 triumph over Thomas Tuchel's Three Lions.

Argentina's Football Association voted to commemorate the occasion – even though they went on to lose the World Cup final to Spain.

Officials said fans have not stopped talking about the England victory despite it being marred by protest and violence.

FIFA has opened disciplinary proceedings against the South Americans after players displayed a banner declaring the Falkland Islands belonged to Argentina.

The nation's Football Association president Claudio Tapia said: "I know that for Argentinians we won the World Cup the moment we beat England because that's really what everyone wanted."

Debt 'in a surge to £3tn'

BRITAIN'S national debt has smashed the £3trillion barrier for the first time, campaigners claim.

The TaxPayers' Alliance said the Government had borrowed £2.7bn more than expected in the first three months of the current financial year.

Labour is now borrowing £369m per day, according to the think-tank.

Its chief executive John O'Connell said the national debt was "out of control".

PM Andy Burnham has promised to stick to former chancellor Rachel Reeves's fiscal rules which state debt as a share of GDP will be falling in three years' time.

But he said he wanted to use "flexibility" within the rules to find ways to spend more money.

Chancellor John Healey vowed to make "fiscal discipline" his top priority.

Picture: GC IMAGES

Hannah's on a stroll

★ HANNAH Waddingham looks effortlessly chic as she steps out in New York city at Sirius XM studios.

The 52-year-old's appearance came as she marked the official premiere of season 4 of Apple TV show Ted Lasso, in which she stars as Rebecca Welton.

★ Fans responded with: "I just adore her style" and "she is the bomb" to the snap posted on Instagram. Co-star Juno Temple was also spotted at a screening and Q&A to celebrate the new series.

HANGING ON IN THERE: Gianni Infantino

ENGLISH FA STILL READY TO BOYCOTT WORLD CUP

ENGLAND are still set to boycott the World Cup despite FIFA president Gianni Infantino saying sorry for trying to flog off the tournament.

The Football Association sent a letter to world football's governing body saying it no longer supports Infantino as figurehead of the sport.

And UEFA said a Europe-wide boycott of football's showpiece tournament was still on.

by JERRY LAWTON
Chief Reporter

Infantino emerged still in power from a crisis meeting at which he apologised for "errors" he made hatching controversial plans to flog stakes in tournaments – including the World Cup – to private investors.

In a statement FIFA's secretary general Mattias Grafström, who had described the situation as "sad", said he and the management board "reaffirmed their full support" for Infantino as president.

But Infantino's survival did not impress the FA, UEFA or international football players' union Fifpro.

The FA said it had sent a letter withdrawing its support for Infantino.

UEFA said the FIFA love-in "changes nothing" and its conditions to avoid a World Cup boycott, including assurances "that such attempts to disfigure the game in this way will never be made again", had not been met.

While FIFA "acknowledged that errors were... made after the proposal was leaked" it did not rule out the possible further commercialisation of the world's No1 football tournament.

jerry.lawton@dailystar.co.uk

PAST MASS-TERS

CAVEMEN have passed down a key genetic trait that helps some of us bulk up.

Scientists in Sweden found a link between muscle mass and Neanderthal DNA that gives carriers an average 271 grams more.

But boffiness Miriam Berreiter explained those with the gene should not skip the gym, saying: "Even a Neanderthal growth hormone receptor is no substitute for training."

JAILED: Wright

Butcher 'will die in jail'...

A FORMER butcher who dismembered his victim then hid the body in a concrete-filled barrel has been jailed for at least 35 years.

Farmer Christopher Wright, 73, was convicted last month of murdering Richard Dyson, 55, who disappeared in 2019, then concealing the body for six years.

Mr Dyson who lived in his car on Wright's land at Hoyland, Barnsley, South Yorks, was reported missing by his daughter.

The police missing person's inquiry became a murder investigation and last year officers found the concealed body in a barrel on a trailer.

DISMEMBERED: Dyson

Wright's childhood friend Karl Schwalbe, 72, was convicted of conspiracy to pervert the course of justice after helping to conceal the crime and was jailed for three years.

Mr Justice Cotter, at Sheffield Crown Court, said Wright must serve life with a minimum term of 35 years less time on remand, and was likely to die in jail.

Speaking of what Wright did, the judge said: "You had worked as a butcher and were skilled enough to do such a terrible thing, something few would have the stomach for."

007 wait is over...

JAMES Bond fans could learn who will replace Daniel Craig before the end of the year.

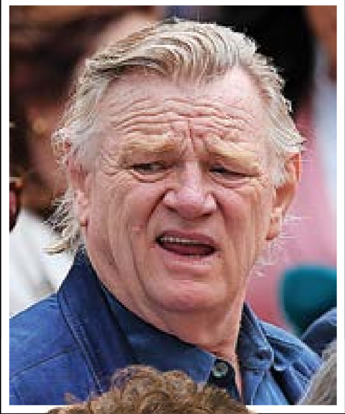
Producer Amy Pascal said an announcement before the end of 2025 was "a good bet" as the team carefully weighs up who will step up.

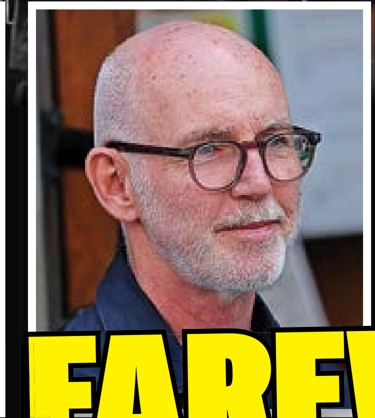
She said: "We are being methodical. Daniel Craig is a hard act to follow."

Odds on Superman star Henry Cavill have been slashed to 3-1.

Pictures: PA

BIG SEND-OFF: The people of Dublin come out to say goodbye to actress Brenda Fricker, including actor Brendan Gleeson, presenter Ray D'Arcy and musician Frankie Gavin





FAREWELL BRENDA..

'NO TEARS': Fricker

MOURNERS gathered for the funeral of Oscar-winning Irish actress Brenda Fricker in Dublin.

Locals applauded as her coffin arrived at St Catherine's Church on Meath Street.

Fricker, 81, died in Our Lady's Hospice in Dublin's Harold's Cross on July 16 after a period of ill-health. Fellow Irish actor Brendan Gleeson, TV presenter Ray D'Arcy and musician Frankie Gavin were among those who attended the funeral service in the Liberties neighbourhood of the capital.

Monsignor Eoin Thynne told mourners: "She was very clear about what she wanted today – no tears, no sadness, no fuss."

SPY & MASH

'INVASION OF PRIVACY': Meta's £359 glasses

Camera specs banned from boozers and restaurants

SPY glasses have been banned from restaurants and pubs over privacy fears.

Tech company Meta's £359 specs allow the wearer to record what they see using cameras in the frames without the knowledge of those around them.

But now many UK venues, including Wetherspoons, have banned them to protect the privacy of customers and staff.

The pub chain's founder Tim Martin said: "The general code that applies in our pubs, and most pubs, is that you can't film customers or employees without their permission.

■ by WILL STONE

"Meta glasses seem to breach this code, and common sense, by enabling surreptitious surveillance, so our instinct is to say turn off the cameras."

Restaurateur Jeremy King is also insisting that guests should not wear the recording glasses.

He said: "I would never knowingly allow any invasion of guest privacy other than with the eyes we were born with."

And a spokesperson for Soho House private members' clubs has said that the glasses are not allowed as they come under its no recording policy.

Theatres also operate a no-recording policy. ATG Theatres, which owns various venues, said those wearing the glasses during shows will be asked to remove them.

A Meta spokesperson said: "People use our glasses because they're genuinely helpful.

"For those wearing them and the people around them, trust matters. That's why we built privacy into our AI glasses.

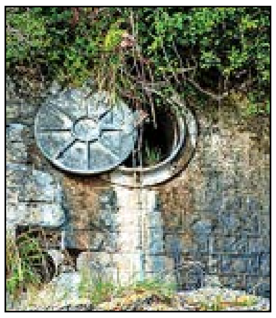
"Every pair has a capture LED that blinks when you take a photo or video that you can save or share.

"It can't be turned off. And if someone covers or damages the LED, the camera is disabled."

The Star Says: Page 6

will.stone@dailystar.co.uk

'HELPFUL': Meta CEO Mark Zuckerberg in his AI glassses



DIRT: Released

Shame of filthy waters

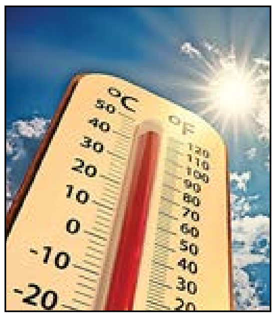
JUST 14% of England's rivers, lakes and coastal waters are in good ecological health.

The Environment Agency assessed 4,658 rivers, lakes, estuaries, canals and coastal waters on standards including wildlife, water quality and the state of the physical habitat.

Just 14.3% of surface water bodies achieved an overall good ecological status in 2025.

The EA said problems included sewage spills, agricultural nutrients running off the land and pollutants such as litter, petrol and garden pesticides.

Campaigners said England's rivers were among the filthiest in Europe, adding "nothing has changed" despite repeated Government promises.



ALERT: Mercury rising

NHS to plan for the heat

THE NHS has been ordered to prepare for the effects of heatwaves each year in the same way that it plans for winter.

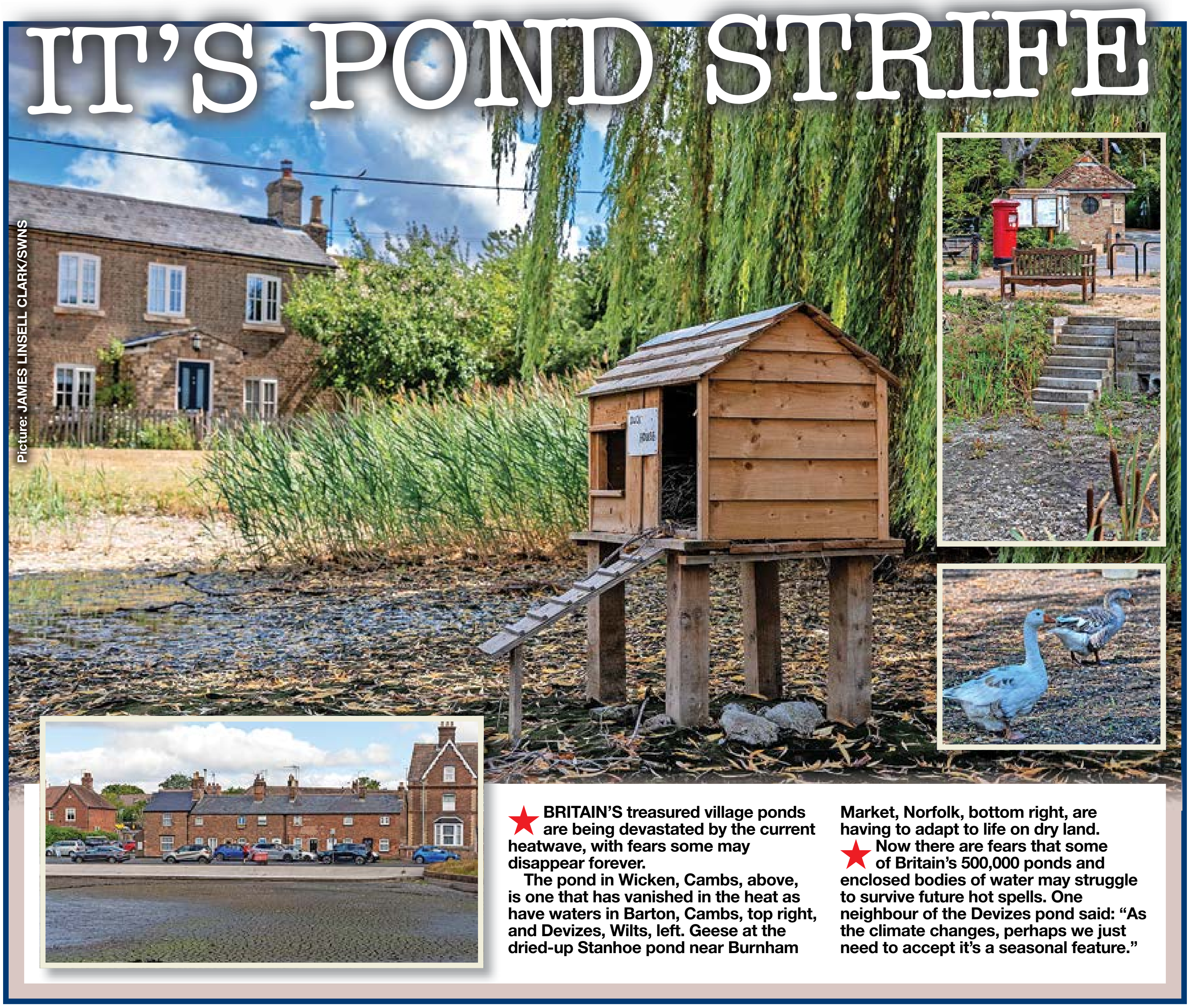
Health Secretary Yvette Cooper said there has been a "big increase" in people attending A&Es because of the effects of hot weather.

And she urged the public to look out for elderly people and others who are vulnerable to the effects of extreme heat.

Calling for preventative measures to help people susceptible to the conditions, she said: "We know it's the elderly and vulnerable who are at risk when you have these heatwaves.

"The NHS has to make sure we are preparing for summer pressures now in the same way we prepare for winter."

IT'S POND STRIFE



Picture: JAMES LINSELL CLARK/SWNS

★ BRITAIN'S treasured village ponds are being devastated by the current heatwave, with fears some may disappear forever.

The pond in Wicken, Cambs, above, is one that has vanished in the heat as have waters in Barton, Cambs, top right, and Devizes, Wilts, left. Geese at the dried-up Stanhoe pond near Burnham Market, Norfolk, bottom right, are having to adapt to life on dry land.

★ Now there are fears that some of Britain's 500,000 ponds and enclosed bodies of water may struggle to survive future hot spells. One neighbour of the Devizes pond said: "As the climate changes, perhaps we just need to accept it's a seasonal feature."

WOOO WHAT A SCORCHER!

Brits set to sizzle until Halloween

BRITAIN'S bone-dry summer could sizzle on until Halloween as the monster Super El Niño tightens its grip.

■ by KATE NELSON

The powerful climate pattern is forecast to crank up between August and October, leaving northern Europe desperately short of rain.

El Niño is a natural phenomenon in the Pacific Ocean that can send temperatures soaring and change rainfall patterns across the globe.

Experts reckon that the blistering conditions seen so far are "only the warm-up act" as the weather giant gathers strength.

The World Meteorological Organisation says El Niño is expected to grow into a "strong" event, with sea surface temperatures in the tropical Pacific climbing to almost 3C above average.

The United Nations' Secretary-General António Guterres warned: "El Niño is strengthening, adding fuel to a planet already on fire." The alert comes after Britain experienced its driest July on record, leaving farmers fearing for this year's harvest.

Andrew Blenkiron, of the Elveden Estate in Suffolk, said it would "take a lot of rain to make any significant difference" in the UK this year and warned El Niño could hit "crops across the globe in future".

news@dailystar.co.uk

AWARD-WINNING

Beer OF THE Week

With Adrian Tierney-Jones

AUTHOR of 1001 Beers To Try Before You Die and his latest book A Pub For All Seasons gives us his verdict on the best pint he's tried this week. Follow @ATJbeer on Bluesky.

WEST COAST DIPA

Key facts....

ABV: 8%

Harbour Brewing Company

Description: A potent IPA from Cornwall

Available: Selected ASDA stores/ www.asda.com

HARBOUR BREWING CO
H
WEST COAST DOUBLE IPA
No7 COLLAB COLLECTION

CORNWALL is home to Harbour and its brightly hopped beers summon up images of lazy days on beaches.

This is a double IPA, a potent and hoppy beer which is bright deep gold with a firm head of foam.

US hops lead the charge on the nose with hints of grapefruit, pineapple, ripe mango plus a resiny pine-like undercurrent. This makes for a wonderful fruit salad of aromatics.

There is more citrus including satsuma and orange pith plus tropical fruit on the palate, with a whisker of peppery hoppiness. It is full-bodied and smooth in its mouthfeel and the alcohol is well integrated before an invigorating charge of bitterness. A perfect pick-me-up to kick-start the weekend.

EURO MILLIONS
It could be you
£94 Million*
Tonight
Play on app
*Estimated Jackpot. Account Terms, Rules & Procedures apply. Players must be 18+.

TATLER
ROYAL DRAMA
THE GIRL AND THE COURT CASE OF THE DECADE
HOUSE OF SECRETS
INSIDE THE STATELY HOME THAT IS A MARQUESS'S OBSESSION
ME, ME, ME!
DO YOU ONLY TALK ABOUT YOURSELF AT DINNER?
THE FUTURE'S ELLA BRIGHT
A STAR IS BORN
THE OFF CAMPUS SENSATION MAKES HER PARIS COUTURE DEBUT

£90m card trick

★ A POKÉMON princess reveals all about her card collection – claimed to be worth more than £90million.

Joline Gisèle, 20, from Switzerland, spoke to high society magazine Tatler's September issue about how she amassed 60,000 cards with her dad.

★ She said: "Everywhere in the house was Pokémon."

Not funny

KNOX COMEDY FURY

■ by JANE BRADLEY

THE sister of murdered student Meredith Kercher has backed a petition calling for the Edinburgh Fringe to cancel a comedy show by Amanda Knox.

Stephanie Kercher said she "cannot fathom how rape and murder can be laughed about".

A petition launched by a family friend claims Knox's show, Cartwheel, billed as stand-up comedy with "adult" themes, turns Meredith's sexual assault and murder into "entertainment". Knox, right, was convicted in 2009 of the murder in Italy before her acquittal two years later.

She says the show, which is being performed at Gilded Balloon's Teviot venue, is about her wrongful imprisonment and how she will explain her past to her daughter

A spokeswoman for Knox added: "The petition contains false assumptions.

"Cartwheel honours Meredith Kercher's memory."

The Star Says: Page 6

news@dailystar.co.uk

WE'RE TOPS FOR POLITICS

LEADER: Polanski

Greens close to top spot

THE Green Party may be close to overtaking Labour membership figures, after the ruling party suffered a 20% drop in 2025 according to its latest accounts.

Labour revealed its number of members had fallen from 333,235 to 264,754 at the end of 2025.

In May, the Green Party claimed its membership total was 230,000, which would put it within 34,000 members of Labour.

A spokesman said figures had "quadrupled" in the last year since Zack Polanski became leader.

It could also back up Reform UK's claim it is the largest party in the UK, but it no longer provides independently verified figures.

SHOP LIMIT: Yusuf

Vapes cap call

REFORM UK has said it would cap the number of vape shops across the country to 1,000 in an effort to "reclaim our high streets".

The party's home affairs spokesman, Zia Yusuf, claimed that limiting operating licences would "instantly reduce" the number of vape shops by 70%.

Reform UK claim criminal cash is being laundered through high street shops such as vape stores, nail bars and barbers, which are also employing illegal workers.

Mr Yusuf added: "We will introduce national licensing. Any unlicensed shop will be immediately closed and its assets seized."

RUPERT ERR..

Right royal Lowe point for Restore leader on air

RADIO CLASH: The Restore leader

by WILL STONE

RESTORE Britain leader Rupert Lowe has declined to say if he thinks the King is a "white Briton".

The blunder came in a car-crash BBC radio interview after Mr Lowe claimed that "white Britons will become a minority by 2063".

His comments referred to a controversial demographic forecast written by former Reform UK candidate Matt Goodwin, a senior research fellow at the University of Buckingham.

But Today's Nick Robinson noted that the study defines "white Briton" as someone whose parents are both born in the UK – ruling out the monarch whose father Prince Phillip was born in Greece.

Mr Lowe was appearing on the show when Mr Robinson said: "Are you aware that, by the definitions used in that particular report, King Charles is not a white Briton? Do you think he is a white Briton?"

Mr Lowe replied: "Well, many people have different interpretations of that, Nick. I mean, we can split hairs."

Mr Robinson, left, said: "We're not splitting hairs – do you think the monarch of this country is a white Briton?"

Mr Lowe replied: "The experience of what we're talking about is quite clear and I think most British people, if you speak to them, would agree."

The host then accused him of "ignoring the question" and being "a man with money and a grudge and a social media account who airs his prejudices on X".

will.stone@dailystar.co.uk

Cooper mental health drive

Pictures: PA

by ANDREW JAMESON

★ **HEALTH Secretary Yvette Cooper visits a mental health centre in Sheffield.**

The minister was there to help announce the Government's raft of new mental health centres opening in libraries, banks and other high street locations across England.

★ **It is being implemented to get people "support earlier closer to home".**

THE CHICKEN WINE HYPE

ONLY

£11.99

Le Grand Poulet Magnum, 1.5 litres

Le Petit Poulet
MOI?
Rosé
VIN DE FRANCE | 2025
Le Grand Poulet
MOI?
Rosé
VIN DE FRANCE | 2025

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ALDI

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In Scotland, Wales and Aldi Local, products may vary and in store alcohol prices may be higher. Alcohol may not be sold before 10am in accordance with Scottish laws. Aldi price and packaging correct as of 04/08/26. Le Grand Poulet Magnum 1.5 litres, £11.99, £7.99 per litre. Subject to availability. Product packaging and prices may vary in store, Scotland, Wales, Aldi Local and online.

RETRO: Chopper

Raleigh bike biz owner's for chop

THE owner of bike-maker Raleigh, which was founded 139 years ago, has filed to appoint administrators.

Accell UK and Ireland, part of the Netherlands-based Accell Group, filed a notice of intention to appoint administrators as the wider group kick-started insolvency proceedings.

The boss of Accell said it was a "deeply sad and frustrating situation" and that it had "tirelessly explored" every option for the future of the cycling business.

It bought Raleigh in 2012 for around £74million.

Raleigh was founded in Nottingham in 1887 and was known for its Chopper model, which featured extended handlebars and is part of its "retro" range.

Accell said it had since "explored every possible avenue" for its future including discussions with potential buyers, but that it had not been possible to find a solution that means the business can continue operating.

It has therefore initiated insolvency proceedings in the Netherlands.

Accell's chief executive Jonas Nilsson said: "This is a deeply sad and frustrating situation given all the hard work and everything we have achieved.

"It is a difficult moment for our employees, creditors, customers, suppliers and partners. Every realistic option for the future of the business has been tirelessly explored and none have resulted in a solution to continue the group in its current form."

Taking biscuit!

LEAVING the packet open until the biccies go soft has been crowned Britain's worst tea-time crime, with 40% of Brits branding it the ultimate snack sin.

Eating treats in bed and leaving crumbs in the sheets, dunking them until they break off into your brew and putting a half-eaten one back in the tin also made the nation's list of foodie faux pas, biscuit-maker Bahlsen found.

Michelle Green, of the firm, said: "It shows just how seriously Brits take biscuit etiquette."

THE SPEC-HAMS

■ by KATE NELSON

★ LOVED-up Brooklyn Beckham and shaded specs-wearing wife Nicola look happier than ever during a summer getaway.

The couple cuddled, kissed and posed for cosy selfies in a string of snaps the heiress shared on Instagram with the caption: "Summer days".

★ The romantic post comes as Brooklyn, 27, and Nicola, 31, remain estranged from his parents David and Victoria.

Knebworth Oasis gig! Definitely ..probably

LICENCE GRANTED AT ICONIC HOUSE

■ by KATE NELSON

OASIS could be set to rock Knebworth again after promoters behind last year's reunion tour secured a licence for mega-gigs there.

SJM Concerts has been given permission to stage events for up to 125,000 people at Knebworth House, just days before the 30th anniversary of Liam and Noel Gallagher's 1996 shows.

The new licence came into force on Saturday and remains in place indefinitely, fuelling fresh hopes the Gallagher brothers could once again rock the Hertfordshire venue.

One fan posted on X: "This would be the stuff of dreams," while another said it would "go down in history". Others begged singer Liam to confirm the plans.

More than 4% of the UK population applied for tickets when Oasis played two Knebworth gigs in 1996.

The reunion buzz is set to continue next month with the release of a documentary following the band's 2025 tour.

Bookies have also slashed the odds on them headlining Glasto in 2027 from 3-1 to 1-2.

news@dailystar.co.uk

NATIONAL TRUST CALLS FOR HELL

■ by HILARY McGRADY
Director-General of The National Trust

IN the hours following the fire at Dunwich Heath, we saw the best of people. Locals opened their homes to those who were evacuated, people took food to firefighters, the Red Cross and Salvation Army rallied.

It was described as a kind of "Blitz spirit". On the frontline, farmers supported fire services with machinery and water bowsers, teams from Sizewell C dug trenches, National Trust, RSPB and Natural England colleagues cut fire breaks and we mobilised a helicopter.

These collective efforts undoubtedly saved homes and villages. Now we need a government response to match. Because the issue of wildfires isn't going away. The blaze at Dunwich was just one of 200 fires in the UK that fortnight.

Fuelled by an extraordinarily dry summer, including the driest July on record, flames have torn through parks, coastland, nature reserves and farms.

Just before Dunwich, a swathe of land overlooking the Needles on the Isle of Wight was ablaze. A huge fire in the Cairngorms is still burning. The Mourne Mountains near Belfast have seen countless incidents. Ferocious wildfires might once have been considered a far-off risk in the UK, but those days are gone.

So our politicians have a choice to make – do they kick the can down the road and hope things will get better? Or do we as a nation mobilise the many resources we're fortunate to have and fight for a better future for this generation, and those that follow?

Collective spirit, determination and hope are alive in Britain.

People want to help. Now we need the political will to match.

Bakery
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WINNER
Technology Initiative of the Year
LIDL
Plus
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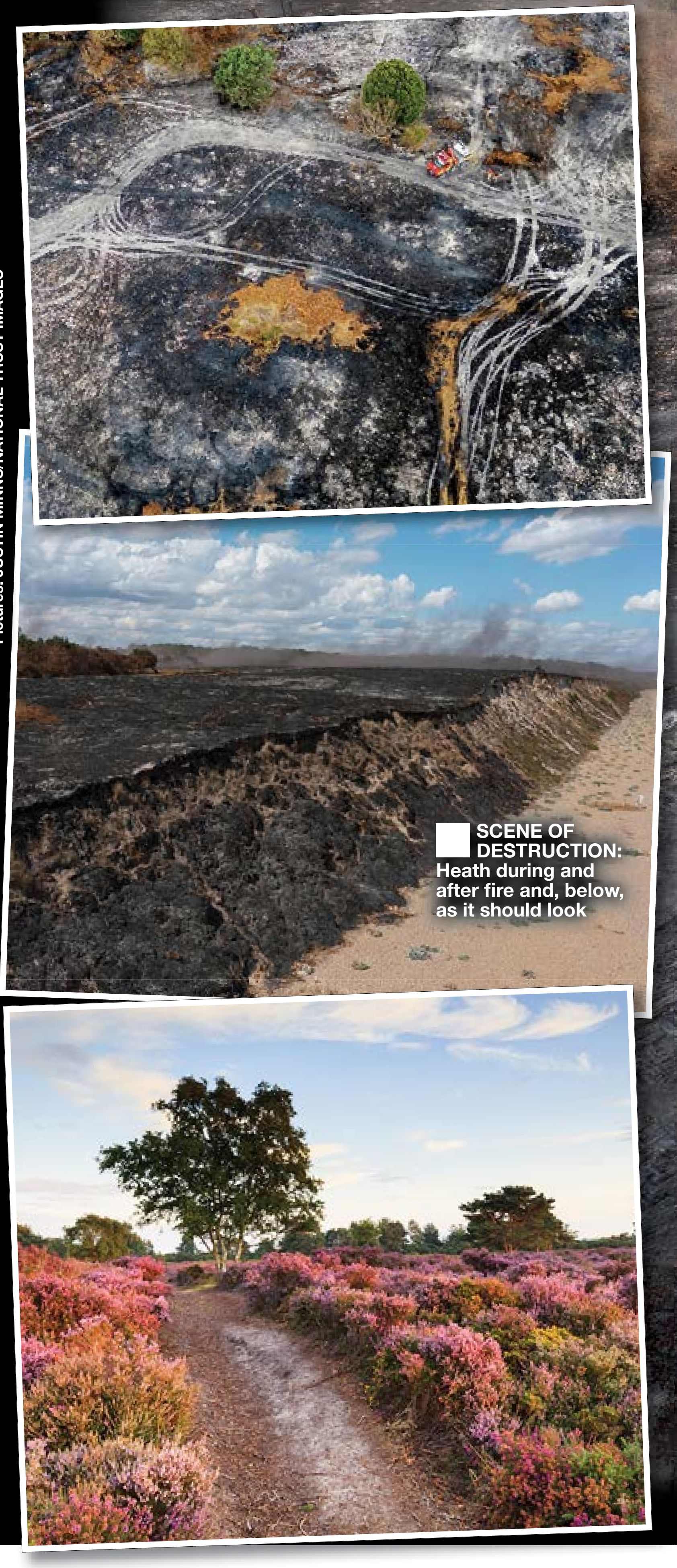
A win with every spin is More to Value.

Free bakery item daily

Shop and scan Lidl Plus between 30/07 – 19/08‡ to play Bakery Spin

More to Value.

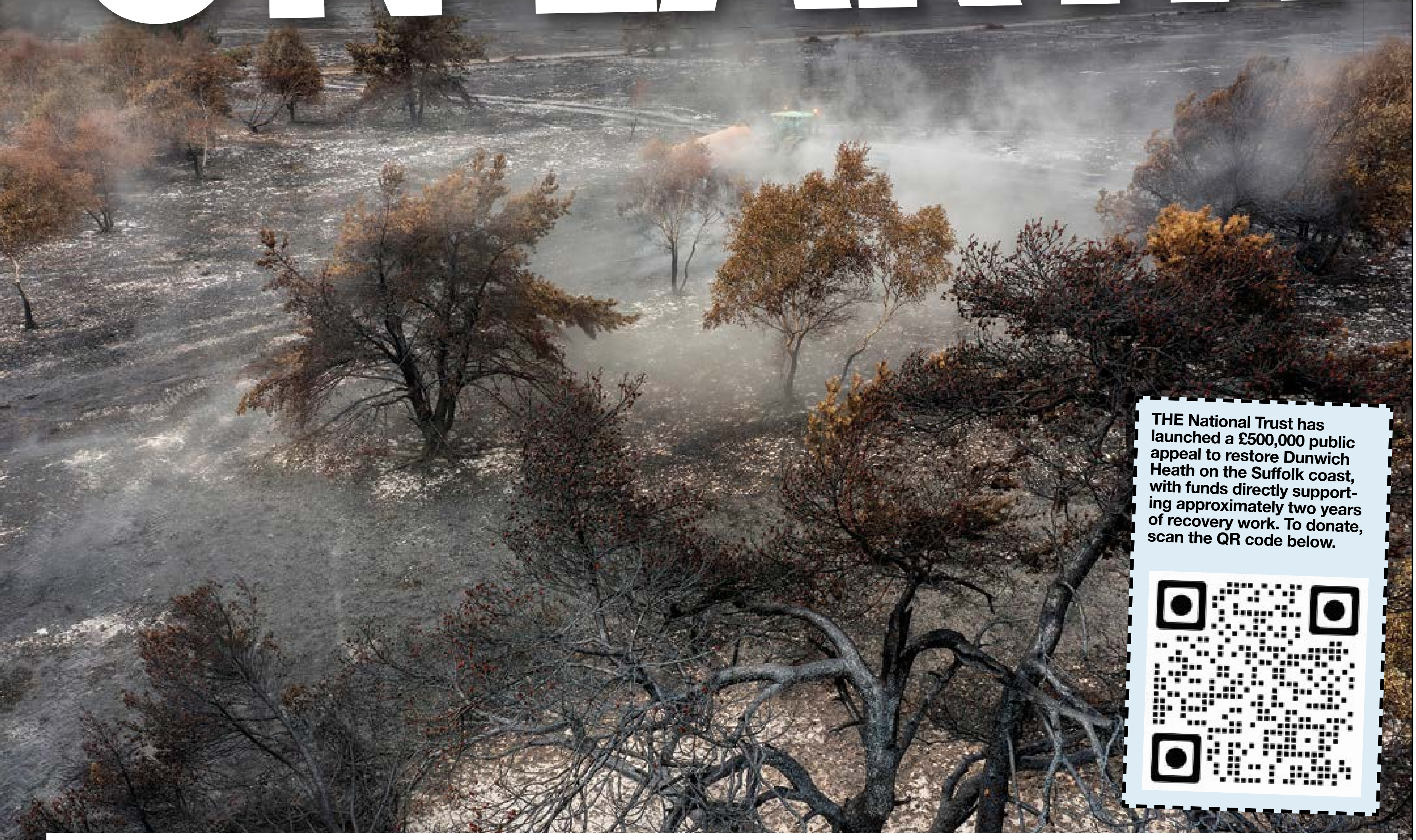
One spin per customer per day. Prizes are free bakery coupons only. Promotion opens 06:00AM on 30.07.2026 to 11:59PM on 19.08.2026 inclusive (Promotional Period). You have 7 days to play the game after purchasing at least 1 item (Spin Period), which is not infant formula, charity donations or a gift card, during Promotional Period and scanning card. ‡18+ GB Only. Subject to availability. Lidl app required. Full T&Cs apply: lidl.co.uk/lpterms



■ SCENE OF DESTRUCTION: Heath during and after fire and, below, as it should look

Pictures: JUSTIN MINNS/NATIONAL TRUST IMAGES

HELP AT ITS RAVAGED HEATH ON EARTH



THE National Trust has launched a £500,000 public appeal to restore Dunwich Heath on the Suffolk coast, with funds directly supporting approximately two years of recovery work. To donate, scan the QR code below.

THERE'S black ash and charred vegetation for miles around. The stench of smoke and burnt plant life fills the air, while the tragic waste of flora and fauna brings a lump to one's throat. It is truly a vision from hell.

These images reveal the devastation of Dunwich Heath in Suffolk after a wildfire burned through 370 acres of the National Trust reserve, equivalent to the size of 210 football pitches, on July 29.

The Trust released the aerial shots after saying the site, considered one of the UK's most important coastal heathland landscapes, was "unrecognisable".

After one of the UK's hottest and driest summers on record, it is one of the worst wildfires in living memory. Suffolk Fire and Rescue Service had 120 firefighters battling the flames at one point and declared it a major incident.

Matt Wilson is the National Trust's countryside manager for the area of Suffolk. He said the fire is now under control, but warned there was still widespread smouldering and hot spots so the public should avoid the area altogether.

■ by DOMINIC BLISS

He added: "The ferocity and depth are unlike any wildfire I've seen. The heather heathland has been entirely burnt in places. It has scorched down to bare earth. It's the worst fire I've had to deal with professionally.

"I've spoken to a few of the crews and they have been surprised at the ferocity and how extensive the damage has been."

In normal times Dunwich Heath is a beautiful landscape.

Wilson added:"That iconic purple and pink display of heather would normally be in place at this time of year. That's the habitat most impacted by this fire."

Many trees were also destroyed, with flames leaping 40m high in places, Wilson estimates. Sadder still is the impact on wildlife, as the heath forms part of a conservation area.

Birds such as Dartford warblers, nightjars and stonechats have been able to fly to safety, while larger mammals such as red deer and muntjacs have mostly fled the area. Wilson was particularly relieved to notice the local badger sets hadn't been badly affected. But he worries about the butterflies and other insects in their larval stage that would certainly have perished.

He also fears for slower-moving species, adding: "We have a lot of reptiles on site such as adders, slow worms and common lizards. We get amphibians such as newts, frogs and toads. Voles, mice and field mice just can't move as quickly.

"Because of the pace and the ferocity of the fire, a lot of those won't be able to escape."

The smell of the wildfire is still overpowering and noticeable for miles around, Wilson said. All roads and public rights of way have been closed, including the coastal path.

Locals are asking how long before the vegetation and animal life might recover. But with damage so extreme, Wilson isn't yet confident enough to answer that question.

Like many forested areas, Dunwich Heath was protected by fire breaks – wide gaps cleared in the vegetation to stop the spread of wildfires. Less than a year ago, Wilson had consulted with the fire service to ensure they were ample.

"But in the face of this fire, those haven't been effective enough," he admits. "It burnt through fire breaks as if they weren't even there."

Wilson has been coming to this stretch of the Suffolk coast since he was a child. More recently he has brought his own children here.

"I was here a week or so ago," he said. "It was completely different. Birdsong, butterflies on the wing, and I was pleased the heather was looking as good as it was. And then, this week, it looks like something out of a disaster movie."

In the meantime, the vast fire-fighting and clean-up operation continues. The National Trust has launched an emergency appeal for restorative work on Dunwich Heath and hopes to raise at least £500,000 to restore the habitat.

Its director-general Hilary McGrady said: "The work will involve everything from making the site safe to active habitat restoration, which may include reseeding, and creating a nature-rich network of species and vegetation.

"We'll need to make new visitor routes and facilities, and repair damage to buildings, to make sure people can enjoy this landscape."

> It's the worst fire I've had to deal with

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MAD COLOUR
BLUSH ROSE
PRE-FESTIVAL MISHAPS
JUST GOT EVEN BETTER
deliveroo
AI

COUPLE: Alaina & Sharif

Body in suitcase was pal

THE wife of the Afghan boxer accused of killing a Brit charity worker has told how she had a "terrible" feeling her pal was dead.

American Alaina Ahmadzai, who met Elisabeth-Jane Ross, 38, known as Lisa, in Greece where they were both volunteering, told police: "Around 3 in the morning I jumped out of my sleep and thought of something terrible."

VICTIM: Ross

"I remembered the body of a woman who had been found in a suitcase. I was very afraid that the body... belonged to Lisa."

She later discovered it was her pal's body that had been found.

Ahmadzai's husband Sharif, 26, is charged with intentional homicide, theft of 10,000 euros and illegal possession of a weapon and remains in custody.

SEASIDE FOLLIES

AN historic Cornish town where Poldark was filmed has turned into "Britain's Ibiza".

Residents of Charlestown, claim it's turned into a booze-fuelled nightmare with underage drinkers being "dropped off by their parents".

Insp Simon Andrews, of Devon and Cornwall Police, said: "One of the reports was a group of youths causing alarm to the local public."

Dispersal powers are now in place to move on troublemakers to try to resolve the issue.

POWERS: Inspector Simon Andrews in the picturesque fishing village of Charlestown

Picture: WILLIAM DAX/SWNS

THE GOLDEN YEAR

Can you guess the year from these five clues?

1. Britpop band Blur have a UK No1 hit with their song Country House.

2. The US sitcom Friends, starring Jennifer Aniston, makes its debut on British telly.

3. Boxer Frank Bruno becomes WBC world heavyweight champ, beating Oliver McCall.

4. At the cinema, Disney's animated movie Pocahontas opened in the UK.

5. Online platform eBay launches as AuctionWeb. The first item sold is a broken laser printer.

No Googling! Answer in tomorrow's paper.
Yesterday's year: 2007

Families' fury over funeral boss letter

INSULT: Bush

HE FAILS TO APOLOGISE FOR CRIMES

A LETTER of apology from disgraced funeral boss Robert Bush has sparked fury from the families of his victims.

Bush was jailed for 20 years after he failed to bury or cremate people and gave grieving families the ashes of strangers, and in at least one case, an animal.

Jasmine Beverley, 40, whose son's remains were discovered at Legacy Independent Funeral Directors nearly two years after he was stillborn, said: "The letter was read to us after he was jailed at Hull crown court and we were all in total disbelief. There were five families in the room.

■ by JEREMY ARMSTRONG

"It's not an apology. He's not apologising for what he's done but how the families feel about what he's done. It sounded empty and hollow. It sounded like ChatGPT had helped him out a bit."

Jasmine points to the start of his letter which reads: "I have spent a great deal of time thinking about the events that wish to say something directly to you..." She said: "That was the first line and he hadn't even bothered to check it for mistakes. It's just an insult."

Stacey Foster had jewellery made from what she had been told were the ashes of her son Tommy, who died at just over 17 weeks in 2023.

Humberside Police sent her Bush's letter. She said: "To me he has done this to make himself look good... it means nothing."

Bush admitted 67 offences, including 30 counts of preventing a lawful and decent burial, and theft from 12 charities.

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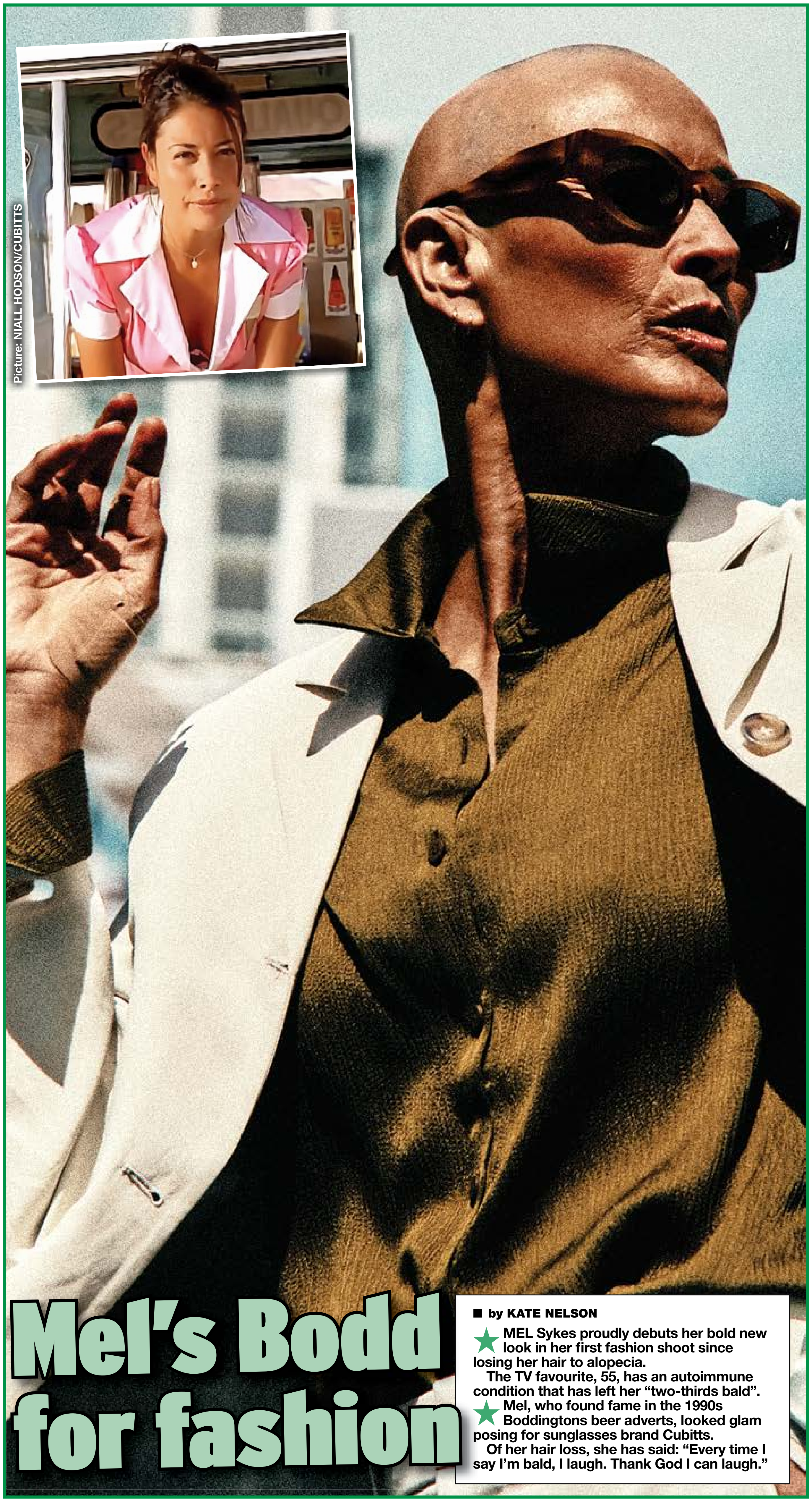


Mel's Bodd for fashion

■ **by KATE NELSON**

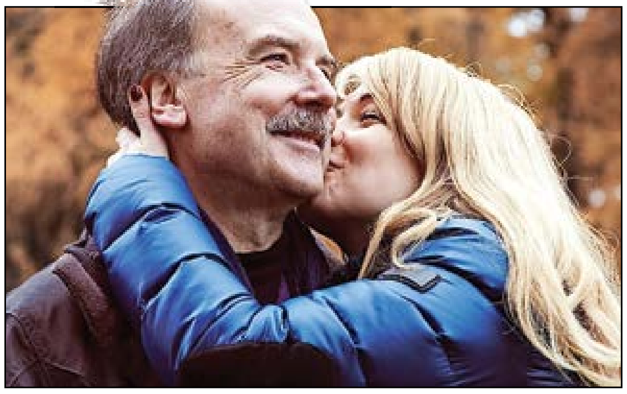
★ **MEL Sykes proudly debuts her bold new look in her first fashion shoot since losing her hair to alopecia.**

The TV favourite, 55, has an autoimmune condition that has left her "two-thirds bald".

★ **Mel, who found fame in the 1990s Boddingtons beer adverts, looked glam posing for sunglasses brand Cubitts.**

Of her hair loss, she has said: "Every time I say I'm bald, I laugh. Thank God I can laugh."

HUG YOU LOTS



SIGN: Remember to show how much mates mean

Keeping pals is getting harder

A BIG hug, a thoughtful text and a cuppa when you're down are the biggest signs you've found a true friend, buddy boffs say.

Checking in when someone goes quiet, remembering birthdays, looking after them when they're ill and listening to relationship woes also made the list of the little things that keep modern friendships alive.

■ **by KATE NELSON**

The findings come as Britain battles a "friendship recession", with three in four adults saying they have fewer mates than they did five years ago.

Nearly the same number admit it's become harder to keep pals because of the pressures of modern living.

Psychologist Dr Sophie Mort said: "Strong friendships are built through shared experiences rather than perfectly curated moments. While social media allows us to stay in touch, it doesn't always provide the face-to-face interactions that help relationships flourish."

The poll also found 76% spend less quality time with friends face-to-face than they used to.

The research by The Camping and Caravanning Club, found the average Brit has 11 friends but only three are considered truly close.

news@dailystar.co.uk

the taste of
a glass and a half

TOP 10 SIGNS OF TRUE FRIENDSHIP

1. Giving them a hug
2. Sending a text
3. Remembering their birthday
4. Checking in
5. Looking after them when they are ill
6. Listening to their problems
7. Making them a cuppa
8. Making them laugh
9. Remembering small details about their life
10. Being honest

DAILY STAR PICTURE POWER

Pictures: ROGER ALLEN/ANIMAL DEFENDERS INTERNATIONAL/SWNS

FAMILY PRIDE

★ A BRITISH charity has plucked two lions from a war zone and taken them to a new life of freedom in Africa.

Ben-Tzur and Ori, had a rough start in life, after being ripped from their mother shortly after birth, one was found tied to a tree in a yard and the other in basement in Israel.

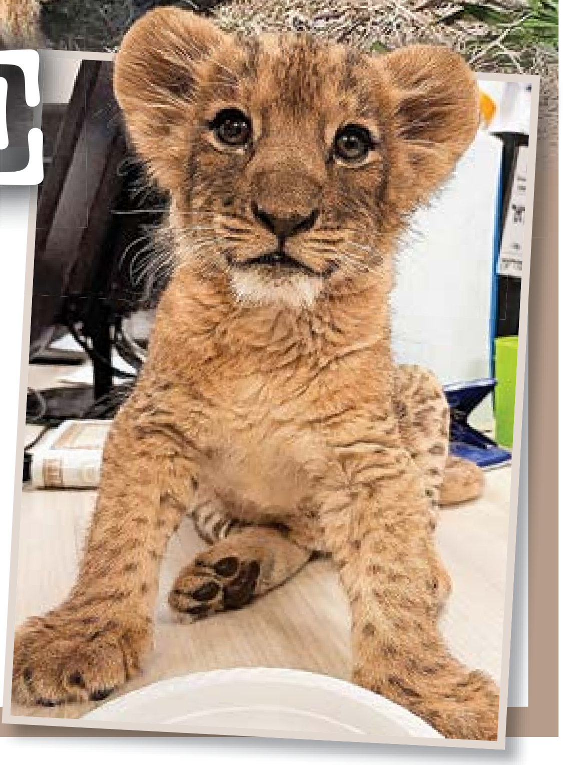
★ But, thanks to Animal Defenders International, their new home will be the charity's 455-acre park in South Africa.

ADI founders Jan Creamer and Tim Phillips, from Surrey, accompanied the lions on the 50-hour journey from Israel to Johannesburg via Cairo and Frankfurt.

★ "It was a long journey but they were calm and relaxed throughout," says Jan.

"You could see them come alive when they got to the sanctuary.

★ "The other lions roared a welcome and you could see their instincts start to awaken – they are not roaring yet, but they will soon be joining the morning chorus."



CAR CRASH AND GRAB

Pictures: RUPON MIAH/SWNS

TARGET: Service cash machine

■ by EMILY PHILLIPS

MASKED men reversed their car inside a motorway services to raid slot machines.

The video, captured by passer-by Rupon Miah, 34, from London, at 2am on July 29, shows what appears to be a black Nissan Juke reversing down the concourse of the services in Wetherby, West Yorks.

The ATM machine was visibly damaged, as men in balaclavas exit the car and open its boot before heading into the services' slot machine area.

North Yorks Police say a Nissan Juke was recovered in the Leeds area.

news@dailystar.co.uk

Temporary use ban (Hosepipe restrictions)

From 3am on Saturday 8th August 2026

South West
Water

Due to prolonged dry weather, significantly below average rainfall and continued high demand, South West Water is implementing a Temporary Use Ban, also known as a hosepipe ban. This applies across its entire service area which includes Devon, Cornwall, the Isles of Scilly, and parts of Dorset and Somerset.

In these circumstances, it is important for South West Water to carefully assess what measures are necessary and proportionate to maintain a resilient and secure water supply for customers. Those decisions must also take account of the Environment Agency's drought management framework, together with relevant national and regional drought responses.

Do not use a hosepipe for:

- Watering gardens and plants
- Cleaning private vehicles
- Cleaning paths, patios, walls, windows and other artificial surfaces
- Filling or maintaining swimming pools, paddling pools and hot tubs
- Filling or maintaining ponds and ornamental fountains
- Cleaning private leisure boats.

The restrictions also apply to sprinklers, pressure washers, dripper hoses and automatic irrigation systems connected to the mains water supply.

Exceptions apply

Some customers and activities are covered by statutory exceptions, including certain Priority Services Register customers and activities relating to animal welfare, health and safety, religious practices and specific business needs.

Scan the QR code to find out more or visit **southwestwater.co.uk/hosepipe-ban**

Statutory Notice

South West Water gives notice pursuant to Sections 76 and 76A-C of the Water Industry Act 1991 that a Temporary Use Ban will apply from 3am on Saturday 8th August 2026 until further notice. Any person who contravenes the restrictions may be liable on summary conviction to a fine not exceeding £1,000.

Representations: Representations can be submitted.

Email: customercontact@southwestwater.co.uk

Post: South West Water, Rydon Lane, Exeter, Devon, EX2 7HR.

Full details of the proposed restrictions, statutory exceptions and representations process are available at: **southwestwater.co.uk/hosepipe-ban**

Kids opt out of curfew

MOST teenagers intend to opt out of social media curfews, polling suggests.

The government unveiled plans to prevent 16 and 17-year-olds accessing social media between midnight and 6am – but the feature could be turned off.

The poll by Censuswide for Online Responsibility Network found 84.6% of 16-18-year-olds said they would opt out of the proposed curfews.

ARMY 'RAPE HELL'

Young female recruits training camp 'targets'

INVESTIGATION: Harrogate training camp

■ by MATHILDE GRANDJEAN

REPORTS of rape and sexual abuse against female recruits at a military training college for teenagers are "unacceptable", the Army has said.

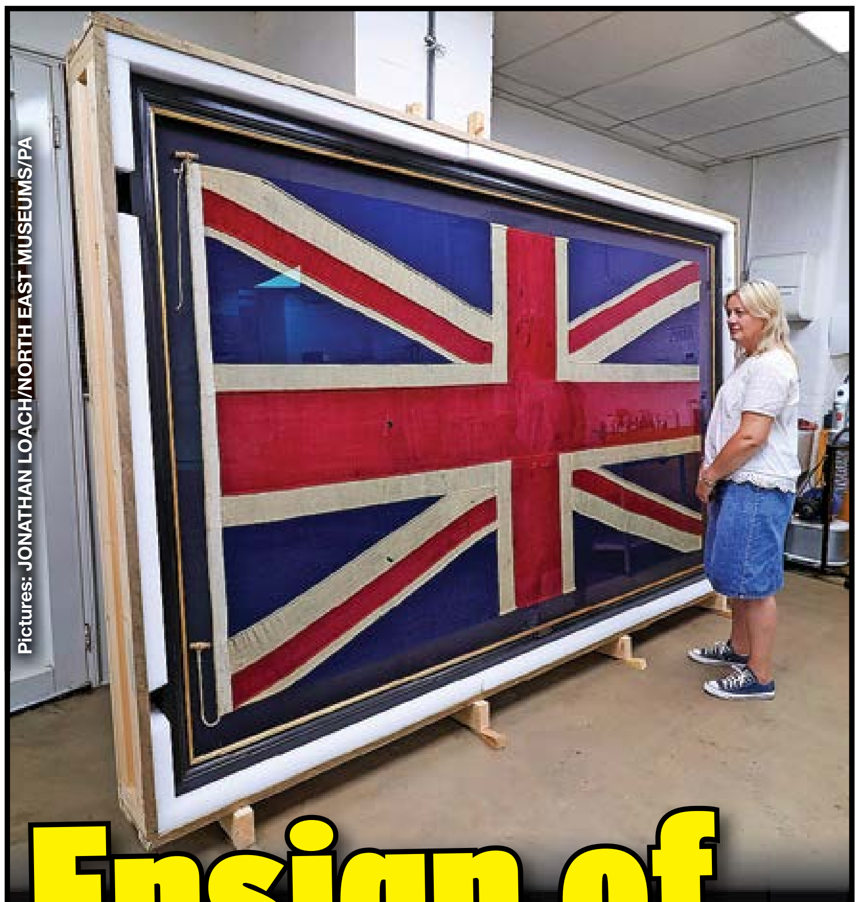
Four young women told the BBC they suffered sexual abuse and harassment while attending the Army Foundation College at Harrogate in North Yorks, which provides training to under-19s.

The Army has now called for victims and witnesses of criminal behaviour at the college to come forward.

A spokesman said: "We encourage anyone who has experienced or witnessed unacceptable or criminal behaviour at the Army Foundation College to come forward." A woman whom the BBC called Tilly told the broadcaster she had been raped aged 17 at the college, "by multiple junior soldiers, same age as me," she said.

A Commons defence select committee hearing earlier this year heard that between 2021 and 2024 there had been 122 probes into sexual offences at AFC.

news@dailystar.co.uk



Pictures: JONATHAN LOACH/NORTH EAST MUSEUMS/PA

Ensign of the times

★ A ROYAL Navy flag which was flown at the Battle of Trafalgar has been saved for the nation and will be displayed in a museum.

The Union Flag, flown by HMS Royal Sovereign at Trafalgar in 1805, will now go on show at the Discovery Museum in Newcastle.

★ It had been due to be sold out of the country but an export bar was put in place due to its historical significance.

■ DAMAGE: Flag bears the signs of battle

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WITH THIS WEEKEND'S

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STOKES CAUGHT OUT OVER BOOZE

☐ Pull the other one BEN STOKES ‘England cricketers have no problem with alcohol but the sport does.’ Post Oz tests Ben retired and saw a curfew night club incident. Now he is studying level three coaching & ‘would love to be England coach.’ We’ll all drink to that Ben! **Brian Linford Pontefract**

☐ Harry kane winning the ballon d’or – now that’s a good one haha. half of his goal are penalties which anyone can score the other are tap-ins and he plays in the crappy bundesliga good comedy star sports. **jimbo**

☐ I hear Chelsea are putting in a bid for Hertz Van Rental. **Ferret**

‘Your city limits are on show for us country folk’

☐ bigbob thanks for proving my point about the child like nature of city dwellers, we have to deal with city folk in the countryside, they move in and want street lights cause they’re frightened of the dark, they get on every committee and try and change everything, trust me we have the balls to tell you city folk especially londoners exactly what we think of them, because we have had enough of being pushed around by the likes of you. **John challenger**

☐ it’s Wednesday night 21.30 hrs and some t...t has redirected all 18 wheelers through Uttoxeter and our roads cannot deal with the traffic !! Whoever you are ....a......e sod off !! **Gordon Uttoxeter**

☐ our new defence chappy (temp) is givhn over 8 billion UP NORTH to update our Nuclear deterant lol,says a gud thing t keep our engineers in work,i think they wud b better employed buildin Hospitals n Nuclear Bunkers f the Public t shelter in,ask wer’s ur nearest 1? **BOB**

☐ Just what is Boom Radios fascination with over the hill Cliff Richard? He should have retired gracefully decades ago. **VAL H**

☐ Cannot believe that Netflix are doing their very own version of The Masked Singer called Blockheads. That’s my subscription cancelled. **LEODIS**

☐ why all these so called celebrity quiz shows. Most only get two questions right. Name and charity they are playing for. Rest of time just look thick. **patternman**

☐ saw a hedgehog roaming the garden at 10am. Thought it was odd. Then BBC News said hedgehog are starving because they can’t dig for worms as the soil is too dry. Put out dog or cat food, and water for them(not milk) in evenings. Ta. **Rob**

☐ My mate was 6’10” at aged 21. He’s had no problem putting food on the table for his family! **Andy Rimmer Preston**

☐ Hey RR, I like upsetting the wokes, they do a much funnier dance when apoplectic with rage, a dance I like to call the “you WOT??” **Bill Shredder**

☐ Want to give a quick shout out to my favourite comedian tony worksop. Glad to see him take up his rightful place as regular Joke of the Day recently after a lean period in the sidelines. His top gags never fail to cheer me up! **Chortler, Glasgow**

JOKE OF THE DAY

Just seen a friend who I’ve not seen in years. He used to be called Alvin but since then he has changed his name to Calvin. I said: “Long time no C!

Tony worksop

☐ **On friday could we please have a pic for the birthday of the lovely TINA O’BRIEN, weatherfields most adorable prisoner?** ***RICHARD IN SWANSEA***

TEXTS ARE ALSO AVAILABLE ONLINE

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I don't half look good

★ A NURSERY worker has lost half her body weight after ditching the takeaways.

Alice Day, 30, used to weigh 20st, 11lbs and spent £400 per month on fast food. Now she has lost 10st, 5lbs with Slimming World.

★ She dropped from a size 24 to a size 8.

Alice, from Warwickshire, said: "I'm half the size but I have double the confidence."

Hotline with the Queens

BAND Queens Of The Stone Age have launched a hotline which promises fans that their gripes will be "reviewed personally".

The group announced the service, which appears to provide callers with the chance of being connected to a member of the band.

The hotline, on +1 (760) 437-1966, is available 24/7 and there is "a chance that some may even find a live ear at the end of the line".

Nadia threat to sue Loose Women

CLAIMS SHE WAS TARGET

LEGAL ACTION AGAINST ITV

by LAUREN DEL FABBRO

LOOSE Women presenter Nadia Sawalha has threatened legal action against ITV which she claimed dropped her over her support for Palestine.

The 61-year-old claimed she was removed from the show last month following an "escalating campaign and smears" calling for her to be removed.

Along with the lawsuit, Sawalha launched a petition calling for ITV to apologise and reinstate her on the panel show which already has more than 20,000 signatures.

In a video on Instagram, she said: "After I began speaking... in support of Palestine in... 2023, I became the target of an escalating campaign of smears, complaints, hostile media coverage and... calls to have me removed from Loose Women.

"We need to send a clear message to ITV and other groups... that we won't be scared into silence." ITV has been contacted for comment.

news@dailystar.co.uk

INSIDE SATURDAY

William HILL

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The revealing and comical memoir of one of Britain's most iconic stars of stage and screen

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AMAZON

ON SALE FROM ALL GOOD BOOKSHOPS AND AMAZON

WIN A FREE GREGGS LUNCH FOR A YEAR!

25 Prizes up for grabs
GREGGS

Your Daily Star and Greggs are celebrating Quicnic season by giving readers the chance to win lunch for a year. We've got 25 prizes up for grabs with our yummy competition.

We're well and truly in heatwave season so Greggs have introduced a deal for when a full blown picnic is too much– the Quicknic. A cold baguette and savoury roll from £4.75 and only available in shops based on a scientific formula that calculates when conditions are right for a 'Quicknic', a quick picnic, for people who want to escape their desks without the hampers, blankets or military planning.

Faff free + freshly prepared baguette + freshly baked roll = a lunchtime win.

Choose from a selection of freshly made baguettes including Chicken Club, Ham and Cheese partnered with a good old Sausage Roll, Vegan Roll (Pork Free) or Chicken Roll. You'll be full up and ready to take on the afternoon.

Greggs aren't stopping there though. If you can't get enough of Greggs baguettes and Sausage Rolls, don't worry, they're committed to celebrating their lunch deals all year round. They're giving 25 Daily Star readers the chance to win free lunch for a year at Greggs. As well as entering for your chance to win, make sure you're following Greggs on socials and download the Greggs app so you don't miss out on the Quicknic deal in your area in August.

HOW TO ENTER

Simply scan the QR code or visit **www.dailystar.co.uk/greggs** The competition closes at 23:45 on Sunday August 16, 2026

Terms and conditions apply.
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AVOID BECOMING DEA

★ WORRIED about shark attacks? With the oceanic terrors edging closer to the British coastline, it may not be a completely mad concern.

★ Luckily, the Daily Star has your back. Here ED EASTON talks you through how to avoid getting eaten by the terrifying predators…

How n
be sha

WEAPON: Use board to fend off an attack

YOU probably w
shark, but that c
sible. It's already
climate change t
bigger sharks to E

Only this week, li
red flags across St O
shark was spotted lu
swimmers. And some
of time before the lik
whites are spotted in U

While shark attack
be deadly. Of the 35
proved fatal.

So what should yo
with a ravenous water
tips will help you avo
a fight...

What not to we

Sharks, it seems, have
mainly when it comes
tial supper.

According to the exp
jewellery, which shar
for the scales of yumm

ADLY PREDATOR'S DINNER WITH OUR HANDY GUIDE

ot to rk bait

DON'T MAKE WAVES: Splashing can attract the beasts

von't get attacked by a doesn't mean it's impos- looking more likely, with thought to be attracting British beaches every year.

feguards were forced to hoist uen's Bay in Jersey after a 12ft rking just 130ft from horrified experts claim it's only a matter kes of hammerheads and great JK waters too.

s are incredibly rare, they can incidents this year, seven have

u do if you come face to face -borne death machine? Our top id it – or at least put up a bit of

ar

e strong opinions on fashion – s to the wardrobe of their poten-

perts, one thing to avoid is shiny ks have been known to mistake ny fish. They also seem drawn to clashing colours, so keep it tasteful. According to the International Shark Attack File: "One always should avoid wearing jewellery because the glint of light reflecting off metal approximates the glint of light off the scales of fishes."

The organisation adds: "Avoid uneven tanning, and bright-coloured and high-contrasting clothing. Sharks see contrast particularly well."

Right place, right time

Another key decision that can increase your chance of contact with a shark is where and when you choose to swim. It seems those ocean predators aren't always available for dinner.

According to the ISAF, dawn and dusk are the most dangerous times, as this is "when many sharks are most active and feeding".

The experts warn swimming "far from shore" or "between sandbars or near steep drop-offs" can increase your risk, as can nearby fishing activity and sewage spills.

They add: "Avoid areas with known effluents or sewage and those being used by sport or commercial anglers, especially if there are signs of bait fishes or feeding activity.

"Diving seabirds are good indicators of these fishes' presence. Avoid water being used by recreational or commercial anglers."

TERROR FROM THE DEEP: Bigger sharks are finding their way to our shores

Don't splash

Unlike lifeguards, sharks apparently love a good splash. They are often attracted to activity on the surface of the ocean, as they think it may be caused by fish breaching the water.

That's why sharks have been known to attack swimmers who are splashing in one fixed location, getting them confused with smaller prey.

The ISAF says: "Refrain from excess splashing, particularly in a single spot. Sharks can hear the low-frequency sounds from splashing and may investigate to see if there is a fish or prey in distress."

Interestingly, it may be a myth that sharks can sense blood in the water. There's no evidence of them ever tracking down human blood – but that doesn't mean you should go swimming with a gushing laceration.

As the ISAF points out: "It may still be advisable to stay out of the water if bleeding from an open wound."

And if that all fails...

So, this is happening. You're face to face with a ravenous beast trying to shred you into human sushi. Whatever you do, stay as calm as possible.

Try and get in a few punches – aim for the nose, eyes and gills as these are a shark's most sensitive areas. And, whatever you do, don't take your eyes off your foe.

Sharks can use various tactics, including "hit-and-run" and "bump-and-bite" attacks. But give them a good, hard stare and you might find they back down. Or not.

Keep your front and sides protected and, if possible, use an object such as a surfboard as a weapon rather than your bare hands.

If you are bitten, stem the bleeding as soon as you can. Seek emergency help – if you survive.

FILM

With **Damon Smith**

STAR RATINGS
★★★★★ Excellent
★★★★ Good
★★★ Worth a look
★★ Poor
★ Don't bother

SHARPSHOOTER THRILLER FAILS TO HIT TARGET

HIT SQUAD *Gruffudd as Milk, Ryan as White Dog and Mzembe as Nico*

FIRED UP *Mitchell as Hendricks*

TRIGGER HAPPY *Tim Roth as The Dragon*

SEVEN SNIPERS

CERT 15, SKY CINEMA/NOW ★★

Sandra Sciberras's sharp-shooting action thriller delivers exactly what it says on the dented tin: Seven marksmen and women stalking each other around an isolated Australian ranch and trading bullets at impressively long distances, sometimes shrouded in military camouflage.

Scriptwriter Andrew O'Keefe doesn't expend effort fleshing out characters when most are destined for fatal exit wounds in less than 90 minutes of sweat-speckled screen time.

At the centre of the chaos is mother and retired shooter Kris Hendricks (Radha Mitchell), whose call sign was Voodoo Child, a nod to her almost-namesake, Jimi Hendrix. Kris manages a ranch in Queensland and her biggest challenge appears to be weathering a storm of disdain from her 16-year-old daughter Anja (Annabel Wolfe).

An unexpected visitor to the property (Ryan Kwanten) fires warning shots, heralding the impending arrival of The Dragon (Tim Roth), whose personal connection to Kris is easy to deduce. She calls in help from former comrade White Dog (Damien Ryan) and a small team of protectors including Milk (Ioan Gruffudd) and Kaldayev (Bianca Wallace). Once they learn they are facing The Dragon, all manner of nastiness hits the fan.

Seven Snipers is moderately thrilling when director Sciberras stares through a telescopic sight at a staged action sequence but it's apparent that Kris's reinforcements are merely cannon fodder and the simple manner of characters' deaths becomes repetitive. The antagonistic mother-daughter dynamic, enthusiastically played by Mitchell and Wolfe, has an emotional payoff and O'Keefe's script hits that target squarely.

SUPER TROOPERS 3

CERT 15, IN CINEMAS NOW ★★

A second sequel to Jay Chandrasekhar's goofy 2001 comedy chronicling the misadventures and misfortunes of a troupe of hapless Vermont State Troopers is almost as criminally unfunny as its crude and xenophobic predecessor.

Subtitled Farva's Wedding, audiences should say "I don't" in the strongest possible terms to this misfiring caper that fails to channel the anarchic spirit of the Police Academy series.

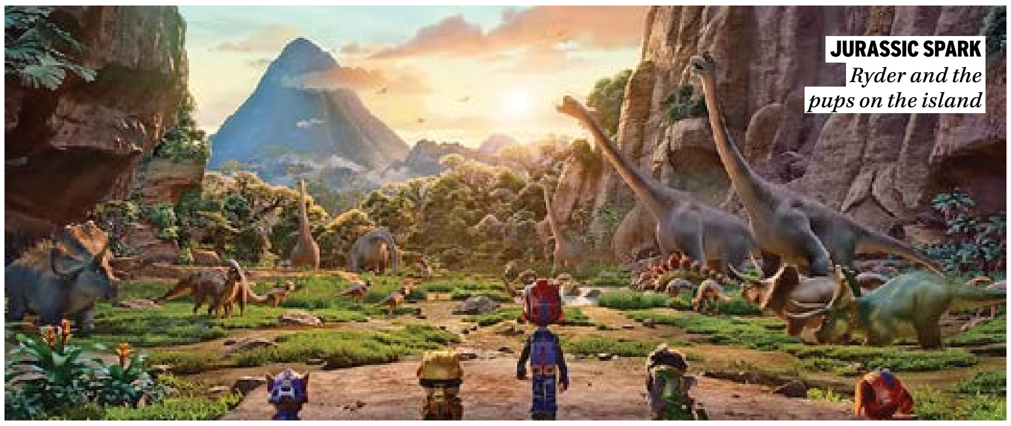
Farva (Kevin Heffernan) prepares for a lavish Indian wedding to Thorny's sister Sarita (Hannah Simone).

The bride's parents (Iqbal Theba, Sakina Jaffrey) fly in for the occasion but Thorny (Chandrasekhar) is in no mood for celebration. He is determined to break up the lovebirds, exploiting his position of power as Farva's best man to expose the groom's worst qualities. Fellow troopers Foster (Paul Soter), Mac (Steve Lemme) and Rabbit (Erik Stolhanske) and eager-to-please rookie Coy Burns (Andrew Dismukes) are caught in the crossfire of interdepartmental warfare.

It trades heavily on nostalgia for the original but my good will was exhausted well before the end credits rolled on the lamentable second film. A running joke about Captain Markowski (Nat Faxon) being racist flatlines a good hour before scriptwriters put the gag out of its misery.

Unnecessary physical humour with the groom's elephant at the wedding sparks queasy flashbacks to a protracted set piece in Sacha Baron Cohen's 2016 comedy The Brothers Grimsby. During a quieter moment between the moustachioed menaces, one officer wonders aloud: "Is it possible we're no longer the cool guys in our own story?" Without question.

BORE PATROL *The troopers are back for another misadventure*



JURASSIC SPARK *Ryder and the pups on the island*

PAW PATROL: THE DINO MOVIE

CERT U, IN CINEMAS NOW ★★★

No dino is too big, no pup is too small in a supersized feature film extension of the hugely popular PAW Patrol children's TV series, which goes for a fast-paced gallivant in the Jurassic park by uncovering a hidden island populated by prehistoric creatures.

Director Cal Brunker and co-writer Bob Barlen don't waste energy contriving a pseudoscientific explanation for the hulking beasts' existence when a lean 88-minute running time can be devoted to rip-roaring adventure on four and two legs.

Ryder (voiced by Henry Bolan) and PAW Patrol recruits Chase (Rain Janjua), Marshall (Carter Young), Rocky (William Desrosiers), Rubble (Lucien Duncan-Reid), Skye (Mckenna Grace) and Zuma (Nylan Parthipan) safely extinguish a fire on a boat and sail their floating HQ into a gathering storm that causes instruments on the bridge to malfunction.

The ship runs aground on an island filled with wonders long thought extinct, including herds of Brachiosaurus and Spinosaurus and a playful T-rex named Timmy who acts as a steed for shipwrecked pup Rex (Hayden Chamberlen). Alas, avaricious Mayor Humdinger (Ron Pardo) mines the island for uncut diamonds and carelessly reactivates a dormant volcano.

PAW Patrol: The Dino Movie is the most exciting and entertaining chapter of the tail-wagging saga to date with kinetic action sequences and sweet sentiment as Marshall learns the value of being the pup that never gives up.

Brunker's picture learns from the best – Toy Story 3 – about how to engineer heart-stopping jeopardy in a fiery final sequence. To quote Ryder before one daredevil rescue: buckle up pups!

WOOF AND READY *All eyes on Marshall*

GRANDMOTHER KNOWS BEST

GRIEVING *Anders Danielsen Lie as Sophia's father*

HEARTFELT *Emily Matthews and Glenn Close*

THE SUMMER BOOK

CERT PG, IN CINEMAS NOW ★★★

Opening with the striking image of jagged fragments of ice floating side by side in a coastal rock pool, The Summer Book thaws out reconciliation and healing in the aftermath of grief during an idyllic getaway in the Gulf of Finland.

Eight-time Oscar nominee Glenn Close lends her undimmable star power to director Charlie McDowell's gently paced adaptation of Tove Jansson's autobiographical novel, complemented by stunning images of Mother Nature in full bloom and fury courtesy of Norwegian cinematographer Sturla Brandth Grovlen.

Nine-year-old Sophia (Emily Matthews) reclines off the side of a boat as she travels to her family's rustic cabin on an unspoiled and remote island with her illustrator father (Anders Danielsen Lie) and grandmother (Close), whose coughs and splutters suggest this may be the final summer they all spend together.

The angelic tyke surveys her seaweed-strewn kingdom from the rocks as her father removes wooden shutters that cocoon the cabin and stumbles upon a ribboned sunhat belonging to his late wife.

"I'll find somewhere," tenderly assures the grandmother, removing the headwear from sight.

The intergenerational clan's first visit since death encroached on Sophia's childhood is soaked in painful reminiscence.

"He doesn't love me any more since she died," mournfully professes the girl to her grandmother, hidden beneath a blanket. The worldly-wise matriarch assures her granddaughter that she is wrong and later, the grey-haired protector urges the father to try harder to ensure he doesn't lose his daughter as well in this time of darkness and regret.

"I won't be here forever," she reminds him with a greater sense of urgency than ever before as the summer solstice approaches and neighbour Eriksson (Ingvar Sigurdsson) delivers a box of fireworks that need to dry out in time for the summer solstice.

Drawing inspiration from the life of author Jansson, best known for writing and illustrating The Moomins, The Summer Book is a pleasantly old-fashioned study of a universal rite of passage that leaves indelible scars at any age.

Close's perpetually cheery grandmother acts as a mediator in Robert Jones's script, sharing her love of nature with Sophia as moss springs deliciously underfoot or shoals of little fish skitter beneath the surface of sun-lit water.

Close's heartfelt performance dominates and she catalyses a lovely rapport with acting debutante Matthews in their tender and poignant exchanges.

Danielsen Lie's widower lingers in the background until clearly telegraphed dramatic necessity forces him to step up.

A tinkling piano-led orchestral score by composer Hania Rani occasionally intrudes where ambient noise might feel more organic and impactful but McDowell's picture generally adopts a "less is more" approach to the characters' self-reflection.

Like the frozen fractal mosaic at the beginning of the film, precious time spent with the people we love melts away too quickly.

HIT AND THE ROAD *Ryan Foust, Kylr Coffman and Mason Thames, and Green Day*

NIMRODS: A GREEN DAY COMEDY

CERT 15, IN CINEMAS FROM TUESDAY ★★★

Prefaced by a light-hearted introduction from Green Day lead singer and guitarist Billie Joe Armstrong, Nimrods is "a film about having big dreams and following your heart" inspired by the rock outfit's early days.

Writer-director Lee Kirk's freewheeling road trip nods playfully to coming-of-age comedies including Ferris Bueller's Day Off, soundtracked by more than 20 songs from the band's back catalogue including When I Come Around and Basket Case.

Tommy (Mason Thames) cannot contain his excitement when he receives a phone call from Green Day drummer Tré Cool inviting the teenager's band, Analog Dogs, to open a New Year's Eve concert in LA.

The life-changing opportunity is a prank devised by Tommy's older brother, Wayne (Keen Ruffalo), and the younger sibling falls for the preposterous ruse.

Tommy steals Wayne's car – a yellow taxi – to drive bandmates Chad (Ryan Foust) and Fred (Kylr Coffman) from Kansas City to the gig.

En route, the trio perform a cover version of Dominated Love Slave in a battle of the bands competition at a rowdy country and western roadside bar and Tommy enjoys a meet-cute with free-spirited songbird Olivia (Mckenna Grace).

Taking its title from the band's 1997 album, Nimrods is an effervescent celebration of carefree and chaotic youth which crescendos, predictably, with a live concert performance.

"We're teenagers, we have nothing but choices!" urges Tommy during an early scene.

Thames doesn't have to strum hard to tether our affections to his likable hero and Kirk's script hits the right notes to solidify brotherly bonds on and off the road.

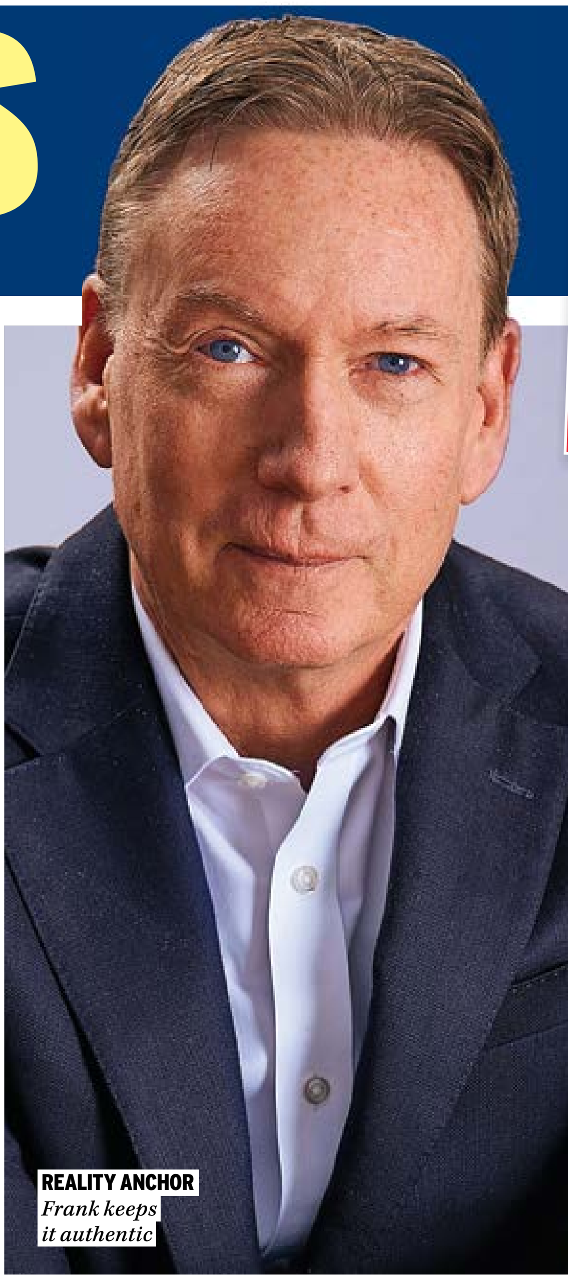
BOOKS

With Hannah Stephenson

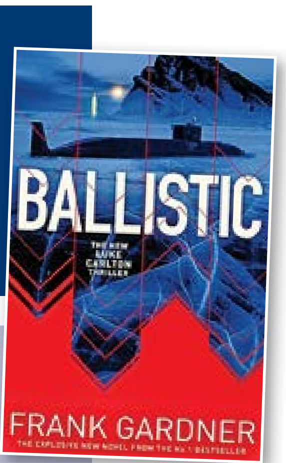
AUTHOR OF THE WEEK

Frank Gardner

The BBC journalist talks about his wildlife adventures and his fifth Luke Carlton novel



REALITY ANCHOR *Frank keeps it authentic*



BBC security correspondent Frank Gardner has, until recently, been living out of hotels and staying with friends after the lift to his top-floor apartment broke. "It is frustrating being wheelchair-based. I don't like the expression 'wheelchair-bound' because I ski, scuba-dive and drive, so I'm not wheelchair-bound.

"But there are so many things that I can't do because of the wheelchair."

Now the lifts are working again, he's back in his London flat, which offers a view of the Thames, but says he's going to have to move out for practical reasons.

The award-winning journalist, a Middle East expert who continues to report on domestic and international security, defence and terrorism, was part paralysed in 2004 when he and his cameraman, Simon Cumbers, were ambushed by al-Qaeda terrorists in Riyadh, Saudi Arabia. Cumbers was killed, with Frank shot six times and left for dead.

After 14 operations, he returned to active news reporting within a year, but today says that he still endures horrific pain from the spinal injuries he suffered, leaving him paralysed from the knees down and with a stoma bag.

"I have pain in my left leg. It's a kind of sciatic pain from my injuries and no drugs, surgery, nothing has worked.

"Sometimes it feels like someone is taking a mallet to the inside of my knee."

Looking back at the day that changed his life, Frank recalls how he and Simon had joined two Saudi government minders who wanted to show the BBC team around the area but unwittingly took them to a really dangerous location, with no armed escort.

Six of al-Qaeda's core members were driving past when they saw Frank and Simon doing a piece to camera – and the shooting began. Later, police turned up and took Frank to hospital.

> *'I'd throw it all away in an instant, not to have been shot'*

Frank, 65, who has lived in Egypt, Bahrain and explored many parts of Saudi Arabia, continues with his BBC job, but has also found time to write a series of page-turning topical thrillers involving MI6 operative Luke Carlton.

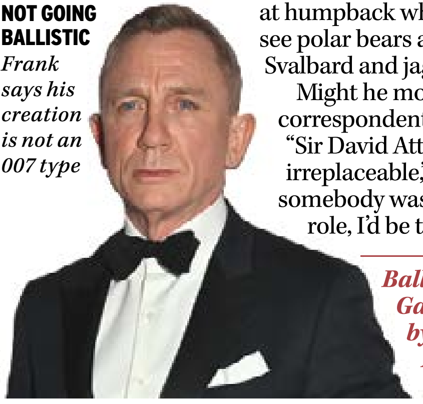
His fifth, Ballistic, finds one of Russia's most advanced nuclear submarines beneath Arctic waters carrying something that could change the world forever. The plot involves Carlton helping a Russian spy who knows about the submarine to get across the border into Finland, teaming up with a tough female Finnish special forces officer.

Frank manages to weave in a huge amount of background fact into his fictional page-turner. "With all my novels, I try to anchor them in reality," he says.

"I find the milieu in which I do my day job as security correspondent endlessly fascinating and I meet very interesting people who, in some cases, are privy to all sorts of information that they're never going to share with me. But you have a feel for what their lives must be like operating in the shadows, whether they are special forces or spooks or counter-terrorism police or whatever."

He uses his vast knowledge to keep his settings authentic and spoke to retired officers with extensive naval experience.

Carlton is not 007, but the world in which he surrounds himself has a touch of that. "Carlton is quite an intelligent guy," he says. Is Frank living through him vicariously? "A little bit," he says smiling. "I don't pretend that I am him because for a start he's not in a wheelchair and secondly, more importantly, I was never in Special Forces and he spent 12 years in the Royal Marines."



NOT GOING BALLISTIC *Frank says his creation is not an 007 type*

Frank, who divorced his wife Amanda in 2019 after 22 years and is now in another relationship, won't discuss his private life – although he stresses that the divorce was amicable. He acknowledges that his job affected family life, being sent at no notice across the globe, never knowing how long he'd be away.

"Being a foreign correspondent is quite a self-absorbing job. You need a very understanding and patient partner. Often some of the best relationships work when both people are in foreign news because they know what to expect.

"After two years in Cairo, my wife at the time said, 'We've had enough'. Our girls were very small and were often sick. The food wasn't good and the air's polluted."

He does have regrets, especially taking that fateful trip in Riyadh. "People say, 'Yes, but think of what you've done since'. I'd throw it all away in an instant, not to have been shot. Most importantly, Simon Cumbers, my cameraman, was murdered. That robs his family of a life."

He's realistic in his vision of a long-term prognosis for his injuries. "I like to joke that I think they will find a cure for my level of spinal cord injury when I reach about 90. So I might have a couple of weeks of walking. I'll be the fittest 90-year-old you've ever seen."

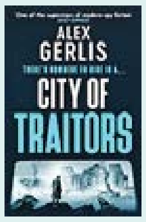
Away from work, Frank has taken up nature photography, venturing to India to see tigers, kayaking in Antarctica to look at humpback whales – and would love to see polar bears and walruses in the Svalbard and jaguars in Brazil.

Might he move from security correspondent to wildlife film-maker? "Sir David Attenborough is irreplaceable," he states, "but if somebody was to offer me a similar role, I'd be tempted."

Ballistic by Frank Gardner is published by Bantam, priced £20. Available now.

FOUR NEW BOOKS TO READ THIS WEEK

With **MATT NIXSON** *and* **DAVID PHILLIPS**



CITY OF TRAITORS

BY ALEX GERLIS, HARDBACK, £18.99

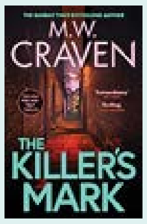
Set over half a dozen countries with a sprawling cast of characters both fictional and real, City of Traitors brilliantly captures the geo-political jostling over control of Europe that accompanied the latter stages of the Second World War.

Gerlis is the maestro of multiple story strands expertly woven together into a thrilling, satisfying read.

At its heart is "Archie", a British Soviet agent feeding information to the UK and Russia but doubting who his real masters are.

Seven men are suspected of being the traitor, but waiting for the spy to reveal themselves with a mistake has borne no fruit.

Now as the Red Army approaches Germany from the East and the Allies from the West, the stage is set for a dramatic showdown amid the rubble of Berlin. Pulse-raisingly brilliant. 9/10



THE KILLER'S MARK

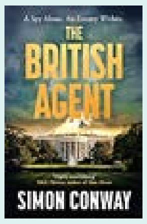
BY M W CRAVEN, HARDBACK, £22

Having left the National Crime Agency, Washington Poe and Tilly Bradshaw have gone freelance – "gumshoes for hire" reads the sign on their Carlisle office door. But clients have proved hard to come by, not least because of Poe's idiosyncratic manner.

So when foul-mouthed 15-year-old Esmerée Blue turns up looking for her missing mother, presumed dead but now identified in a porn film by a tattoo on the sole of her foot, they take the case.

Five years earlier a horrifying secret hidden within a tamper-proof safe unleashed a huge investigation and Poe and Tilly – the most unconventionally entertaining duo in crime writing – are unwittingly sucked into the fallout.

Murder, mayhem and Triads ensue in the eighth and best novel in the million-selling series. Craven's trademark mix of dark humour and drama is so addictive it should come with a health warning. 9/10



THE BRITISH AGENT

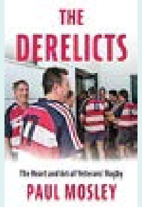
BY SIMON CONWAY, HARDBACK, £16.99

Dispatched to Ukraine to investigate the end destination of sophisticated British weapons sent to the embattled country and feared trafficked to third parties, MI6 operative Agent Chuff is ambushed and three lethal Starstreak man-portable-air-defence-system missiles are stolen.

She must track them down before they can be used to commit an atrocity in the US – sending her undercover on a mission that takes in conspiracy theorists, insurrectionists and Washington spymasters. And Chuff must outwit them all to survive.

So kicks off this extraordinarily believable, globe-spanning thriller from former Army officer, weapons experts and aid worker Simon Conway.

If thrillers are your thing, The British Agent is perfect summer reading. The pace never lets up and this is weapons grade brilliance packed between two covers that threatens to explode at any moment. 8/10



THE DERELICTS: THE HEART AND ART OF VETERANS' RUGBY

BY PAUL MOSLEY, PAPERBACK, £10.99

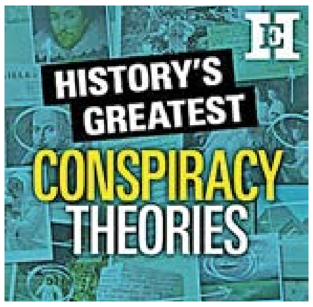
Debut author Paul Mosley's achingly funny and compelling book is a paean not just to veterans' rugby but to all team sports. It will resonate with anyone who has played – or knows anyone who has played – amateur sport when clearly past their sell-by date.

The narrative arc is the Derelicts' stumbling progress through a season of muddy mismatches, but the glory is in the detail – the cast of characters and Mosley's relatable descriptions of them, such as "half-man, half-Guinness". True comrade banter, and delivered with a rich turn of phrase and a facility with language and metaphor that belies the author's own career as a lumbering prop forward.

All aspects are touched upon, from the nightmare of losing your players to a senior side just before kickoff to the pre-match application of oils to preserve aged bodies. Highly recommended. 8/10

PODCASTS

With **KAY HARRISON**



STAB IN THE DARK
Was Prince Albert Victor Jack the Ripper?

Royal serial killer believe it... or not

HISTORY'S GREATEST CONSPIRACY THEORIES

Elizabeth II was a shape-shifting lizard and Elvis lives somewhere on our flat planet. Don't let the truth get in the way of a good conspiracy theory, right?

Some have stuck around for centuries, so there's plenty of material for season three of History's Greatest Conspiracy Theories, which is tackling six of the most persistent, with a jolly cast of experts to separate fact from utter idiocy.

First up, also playing into our love of a royal scandal: was an heir to the throne a serial killer?

Chirpy host Rob Attar quizzes crime historian Dr Drew Gray, author of Dark London, over the suggestion Queen Victoria's partying grandson was Jack the Ripper, behind the murders of at least five women in 1888.

"There's no smoking gun or dripping knife, so it does allow for a lot of speculation," Dr Gray admits. Some people even reckon the Ripper was a she, a time traveller testing out surgical tools, or Lewis Carroll, confessing to readers using anagrams hidden inside his books.

But TV and films are unquestionably guilty of popularising the idea Prince Albert 'Eddy' Victor – second in line to the throne – was behind it all, with From Hell, starring Johnny Depp, and Michael Caine's Ripper series getting under our skin. There's even a new movie incoming, Black Palace, centred around the royal cover-up story.

TWO OF US?
Real Macca

Sadly for believers, the Prince does seem to have an alibi more cast iron than Pizza Express.

Expect great insight – the show is produced by History Extra, home of those "History's Greatest" podcasts (Leaders, Cities, Battles, Scandals, Dishes).

Other theories put to the test include Jesus Christ having secret children with Mary Magdalene, whose descendants live among us (thank you, Dan Brown), an alien spacecraft crash-landing in Siberia in 1908, causing the mysterious explosion known as the Tunguska Event, and, my favourite, the belief Paul McCartney died in a car crash in the 1960s and was replaced by a lookalike. Steven Cockcroft, co-host of Beatles podcast Nothing is Real, has one or two things to say on that subject.

It's also a curious gaze into our own brains, and why we enjoy, and can get a little obsessed with, such wild old theories.

GANGSTER: THE STORY OF THE MILKMAN

BBC
GANGSTER
THE STORY OF THE MILKMAN

Big-time crime and its bigger characters are an undying source of fascination – and pod fodder. BBC 5 Live's Gangster series does a thorough job investigating our criminal underworld, having already covered great train robber Ronnie Biggs and black widow Linda Calvey.

Britain's biggest cocaine trafficker, Brian Brendan Wright, gets the treatment this time, with a story that is both enthralling and galling. Called the Milkman because he always delivered, he built a respectable life within racing circles, and was a fugitive for more than a decade.

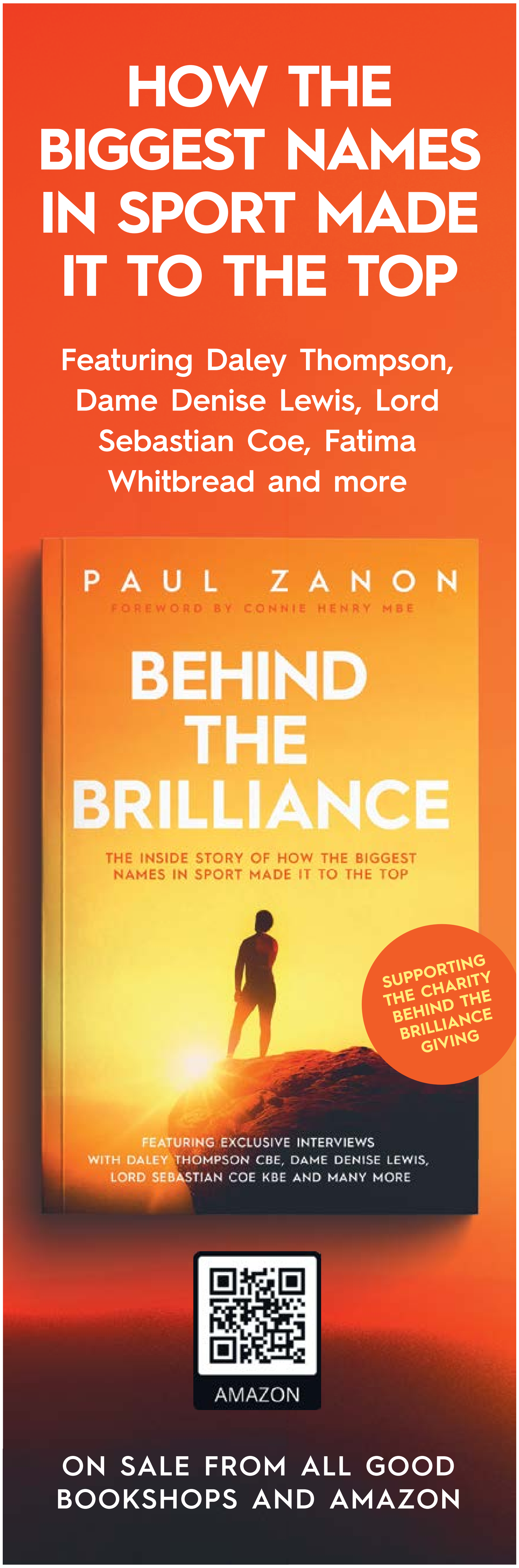
Livvy Haydock is back to speak to cartel insiders, tracing how mind-scrambling amounts of cocaine came from Colombia to our coast. And the series doesn't shy from grim realities, hearing from the sister of late Radio 4 presenter Bill Frost, who spiralled into addiction.

BRITISH PODCAST AWARDS

BRITISH PODCAST AWARDS

With two months to go until the awards every podcaster wants, the Listeners' Choice top 20 shortlist has been announced, where you have the power. And we'll see if Ant and Dec resume their habit of winning all the things, with Hanging Out in the running.

The list is groaning with celeb pairings, including Jo Whiley and Zoe Ball for Dig It, Strictly couple Gemma Atkinson and Gorka Márquez for Lost In Translation and Dr Amir Khan and Cherry Healey for No Appointment Necessary. Other contenders include Yoto Daily (which gets the vote from run-ragged parents), Dish from Waitrose, Olivia's House, Table Manners, Twinhood, Hard Launch with Dan and Phil and last year's winners, Betwixt The Sheets. View the full list and vote via Spotify's app until August 28, with the ceremony at Indigo at London's O2 in October.



HOW THE BIGGEST NAMES IN SPORT MADE IT TO THE TOP

Featuring Daley Thompson, Dame Denise Lewis, Lord Sebastian Coe, Fatima Whitbread and more

PAUL ZANON
FOREWORD BY CONNIE HENRY MBE
BEHIND THE BRILLIANCE
THE INSIDE STORY OF HOW THE BIGGEST NAMES IN SPORT MADE IT TO THE TOP
FEATURING EXCLUSIVE INTERVIEWS WITH DALEY THOMPSON CBE, DAME DENISE LEWIS, LORD SEBASTIAN COE KBE AND MANY MORE
SUPPORTING THE CHARITY BEHIND THE BRILLIANCE GIVING
AMAZON

ON SALE FROM ALL GOOD BOOKSHOPS AND AMAZON

All programmes are listed in British Summer Time (BST).

film ratings

★★★★★ Brilliant

★★★★ Very Good

★★★ Good

★★ Average

★ Bad

(R) Repeat

BBC One

6.00am Breakfast News headlines.

9.30 Animal Park At Longleat. (R)

10.15 Trace, Track, Get My Car Back Tracker Richard follows expensive farmyard vehicles to a scrapyard. (R)

10.45 Expert Witness How a UK fibre specialist brought closure to a long-running murder investigation in Australia. (R)

11.15 Homes Under the Hammer Properties in Carlisle, Stoke and Essex are featured. (R)

12.15pm Bargain Hunt: 20 Years of The One Show The One Show presenters battle it out.

1.00 BBC News at One; Weather

2.00 The Hairdresser Mysteries Lily has a hairstyle emergency and a murder case to solve.

2.45 Escape to the Country A home in Cornwall. (R)

3.45 The Bidding Room Nigel Havers presents.

4.30 The Answer Run Quiz.

5.15 Pointless Alexander Armstrong is joined by co-host Konnie Huq. (R)

6.00 BBC News at Six; Weather

6.30 Regional News; Weather

7.30pm, OUR LIVES: Ange, Anne-Marie and Claire

7

7.00 The One Show With Alex Jones and Roman Kemp.

7.30 Our Lives Following South Wales punk band the NaNaz, six women who are tearing up the rulebook on growing older as they prepare for a gig in New York City.

8

8.00 Granite Harbour As the case reaches a conclusion, Lindo and Bart face a race against time to find the real killer as long-held secrets are finally revealed. Crime drama, with Romario Simpson and Hannah Donaldson. Last in series.

9

9.00 Would I Lie to You? Cush Jumbo, Judi Love, Grayson Perry and Tim Vine take part. (R)

9.30 Ann Droid Sue has invited Michael and Renee to a nice family dinner but is upset when their real motive for coming round is revealed.

10

10.00 BBC News at Ten The latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's sports and weather reports.

10.30 Regional News; Weather

11

10.45 FILM **28 Days Later** (2002, 18) A man wakes from a coma to discover Britain has been struck by a terrifying experimental virus that sends victims into a homicidal rage. Along with a handful of other survivors, he heads for Manchester, the last outpost unaffected by the outbreak – but realises that the virus is not the only threat. Danny Boyle's horror, starring Cillian Murphy, Brendan Gleeson, Christopher Eccleston and Naomie Harris. ★★★★

12 midnight

12.30am Weather for the Week Ahead **12.35-6.00am** BBC News

BBC Two

6.30am Money for Nothing (R)

7.15 The Bidding Room (R)

8.00 Sign Zone: Marcus Wareing Simply Provence (R)

9.00 BBC News Headlines.

1.00pm Richard Osman's House of Games Gameshow. (R)

1.30 The Finish Line Quiz. (R)

2.15 Do You Know Your Place? Anneka Rice, Shane Todd and Remi Burgz take on a Coleraine challenge. (R)

2.45 The Hairy Bikers' Bakeation The duo's baking odyssey ends in northern Spain. (R)

3.45 The Farmers' Country Showdown Cattle farmers compete at the Westmorland County Show in Cumbria. (R)

4.30 Vintage Antiques Roadshow The team visits Clitheroe, Lancashire. (R)

5.15 Flog It! From Haddon Hall in Derbyshire. (R)

6.00 Richard Osman's House of Games Gethin Jones, Tiff Stevenson, Kate Thornton and Gary Wilmot take part. (R)

6.30 Just One Thing A look at the benefits of eating beetroot. (R)

8pm, GARDENERS' WORLD: Monty Don

7.00 Iolo's Anglesey Iolo Williams goes by boat to Ynys Badrig, an offshore island which is the northernmost point of Anglesey and Wales. (R)

7.30 Beechgrove Garden Brian Cunningham harvests spring vegetables from the veg plot.

8.00 Gardeners' World Frances Tophill returns to Damson Farm and spends the day with owner Alison and guest Mary Berry. Arit Anderson visits an inspiring urban edible garden, and Toby Buckland has ways to extend the growing season.

9.00 Bergerac The battle between Jim and Arthur Wakefield intensifies as his enemies gain ground. Since discovering that Cate may have betrayed Arthur, Bergerac feels he is closing in on his chief suspect.

9.45 QI XL Sandi Toksvig hosts an extended edition, with Ria Lina, Eshaan Akbar, Jimmy Carr and Alan Davies answering questions on the theme of tricks and treats. (R)

10.30 Newsnight Analysis of the day's events with Paddy O'Connell; Weather

11.05 FILM **Hoard** (2023, 18) Premiere. Years after moving away from her hoarding mother, a foster teen revisits her childhood memories and the trauma she repressed. Drama, starring Saura Lightfoot-Leon. ★★★★

1.00am Sign Zone: Britain's Strictest Schools – Panorama (R) **1.30** Sign Zone: The Rapture. Gabs and Dick uncover evidence that Leonard is hiding something, while floods in India match Bethany's drawings. Gabs pushes her suspicions into the open. (R) **2.30-6.10am** This Is BBC Two

ITV1

6.00am Good Morning Britain A lively mix of news, current affairs and lifestyle features.

10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion. Including Local Weather.

1.30pm ITV News; Weather

1.55 Regional News; Weather

2.00 Dickinson's Real Deal David Dickinson and his dealer den visit Newport. (R)

3.00 Deal or No Deal Ronnie tries to open the 22 red boxes in the right order. (R)

3.59 Regional Weather

4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R)

5.00 The Chase Contestants Yung Yung, Comghal, Samantha and Adam answer general knowledge questions and work as a team to take on one of the ruthless Chasers. (R)

6.00 Regional News; Weather

7.30pm, EFL CUP LIVE: Morgan Whittaker

6.30 ITV Evening News A round-up of the day's headlines and talking points from the UK and around the world; Weather

7.30 LIVE **EFL Cup** Middlesbrough v Wrexham (kick-off 8.00pm). Mark Pougatch presents all the action from the first-round tie, which is taking place at Riverside Stadium. Boro will be looking to avoid a repeat of this stage last season, when they were beaten 4-0 here by Doncaster Rovers. Wrexham fared better in the competition, going on to reach the fourth round before they were eliminated by Welsh rivals Cardiff City following a 2-1 defeat. With pre, mid and post match analysis from Tommy Smith and Steven Fletcher, and live commentary from Lucy Ward and Seb Hutchinson.

10.25 ITV News at Ten A round-up of the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's sports stories, entertainment news and weather reports.

10.55 Regional News; Weather

11.15 FILM **Jack Reacher: Never Go Back** (2016, 12) The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. Action thriller sequel, starring Tom Cruise and Cobie Smulders. ★★★

1.10am Shop on TV **3.00** Force of Nature. Shifting rains test three mothers as floods transform habitats, destroy homes, and bring perilous opportunity. (R) **3.50** Long Lost Family. Cases include a woman who wants to find her older brother. (R) **4.45-6.00am** Unwind with ITV

Channel 4

6.30am The King of Queens (R)

7.45 Everybody Loves Raymond Triple bill of the comedy. (R)

9.10 Frasier Four episodes. (R)

11.10 Ramsay's Kitchen Nightmares USA A Louisiana restaurant that has forgotten the most crucial aspect of an eatery's reputation. (R)

12.05pm Channel 4 News

12.10 Find It, Fix It, Flog It Items in Norfolk include a small-wheeled design classic. (R)

1.10 The Great House Giveaway Accountant Kate and builder Jonny buy a house in Leeds. (R)

2.10 Countdown With Ade Adepitan in Dictionary Corner.

3.00 A Place in the Sun A holiday home in Cadiz, Spain. (R)

4.00 Saving Country Houses with Penelope Keith At Treberfydd House in Wales, a big wedding is underway. (R)

5.00 Chateau DIY At the Chateau de Lalacelle, Terry and Ashley work on their garden. (R)

6.00 American Pickers Mike Wolfe and Frank Fritz find a rare Superman comic. (R)

10pm, BIG FAT QUIZ: BEST BITS: Jimmy Carr

7.00 Channel 4 News A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's leading sports stories and up-to-the-minute weather reports.

8.00 Surgery Secrets of the Super Rich Hannah has a non-surgical liquid nose job, Hollie tackles years of sun damage with laser technology, and Nabeel's investing over £1,000 a month in a rigorous programme of tweakments.

9.00 8 Out of 10 Cats Does Countdown Jimmy Carr hosts, as team captains Rob Beckett and Jon Richardson are joined by Katherine Ryan and Fatiha El-Ghorri. With special guests Jake Lambert and the Brett Domino Trio.

10.00 Big Fat Quiz: Best Bits Victory is snatched from the jaws of humiliation, as comedians including Sara Pascoe, James Acaster and Jamie and Natasia Demetriou taste sweet success against all odds. Jimmy Carr hosts.

11.05 Sarah Millican: Home Bird Live Stand-up show recorded at Newcastle's Tyne Theatre & Opera House, in which the comedian shares insights into life, including the need to put down some roots now she has cats. (R)

12.10am Greg Davies: The Back of My Mum's Head. Stand-up comedy with the Man Down star, from the Lowry in Salford. (R) **1.05** Ramy: double bill **2.15** FILM Theater Camp (2023, 12) Comedy starring Ben Platt and Molly Gordon. ★★★★ **3.50** Sunday Brunch (R) **4.00-6.10am** Four in a Bed (R)

5

6.00am Milkshake! Children's TV.

9.15 Jeremy Vine Discussion.

11.30 Storm & Alexis With Storm Huntley and Alexis Conran.

12.45pm 5 News at Lunchtime

12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money.

2.20 FILM **The Book Club Murders** (2024, PG) Members of a book club start to receive threatening letters that reveal their darkest secrets. Mystery, starring Brittany Underwood and Eva Igo. ★★

4.00 Castle The NYPD and Castle search for Beckett as they try to stop Nieman and Tyson from claiming the detective as their next victim. (R)

4.55 Love Nature Discovering how the humble fox should be celebrated not vilified. (R)

5.00 5 News with Dan Walker

6.00 Menorca: A Year in the Sun Part two of two. A look at Menorca's seafood, art and architectural restorations (R); 5 News Update

8pm, JEWELS OF THE MEDITERRANEAN

7.00 Tom Read Wilson's Grand Tour The presenter reimagines the rite of passage once undertaken by 17th, 18th and 19th-century aristocrats on their Grand Tours of Europe, beginning in Paris. (R); 5 News Update

8.00 Jewels of the Mediterranean Cameras focus on the island of Corsica, which boasts 600 miles of stunning coastline, forests and mountains. Highlights include a trip to the town of Bastia, a food-lover's paradise.

9.00 Alexander Armstrong in South Korea Alexander journeys across South Korea, one of the most influential and successful countries on earth. He arrives in bustling Seoul, and kicks off his adventure in Gangnam. Helping to keep modern Korea on the global map are its YouTube stars, and Alexander eats noodles with Heebab, a record-breaking Mukhbang 'bulk-eater', and meets Korean Billy, whose English accent impersonations are an online sensation. (R)

10.30 Piers Morgan: Uncensored A selection of highlights from the presenter's YouTube show, featuring opinion-led news and debate that blends journalism with cutting cultural commentary. Piers is joined by high-profile guests to discuss the stories making headlines.

12.00m't Fare Dodgers: At War with the Law (R) **1.00** Cruise TV with LoveitBookit (R) **2.00** GPs: Behind Closed Doors (R) **2.50** Castle (R) **3.40** Friends (R) **4.30** Jane McDonald's Yorkshire: No Place Like Home (R) **5.25** Entertainment News on 5 **5.35** Milo (R) **5.45-6.00am** Paddington (R)

ITV2 Freeview 6

6.00am Backyard Builds **6.30** Dress to Impress **7.30** The Real Housewives of Salt Lake City **8.20** The Real Housewives of Orange County **9.20** The Only Way Is Essex **10.20** Dawson's Creek **11.20** Charmed **12.15pm** Deal or No Deal **1.15** Supermarket Sweep **2.15** The Floor USA **3.10** The Only Way Is Essex **4.10** The Real Housewives of Salt Lake City **5.00** The Real Housewives of Orange County

6.00 Celebrity Catchphrase Stephen Mulhern hosts a celebrity special of the gameshow, with Mo Gilligan, Naga Munchetty and Joanna Page taking part.

7.00 The Floor USA Rob Lowe hosts.

8.00 The 1% Club Quiz show.

9.00 *FILM* **John Wick** (2014, 15) Action thriller, starring Keanu Reeves. ★★★★

11.05 Family Guy Double bill.

12.05am American Dad! **1.05** Bob's Burgers **1.55** Deal or No Deal: Banker's Best Battles **2.20** Unwind with ITV **3.00-6.00am** Teleshopping

U&Dave Freeview 19

6.00am Teleshopping **7.25** Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein: From Venice to Istanbul **11.20** Yukon Gold **12.20pm** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Martin Clunes: Islands of Australia **4.00** Rick Stein: From Venice to Istanbul **5.00** Rick Stein's Cornwall

6.00 Hairy Bikers' Best of British

7.00 Mortimer & Whitehouse: Gone Fishing Paul and Bob fly to Enniskillen.

7.40 Would I Lie to You? With Greg Rutherford, Kirsty Young, Joanna Scanlan and Henning Wehn.

8.20 QI XL Extended edition. With Ross Noble, Kathy Lette and Sue Perkins.

9.20 Would I Lie to You? With Jimmy Carr, Griff Rhys Jones and Susanna Reid.

10.00 Magnum P.I Double bill.

12.00m't Mock the Week. Comedy panel show. **12.40** Would I Lie to You? **2.00** QI **3.15** Richard Osman's House of Games **4.00-6.00am** Teleshopping

E4 Freeview 13

6.00am Modern Family **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine with Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00noon** The Simpsons: four episodes **2.00** Brooklyn Nine-Nine **3.00** Modern Family: four episodes **5.00** The Simpsons: double bill

6.00 The Simpsons Four episodes.

8.00 Vanderpump Rules Lisa offers Marcus the chance to DJ at a party.

9.00 Celebrity Gogglebox for Stand Up to Cancer Celebrities join the Gogglebox regulars to react to the week's TV shows.

10.00 *FILM* **American Pie: The Wedding** (2003, 15) Comedy sequel, starring Jason Biggs and Alyson Hannigan. ★★★★

11.55 Naked Attraction Dating series.

1.00am Gogglebox **2.00** Vanderpump Rules **2.55** Ramsay's Kitchen Nightmares USA **3.45** The Goldbergs **4.35-6.00am** Brooklyn Nine-Nine

Telly movies

28 DAYS LATER ★★★★★ **(2002), BBC One, 10.45pm** Set in a post-apocalyptic Britain, monkeys carrying a deadly contagion are released and almost the entire population is transformed into zombies. 28 days after the outbreak, coma patient Jim (Cillian Murphy) awakes in a London hospital to find a city deserted. He later meets two uninfected survivors who try to guide him to safety.

HOARD ★★★★ **(2023), BBC Two, 11.05pm** Ten-year-old Maria (Lily-Beau Leach) lives with her hoarder mother, Cynthia (Hayley Squires). Several years later, Maria (now played by Saura Lightfoot-Leon) is happily settled with a foster mother, Michelle (Samantha Spiro), but out of the blue, one of Michelle's previous wards, late 20-something Michael (Joseph Quinn), returns for a visit. He becomes fixated on Maria and unlocks desires that threaten the teenager's mental health.

GB News F'view 236

6.00am Breakfast with Stephen and Ellie **9.30** Britain's Newsroom **12.00noon** Good Afternoon Britain. The latest stories from across the United Kingdom. **3.00** Martin Daubney. The latest updates.

6.00 Dewbs & Co Michelle Dewberry delivers her take on the day's news.

7.00 Lee Anderson's Real World Lee Anderson brings his Real World show to the Great British public.

8.00 Friday Night with Matt Goodwin Matt Goodwin shares thoughts on how to fix the problems facing the country.

9.00 Patrick Christys Tonight The latest topical discussion and debate.

11.00 Patrick Christys Tonight Late Edition Tomorrow's news, tonight. All the major stories making the front pages and full coverage of all the breaking news at home and abroad with Patrick Christys.

12.00m't The Late Show Live **3.00** Patrick Christys Tonight Replay **5.00-6.00am** Patrick Christys Tonight Late Edition

More4 Freeview 18

8.55am Heir Hunters **10.00** Four in a Bed: five episodes **12.40pm** Come Dine with Me: five episodes **3.20** Four in a Bed: five episodes **5.50** Car S.O.S

6.50 Car S.O.S Tim and Fuzz are taking on their 100th car, which is also going to be their first electric conversion – a 1978 MG.

7.55 Grand Designs Kevin McCloud revisits a new build that saw a couple constructing an art deco lighthouse tower on a clifftop in north Devon.

9.00 *NEW* **Carpe Diem** French legal drama, starring Samuel Le Bihan as a man who was falsely imprisoned, and now works as a lawyer defending others who have been wrongfully accused.

10.05 24 Hours in A&E Double bill. A seven-year-old boy is brought in after falling from a tree; a retired builder arrives after falling off his daughter's roof.

12.15am 999: On the Front Line. Documentary. **1.15** 24 Hours in A&E **3.25-3.55am** A Place in the Sun

Variations & S4C

WALES As BBC1 except: 1.35-1.45pm BBC Wales Today; Weather **6.30-7.00** BBC Wales Today; Weather **10.30-10.45pm** BBC Wales Today. A round-up of the headlines; Weather

MERIDIAN As ITV1 except: 1.55-2.00pm ITV News Meridian; Weather **6.00-6.30** ITV News Meridian; Weather **10.55-11.15pm** ITV News Meridian. A round-up of the headlines; Weather

CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central; Weather **6.00-6.30** ITV News Central; Weather **10.55-11.15pm** ITV News Central. A round-up of the headlines; Weather

ITV WALES As ITV1 except: 1.55-2.00pm ITV News Cymru Wales; Weather **6.00-6.30** ITV News Wales at Six; Weather **7.00-7.30** Coast & Country. The town of flowers is in full bloom, and there are reports on the conservation dogs saving lives in Africa and the children learning all about food at Aberglasney. **10.55-11.15pm** ITV News Cymru Wales; Weather

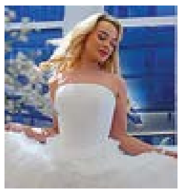
WEST As ITV1 except: 1.55-2.00pm ITV News West Country; Weather **6.00-6.30** ITV News West Country; Weather **10.55-11.15pm** ITV News West Country. The headlines; Weather

ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia; Weather **6.00-6.30** ITV News Anglia; Weather **10.55-11.15pm** ITV News Anglia. A round-up of the headlines; Weather

WESTCOUNTRY As ITV1 except: 1.55-2.00pm ITV News West Country; Weather **6.00-6.30** ITV News West Country; Weather **10.55-11.15pm** ITV News West Country. A round-up of the latest headlines; Weather

S4C 6.00am Cyw **9.30** Eisteddfod Genedlaethol 2026 **12.00noon** Newyddion S4C **12.05pm** Eisteddfod Genedlaethol 2026 **2.00** Newyddion S4C **2.05** Eisteddfod Genedlaethol 2026 **4.00** Eisteddfod Genedlaethol 2026. The day's main ceremony – The Chairing Ceremony. **5.30** Eisteddfod Genedlaethol 2026 **7.30** Newyddion S4C a'r Tywydd **7.50** Eisteddfod Genedlaethol 2026. The evening's competitions will continue with the Recitation Choirs and Cerdd Dant. **10.30** Y Babell Len 2026. A look at events in the Literary Pavilion. **11.00pm-12.05am** Gwesty Aduniad. A unique pop group from the 1960s reunite for the first time in 50 years and for Susan, this is her last chance to finally know who her blood father is.

HotTV CHOICE With Mike Ward



Bride-to-be Hannah, one of the people we meet in this week's SURGERY SECRETS OF THE SUPER RICH (C4, 8pm), wants to get a few things sorted before her wedding.

"I want to look, like, oh my gosh, this is the best you have ever looked," she tells us. So she's gone to see Dr Kajal Babamiri, an aesthetic specialist.

"So, what brings you here, Hannah?" is the first thing Dr Kajal asks.

Which is interesting, because that's the first thing I'd be asking Hannah myself. The point being that she looks absolutely fine as she is. It's not like she's got three ears, or a toe where her nose is meant to be.

Still, it's her choice. And if she's genuinely happier at the end of it, good luck to her.

By "it", I'm referring to the facial threads she's getting. That, and her "liquid nose job" (an expression that doesn't get any easier to hear, no matter how many times the narrator repeats it).

Yes, she actually does think her nose needs work. "I feel like it could do with a tiny bit of a lift," she says.

Dr Kajal explains what that will involve. "The thread comes in a long tube, and we pierce the tip of the nose – you will be numb for that, OK? – and then we advance to the top.

"And then I pull the tube out and the thread stays there."

And Hannah's reaction to this and the rest of the bridal package she's bought (for a total of £2,250)?

"It's even better than I thought it was going to be. I'm really, really excited."

And, yes, we do get to watch. It does not look like fun.

Follow Mike on Twitter @mikewardontv

HALF PRICE TICKETS to York Races Ladies Day

We've teamed up with York Racecourse to give readers half price tickets to the Sky Bet Ebor Festival.

This great offer is valid on the Yorkshire Oaks Ladies Day on Thursday August 20. Ladies Day at York Races is special both on the track and in the grandstand.

The Grantley Hall Ebor Fashion Lawn offers catwalk fun and fabulous prizes.

Sporting action means seven top class races, with a combined prize money pot of £1,800,000.

The Sky Bet Ebor Festival is the week to visit York for the fabulous four day festival of racing. A warm Yorkshire welcome awaits.

Our half price ticket offer is valid for Thursday, August 20 only.

HOW TO CLAIM

To redeem this offer just scan the QR code, and enter the promotional code **Ebor26.** The offer is valid until 23:59pm on Sunday, August 9, 2026.

Scan Me

York RACECOURSE

Terms and conditions: Maximum five tickets per person. The half price tickets are not for resale. The offer is only valid on new bookings only. It is valid for Grandstand & Paddock admission on Thursday 20 August 2026 only. The offer is not valid in conjunction with any other offer. The offer is valid to claim until 11:59pm on Sunday, August 9, 2026.

DAILY STAR

Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00noon** Transfer Talk **1.00** Lunchtime Live **2.00** Sports Desk
3.00 LIVE **The Hundred** Birmingham Phoenix Women v Sunrisers Leeds Women (start time 3.00pm). From Edgbaston, Birmingham.
6.00 Sky Sports News. Headlines round-up.
7.00 LIVE **EFL Cup** Middlesbrough v Wrexham (kick-off 8.00pm). All the action from the first-round tie taking place at Riverside Stadium.
10.45 LIVE **Tennis** The Canadian Open. The women's draw on day six of the WTA 1000 event in Toronto, which is a hard-court tournament.
11.00 LIVE **Tennis** The Canadian Open. Further coverage from day six of the ATP 1000 event in Montreal and the WTA 1000 event in Toronto.
4.00-6.00am Sky Sports News. Headlines.

SKY SPORTS CRICKET

6.00am The Hundred **9.15** The Hundred Bitesize **10.45** The Hundred **2.15pm** The Hundred Bitesize **2.30** The Hundred Bitesize
2.45 LIVE **The Hundred** Birmingham Phoenix Women v Sunrisers Leeds Women (start time 3.00pm). From Edgbaston, Birmingham.
6.00 LIVE **The Hundred** Birmingham Phoenix Men v Sunrisers Leeds Men (start time 6.30pm). Coverage from Edgbaston, Birmingham.
9.30 The Hundred Bitesize **10.00** The Hundred **1.30am** The Hundred Bitesize **2.00** The Hundred **5.15** Best of ICC WT20 **5.45-6.00am** The Hundred Bitesize

SKY SPORTS FOOTBALL

6.00am EFL Highlights **7.00** EFL **8.00** EFL Highlights **9.00** SPFL Highlights **9.30** EFL Greatest Games **10.00** EFL Cup Retro
12.00noon EFL Highlights **2.00** EFL **3.00** SPFL Highlights **3.30** EFL Cup Highlights **6.30** Best Goals: EFL Cup 25/26
7.00 LIVE **EFL Cup** Middlesbrough v Wrexham (kick-off 8.00pm). All the action from the first-round tie taking place at Riverside Stadium.
10.45 Championship Season Review **11.45** SPFL Round-Up **12.15am** Championship Retro **2.15** Henrik Larsson: 20 Years On **3.15** SPFL Highlights **3.45** EFL Greatest Games **4.00** EFL Cup Highlights **5.00** SPFL Highlights **5.30-6.00am** EFL Greatest Games

SKY SPORTS GOLF

6.00am HotelPlanner Tour Golf Highlights **6.30** PGA Tour Champions Learning Centre **7.00** Ladies European Tour Golf **11.00** My Icon **11.15** HotelPlanner Tour Golf Highlights
11.45 LIVE **PGA Tour Golf** The Wyndham Championship. Coverage of the featured groups on day two of the tournament from Sedgefield Country Club in Greensboro, North Carolina.
2.00pm LIVE **Ladies European Tour Golf** The PIF London Championship. Coverage of day two of the team competition at Centurion Club in St Albans, where Laura Funfstuck of Germany is the reigning individual champion.
6.00 LIVE **PGA Tour Golf** The Wyndham Championship. The featured groups on day two.
8.00 LIVE **PGA Tour Golf** The Wyndham Championship. Further coverage of day two.
11.00 The Greatest Solheim Cup. The 2019 Solheim Cup. **1.00am** Solheim Cup Golf **2.00** Golf Academy **3.00** PGA Tour Golf **4.00** Golf Academy **5.00-6.00am** School of Golf

TNT SPORTS 1

6.00am Premier League Stories **6.30** Classic Premier League **7.30** LIV Golf **9.00** Test Cricket Highlights **10.00** TNT Sports Reload
10.30 LIVE **AFL** Brisbane Lions v Hawthorn Hawks (bounce-up 10.40am). Coverage of the match from Brisbane Cricket Ground.
1.30pm Premier League Stories. A look at the story of Ipswich Town. **2.00** The Gruppetto
2.15 LIVE **Tour de France Women** The seventh stage of the Grand Tour race, a 144km route from La Voulte-sur-Rhone to Mont Ventoux.
5.15 TNT Sports Reload **5.30** MLB Plays of the Week **6.00** MLB Highlights **7.00** Supercars Championship Highlights **9.00** MotoGP **9.30** AFL **11.00** MLB Highlights. Baseball action.
12.00m't LIVE **MLB** New York Yankees v Atlanta Braves (start time 12.05am). Coverage of the inter-league match from Yankee Stadium.
3.00 British Superbikes Highlights **4.00** FIM Speedway Grand Prix Highlights **5.00** Formula E Flashback **5.30-6.00am** Formula E Flashback

TNT SPORTS 2

6.00am FIM Speedway Grand Prix **7.00** British Superbikes Rewind **7.15** MotoGP Rewind
10.00 LIVE **MotoGP** The Grand Prix of Great Britain first free practice session. Preparations for the 12th round of the season at Silverstone.
12.45pm LIV Golf. Action from New Jersey.
2.15 LIVE **MotoGP** The Grand Prix of Great Britain practice session. Preparations at Silverstone.
5.15 MotoGP **6.15** British Superbikes **7.15** Premier League Stories **7.45** Sports Reload **8.00** Fencing World Championships **10.00** Test Cricket Highlights **11.00** CPL Highlights
11.30 LIVE **CPL** Jamaica Kingsmen v Antigua & Barbuda Falcons. Coverage of the T20 match from Arnos Vale Stadium in Saint Vincent.
3.45am TNT Sports Reload. The best bits. **4.00** Discovery Golf **4.30-6.00am** Ultimate Pool

Entertainment & Factual

BBC THREE Freeview 23

7.00pm The Catch Up **7.05** I Am Darren **7.20** FILM Night at the Museum: Battle of the Smithsonian (2009/PG) ★★★★ **9.00** Death in Paradise **10.00** Ghosts Australia **10.45** The Golden Cobra **12.40am** Ideal **3.35-3.50am** Calamity James

BBC FOUR Freeview 9

7.00pm Also Sprach Zarathustra at the Proms **8.05** Ravel's Bolero at the Proms **8.20** TOTP: 2000 **8.45** TOTP: 1984 **9.15** TOTP: 1988 **9.45** Tony Bennett at the London Palladium: BBC Sessions. A 2011 concert. **10.45** Tony Bennett Sings – Songs from the Movies **11.15** Tony Bennett Sings – His Personal Hit Songbook **11.50** Tony Bennett Sings – Songs of Broadway **12.20am** Tony Bennett Sings – Saloon Songs **12.55** Tony Bennett Sings – Song Stories **1.25** Tony Bennett Sings – Tin Pan Alley **1.55** Tony Bennett's New York **3.20-3.45am** TOTP: 2000

5USA Freeview 21

9.00am Entertainment News on 5 **9.10** NCIS **12.00noon** Law & Order **6.00** NCIS **9.00** Beauty and the Beast **11.00** Law & Order: Special Victims Unit **2.55am** Wild Cards **3.50-4.00am** Entertainment News on 5

ITV3 Freeview 10

6.00am George and Mildred **7.05** Classic Emmerdale **8.10** Classic Coronation Street **9.10** Agatha Christie's Poirot **11.30** Heartbeat **1.35pm** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Doc Martin **10.00** Grantchester **11.50** Trial & Retribution **12.55am** Agatha Christie's Poirot **2.00-2.30am** George and Mildred

ITV4 Freeview 26

6.00am Magnum, PI **8.05** Dempsey and Makepeace **9.10** Boon **10.15** The Professionals **11.20** Robin of Sherwood **12.25pm** Magnum, PI **2.35** Dempsey and Makepeace **3.45** Boon **4.50** The Professionals **5.50** Minder **6.55** Sharpe **9.00** FILM RoboCop (1987/18) ★★★★ **11.10** All Elite Wrestling: Dynamite **1.30am** Minder **2.30-3.00am** Two and a Half Men

REALLY Freeview 44

6.00am Celebrity Fantasy Homes **7.00** Cruise TV with LoveitBookit **8.00** Escape to the Country **9.00** Salvage Hunters **12.00noon** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Long Lost Family: Born Without Trace **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** My Lottery Dream Home **10.00** NEW Help! I Wrecked My House **11.00** Help! My House Is Haunted **2.00am** Teleshopping **4.00-6.00am** Salvage Hunters

SKY ARTS Freeview 36

6.00am Cirque du Soleil: Varekai **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Dean Martin **12.00noon** Agatha Christie's Pale Horse **2.00** The Alfred Hitchcock Hour **3.00** The Eighties **4.00** Discovering: Peter Sellers **5.00** Portrait Artist of the Year 2022 **6.00** Tales of the Unexpected **7.00** Alfred Hitchcock Presents **8.00** Bob Dylan: The Other Side of the Mirror **9.35** I Was a Teenage Sex Pistol **11.20** Classic Albums **12.20am** The Jam: Live at Rockpalast **1.50** Pretenders Live and Loose in LA **3.45** Sky Arts Book Club **4.45-6.00am** Michael Caine: The Becoming of a Hollywood Star

Live EFL Cup
Sky Sports Main Event, 7pm
One of the stand-out fixtures in the first round of the competition sees Phil Parkinson (left) and his Wrexham side visit the Riverside Stadium to take on Kim Hellberg's Middlesbrough.

U&GOLD

7.10am Don't Wait Up **7.50** Going Straight **8.30** Only Fools and Horses **9.10** The Green Green Grass **9.50** Are You Being Served? **10.30** Last of the Summer Wine **11.45** Going Straight **12.25pm** Only Fools and Horses **1.05** Keeping Up Appearances **1.45** Dad's Army: The Lost Episodes **2.25** The Green Green Grass **3.05** Are You Being Served? **3.45** Going Straight **4.25** Dad's Army: The Lost Episodes **5.00** Last of the Summer Wine **6.20** Keeping Up Appearances **7.00** Dad's Army: The Lost Episodes **7.35** Porridge **8.20** Are You Being Served? **9.00** The Office **9.40** Fawlty Towers **10.20** Not Going Out **11.00** The Green Green Grass **11.40** The Office **12.20am** Fawlty Towers **1.00** Not Going Out **1.40** Am I Being Unreasonable? **2.30** Don't Wait Up **3.00** Am I Being Unreasonable? **3.30-4.00am** The Green Green Grass

U&YESTERDAY Freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Secret Nazi Bases **11.00** Great War Stories **12.00noon** Antiques Roadshow **2.00** Bangers & Cash **4.00** Secret Nazi Bases **5.00** Great War Stories **6.00** Antiques Roadshow **7.00** The Green Planet **8.00** Canal Boat Diaries **10.00** Bangers & Cash **12.00m't** Bangers & Cash: Restoring Classics **1.00** Find It, Fix It, Flog It **2.00-3.00am** Abandoned Engineering

U&ALIBI

7.15am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00noon** Body of Proof **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body of Proof **7.00** Private Eyes **8.00** Death in Paradise. The team investigates the murder of a former children's home resident. **9.00** NCIS: Sydney **10.00** Father Brown **11.00** Private Eyes **12.00m't** Shakespeare & Hathaway: Private Investigators **1.00** Death in Paradise **2.00-4.00am** Murdoch Mysteries

SKY ONE

6.00am Mornings with Jones and Melbourne **8.00** Stargate SG-1 **9.00** NCIS: Los Angeles **10.00** Will & Grace **11.00** The Simpsons **12.00noon** Moon: Nature's Secret Force **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Animal Control **7.00** The Simpsons **8.00** An Idiot Abroad 2 **9.00** Micky Flanagan: If Ever We Needed It **10.15** Grimsburg **11.45** Animal Control **12.45am** Grimm **1.40** The Force: Manchester **2.30** Road Wars **3.00** Hawaii Five-0 **4.00-6.00am** S.W.A.T

SKY ATLANTIC

6.00am Richard E Grant's Hotel Secrets **8.00** Billions **10.20** Heated Rivalry **12.30pm** Homicide: Life on the Street **2.30** Billions **4.40** The Last of Us **7.00** The Penguin **9.00** Station Eleven **11.00** The Last of Us **12.00m't** True Detective: Night Country **1.30** Billions **5.00-6.00am** Urban Secrets

SKY WITNESS

6.00am Bondi Rescue **7.00** Border Patrol **8.00** Send in the Dogs **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Bull **12.00noon** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing to Declare **8.00** Caught on Dashcam **9.00** Chicago Fire **10.00** FBI: Most Wanted **11.00** The Rookie **12.00m't** FBI **2.00** FBI: International **3.00** The Force: Manchester **4.00** Road Wars **5.00-6.00am** Border Security: Canada's Front Line

SKY COMEDY

8.00am Will & Grace **9.00** Sort Of **10.00** Upright **11.20** Will & Grace **12.20pm** The Comeback **1.40** Upright **3.00** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The Office (US) **8.00** The Office Movers **9.00** Alex Edelman: Just for Us **10.45** Rob Beckett: Wallop **12.00m't** Chris Ramsey: Live from London **1.00** Community **2.00** The Comeback **2.40** Upright **4.00-5.00am** Sort Of

DISCOVERY

6.00am How It's Made **7.00** The Pool Master **9.00** Gold Rush **11.00** Building Off the Grid **1.00pm** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Supercar Showroom **8.00** Gold Rush: Mine Rescue with Freddy & Juan **9.00** Expedition X: Atomic Sharks **10.00** Expedition Unknown: Shark Secrets **11.00** The Alaska Triangle **12.00m't** Deadliest Catch **1.00** Expedition X: Atomic Sharks **2.00** Expedition Unknown: Shark Secrets **3.00** Gold Divers **4.00-5.00am** Moonshiners

NATIONAL GEOGRAPHIC

8.00am Air Crash Investigation **10.00** Rocky Mountain Railroad **11.00** Car S.O.S **12.00noon** Ultimate Airport Dubai **1.00** Air Crash Investigation **2.00** Erased: WWII Heroes of Colour **4.00** Lost Treasures of Egypt **5.00** WW2's Biggest Wrecks: Drain the Oceans **6.00** The Forever Walk: China **7.00** Air Crash Investigation **10.00** Mega Marine Machines **11.00** Air Crash Investigation **12.00m't** Amsterdam Central 24/7 **1.00** To Catch a Smuggler **2.00** Lords of War **2.30** Made in a Day **2.55** Abandoned **3.20-4.10am** Food Factory

Radio

BBC RADIO 1

97.6-99.8MHz 6.58am Newsbeat **7.00** Breakfast with Greg James **10.00** Anthems with Nat and Vicky **11.00** Group Chat with Nat and Vicky **12.45pm** Newsbeat **1.00** Sam and Danni **3.00** Dance Party Starters with Sam and Danni **4.00** The Official Chart with Jack Saunders **5.45** Newsbeat **6.00** Dance Party with Danny Howard **8.00** Future Dance with Sarah Story **10.00** Pete Tong **12.00m't** Radio 1's Essential Mix **2.00** Radio 1 Dance Presents **3.00** Danny Howard's Club Mix **4.00** Dance Party Starters **5.00-6.00am** Happy Anthems

BBC RADIO 2

88-91MHz 6.30am The Sara Cox Breakfast Show **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00** DJ Spoony **4.00** Joel Dommett **7.00** Michelle Visage **8.30** Michelle Visage's Handbag Hits **9.00** Sophie Ellis-Bextor's Kitchen Disco **11.00** Rock Show with Rick Astley **12.00m't** Romesh Ranganathan: For the Love of Hip-Hop **1.00** Tony Blackburn's Sounds of Soul **2.00** Pick of the Pops **4.00** Radio 2 Unwinds with Angela Griffin **5.00-6.00am** Tracks of My Years

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week: Mozart **5.00** In Tune. Violinist Callum Smart plays live with pianist Richard Uttley. **7.00** BBC Proms 2026 **10.00** Late Junction **11.30** 'Round Midnight **12.30-6.30am** Through the Night

CHOICE
Screenshot
Radio 4, 7.15pm
From the boozy camaraderie of *Withnail and I* to the awkward co-dependency of *Peep Show*, the buddy-cop banter of *Lethal Weapon* to the devastating bond in *The Banshees of Inisherin*, how have film and TV reflected changing ideas about male friendship? Ellen E Jones and Mark Kermode investigate.

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today **9.00** Desert Island Discs **10.00** Woman's Hour **11.00** The Food Programme **11.45** Tony Hawks Is Giving Nothing Away **12.00noon** News **12.04** AntiSocial **12.57** Weather **1.00** The World at One **1.45** The Bare Necessities **2.00** The Archers **2.15** Drama: Central Intelligence **2.45** Living on the Edge **3.00** Gardeners' Question Time **3.45** Short Works **4.00** Last Word **4.30** Sideways **5.00** PM **5.57** Weather **6.00** News **6.30** Current-ish **7.00** The Archers. Kenton is forced to acknowledge an issue close to home. **7.15** Screenshot **8.00** Any Questions? **8.55** This Week in History **9.00** Natalie Haynes Stands Up for the Classics **9.30** Breakin' the Cycle **10.00** The World Tonight **10.45** Book at Bedtime: The Vicar of Wakefield **11.00** Americast **11.30** The Ocean within Us **12.00m't** News **12.30** Tony Hawks Is Giving Nothing Away **12.48** Shipping Forecast **1.00** As BBC World Service **5.30** News Summary **5.34** Shipping Forecast **5.43** Prayer for the Day **5.45-6.00am** Living on the Edge

BBC RADIO 5 LIVE

693/909kHz 6.00am Breakfast **9.00** Nicky Campbell **11.00** Chiles on Friday **1.00pm** Elis James and John Robins **2.00** Matt Chorley **4.00** 5 Live Drive **7.00** 5 Live Sport **8.00** Football **10.00** Johnny I'Anson **1.00am** Edward Adoo **5.00-6.00am** 5 Live Boxing

BBC RADIO WALES

FM: 94.6MHz 6.00am News **6.05** Wake Up **6.31** All Things Considered **7.00** Breakfast **9.00** Lucy Owen **12.00noon** The Phone In **2.00** Sofia Rizzi **5.00** Drive **6.30** Arts Show **7.00** Angela Jay's 70s Playlist **8.00** Angela Jay's 80s Playlist **9.00** Angela Jay's 90s Playlist **10.00** Friday Night H **12.00m't** The Party Playlist **1.00-7.00am** As Radio 5 Live

CLASSIC FM

100-102MHz 6.30am Dan Walker **10.00** Aled Jones **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **6.00** Classic FM at the Movies with Jonathan Ross **8.00** Alexander Armstrong **10.00** Calm Classics **2.00-6.30am** Katie Breathwick

ABSOLUTE RADIO

DAB 6.00am Dave Berry **10.00** Leona Graham **1.00pm** Sarah Champion **4.00** Bush and Richie **7.00** Absolute 80s with Claire Sturgess. Hits from the decade. **10.00** Sophie K **4.00-8.00am** Ben Coley

Movies

FILM4

11.00am Oliver! (1968/U) Musical, starring Ron Moody and Mark Lester. ★★★★★
1.55pm Sherlock Holmes and the Secret Weapon (1942/PG) Mystery thriller, starring Basil Rathbone and Nigel Bruce. ★★★
3.15 Buchanan Rides Alone (1958/U) Western, starring Randolph Scott. ★★★
4.50 The True Story of Jesse James (1957/PG) Biopic, starring Robert Wagner. ★★
6.40 Ad Astra (2019/12) Sci-fi drama, starring Brad Pitt and Tommy Lee Jones. ★★★★
9.00 The Martian (2015/12) Ridley Scott's sci-fi drama, starring Matt Damon. ★★★★★
11.50 Last Night in Soho (2021/18) Mystery horror, starring Thomasin McKenzie. ★★★★
2.05-4.00am Sick of Myself (2023/15) Drama, starring Kristine Kujath Thorp. ★★★

SKY CINEMA PREMIERE

6.00am Song Sung Blue (2025/12) See 3.40pm. ★★★★
8.20 Seven Snipers (2026/15) See 8.00pm. ★★★
9.55 Mortal Kombat II (2026/15) See 6.00pm. ★★★
11.55 Normal (2026/15) See 9.30pm. ★★★★
1.40pm Heretic (2024/15) See 11.10pm. ★★★★
3.40 Song Sung Blue (2025/12) Premiere. A husband-and-wife Neil Diamond tribute act experience success and heartbreak in their musical journey. Drama, starring Hugh Jackman and Kate Hudson. ★★★★
6.00 Mortal Kombat II (2026/15) Fantasy adventure, starring Karl Urban. ★★★
8.00 Seven Snipers (2026/15) Premiere. A retired sniper in hiding on an Australian ranch must reunite her elite kill squad when a vengeful warlord threatens her daughter. Thriller, starring Radha Mitchell, Charles Cottier and Tim Roth. ★★★
9.30 Normal (2026/15) Director Ben Wheatley's action comedy, starring Bob Odenkirk, Henry Winkler and Lena Headey. ★★★★
11.10 Heretic (2024/15) Horror, starring Hugh Grant and Sophie Thatcher. ★★★★
1.10am Love Me (2024/15) Drama, starring Steven Yeun and Kristen Stewart. ★★★★
2.50-5.15am Song Sung Blue (2025/12) See 3.40pm. ★★★★

SKY CINEMA DRAMA

4.00pm Dreamgirls (2006/12) Drama, with Jamie Foxx and Beyonce Knowles. ★★★★
6.15 Quartet (2012/12) Comedy, starring Maggie Smith and Billy Connolly. ★★★★
8.00 Regretting You (2025/12) Comedy drama, with Allison Williams. ★★★★
10.00 Anora (2024/18) Comedy drama, with Mikey Madison and Paul Weissman. ★★★★
12.30am The Brutalist (2025/18) Drama, with Adrien Brody and Felicity Jones. ★★★★
3.55-6.00am The Convert (2023/15) Lee Tamahori's action drama, with Guy Pearce and Tioreore Ngatai-Melbourne. ★★★★

SKY CINEMA FAMILY

4.00pm The BFG (2016/PG) Fantasy adventure, starring Mark Rylance. ★★★★
6.00 E.T.: The Extra-Terrestrial (1982/U) Sci-fi fantasy, starring Henry Thomas. ★★★★★
7.55 Hook (1991/U) Peter Pan adventure, with Robin Williams and Dustin Hoffman. ★★★
10.20 The Karate Kid (1984/12) Martial arts drama, starring Ralph Macchio. ★★★★
12.30am The Karate Kid Part II (1986/PG) Sequel, starring Ralph Macchio. ★★★★
2.25 The Karate Kid Part III (1989/PG) Sequel, starring Ralph Macchio and Pat Morita. ★★
4.20 The Cinema List: Family Favourites
4.50-7.10am The Karate Kid (2010/PG) Martial arts drama, with Jaden Smith. ★★★

TALKING PICTURES TV

4.30pm The Cheaters Crime drama.
5.00 A Family at War Wartime drama.
6.00 Rumpole of the Bailey Drama series.
7.00 Z Cars Vintage police drama.
8.00 Public Eye Alfred Burke stars.
9.10 Supernatural Starring Judy Cornwell.
10.15 Tales of Tomorrow With James Dean.
10.45pm Cellar Club with Caroline Munro
12.05am The Thirty-Nine Steps (1978/PG) Thriller, starring Robert Powell. ★★★
2.10 The Appointment (1981/15) Horror, with Edward Woodward and Jane Merrow. ★★★
4.00 The Vise Drama anthology from the 50s.
5.00-6.00am Railway Murders True crime.

GREAT! MYSTERY

4.00pm Diagnosis Murder Detective drama.
5.00 Murder, She Wrote Double bill.
7.00 Castle American crime drama.
8.00 Unforgettable Poppy Montgomery stars.
9.00 In Plain Sight Mary McCormack stars.
10.00 Hailey Dean Mysteries Whodunit, with Kellie Martin and Giacomo Baessato.
11.50pm Murder, She Baked: A Peach Cobbler Mystery (2016/PG) Starring Alison Sweeney and Cameron Mathison. ★★★
1.45am Mommy's Little Boy (2017/PG) Thriller, starring Bree Williamson. ★★
3.25-6.00am The Killer Downstairs (2019/PG) Mystery thriller, starring Cindy Busby. ★★★

PUZZLE FACTOR

DAILY STAR

***HELPLINE: 0333 202 3390 (9AM – 5.30PM)**
SERVICE PROVIDER: SPOKE

ALPHAPUZZLE ™

■	1	■	7	■	6	■	1	■	■	■	5	■
■	11	5	1	20	10	24	26	■	2	24	24	10
■	1	■	22	■	3	■	5	■	12	■	11	■
1	11	5	24	■	17	5	3	18	18	10	24	26
■	3	■	■	■	15	■	25	■	18	■	26	■
10	1	21	11	24	9	■	9	1	10	23	24	26
■	■	■	15	■	■	■	■	■	24	■	■	■
6	13	4	24	5	22	■	8	13	26	24	22	9
■	5	■	16	■	24	■	24	■	■	■	9	■
1	26	19	12	22	9	24	26	■	6	5	24	20
■	24	■	24	■	9	■	10	■	5	■	1	■
6	1	22	22	■	10	24	24	20	1	5	26	■
■	10	■	■	■	24	■	14	■	9	■	14	■

1	2	3	4	5	6	7	8	9	10	11	12	13
								T				

14	15	16	17	18	19	20	21	22	23	24	25	26

A B C D E F G H I J K L M N O P Q R S ~~T~~ U V W X Y Z

EACH grid number in Alphapuzzle® stands for a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. Solution tomorrow.
Difficulty: 10/10 **Target Time:** 30 minutes
Clue: Come to rest in a northern town.

EXTRA LETTER CLUES:
0905 817 2648*

Hear up to six Extra Letters. Deduct two minutes from today's Target Time for each clue letter heard.

Full Solution: 0907 181 2594*

**Calls cost 80p per minute plus your telephone company's network access charge.*

Alternatively, for 6 extra clues to your mobile, text DSALPHA to 64343.
Texts cost £1 plus your standard network rate.

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YESTERDAY'S SOLUTION

Across: Trusty, Vanish, Portico (clue), Tempo, Flew, Overt, Skive, Solo, Aloof, Awesome, Dangle, Jurist.

Down: Stupefy, Gaudy, Quarter, Bound, Strip, Skiffle, Convivial, Battery, Nexus, Gizmo, Moronic, Chaos, Honesty.

THE ULTRA ALPHAPUZZLE ™

WELCOME to the ULTRA Alphapuzzle™ – Friday's special 'extra-tough' version of Britain's favourite wordpower challenge. Each number in the grid represents a different letter of the alphabet. All 26 letters are used.
TARGET TIME: 30 minutes.
Solution next Friday.

6	12	9	24	■	1	9	7	20	24	12	22	■
9	■	7	■	11	■	24	■	14	■	10	■	3
18	9	6	2	22	■	3	6	16	18	6	5	24
14	■	11	■	9	■	14	■	25	■	11	■	6
7	14	22	4	7	7	25	■	■	15	22	24	8
14	■	■	■	1	■	24	■	2	■	24	■	■
11	25	15	8	1	17	■	21	14	24	16	12	10
■	■	16	■	17	■	3	■	9	■	■	■	6
3	14	11	17	■	■	9	6	16	12	7	14	9
15	■	15	■	19	■	7	■	6	■	4	■	8
24	13	1	4	6	15	16	■	12	10	15	24	2
9	■	15	■	9	■	26	■	24	■	23	■	14
■	6	18	7	1	22	24	18	■	18	24	6	4

1	2	3	4	5	6	7	8	9	10	11	12	13
P	F											

14	15	16	17	18	19	20	21	22	23	24	25	26

A B C D E ~~F~~ G H I J K L M N O ~~P~~ Q R S T U V W X Y Z

For up to six Extra Clue Letters, call:
0907 181 2619*
(Deduct three minutes from Target Time for each extra letter heard)

Full solution: **0907 181 2620***
Across only: **0907 181 2617***
Down only: **0907 181 2618***

***Calls cost 80p per minute plus your telephone company's network access charge.**

Alternatively, for 6 extra clues to your mobile, text:
DSALPHAX to 64343
Texts cost £1 plus your usual network rate.

LAST FRIDAY'S SOLUTION:

Across: Risk, Unknown, Juice, Tendril, Creator, Thud, System, Campus, Drab, Liqueur, Baptism, Evict, Context, Mesh.

Down: Rejects, Debt, Seize, Shampoo, Feather, Mist, Nature, Climax, None, Banquet, Worship, Exile, Glad, Scratch.

Alphapuzzle® © 2026 Acorn Editorial Ltd. All words from Chambers Dictionary

SUDOKU

			6	7	3			
		5	1		8	7		
	3						1	
6	5			1			9	8
4			2		9			5
7	9			5			4	2
	2						6	
		9	8		1	4		
			4	3	2			

FILL the grid so that every column, row and 3 x 3 square includes all the digits from 1 to 9.

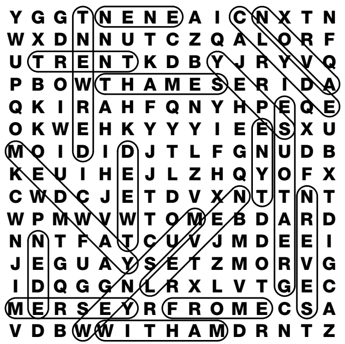
LEVEL: Moderate, 22 Mins

YESTERDAY'S SOLUTION

2	8	3	6	7	5	1	9	4
7	4	6	1	2	9	5	3	8
5	1	9	4	8	3	2	7	6
4	7	1	3	5	6	9	8	2
3	5	8	2	9	1	6	4	7
6	9	2	8	4	7	3	1	5
8	2	5	9	3	4	7	6	1
9	6	7	5	1	8	4	2	3
1	3	4	7	6	2	8	5	9

Extra clues: 0901 322 5606 *Calls cost 75p plus your telephone company's network access charge.
Today's Solution: 0907 181 2616 *Calls cost 80p per minute plus your telephone company's network access charge.

YESTERDAY'S SOLUTION



Y G G T N E N E A I C N X T N
W X D N N U T C Z Q A L O R F
U T R E N T K D B Y J R Y V Q
P B O W T H A M E S E R I D A
Q K I R A H F Q N Y H P E Q E
O K W E H K Y Y Y I E E S X U
M O I D I D J T L F G N U D B
K E U I H E J L Z H Q Y O F X
C W D C J E T D V X N T T N T
W P M W V W T O M E B D A R D
N N T F A T C U V J M D E E I
J E G U A Y S E T Z M O R V G
I D Q G G N L R X L V T G E C
M E R S E Y R F R O M E C S A
V D B W W I T H A M D R N T Z

MISSING WORDS:
Forth, Ribble

Answers in tomorrow's DAILY STAR

TWO-WAY TEASER

CALL 0907 181 2623 FOR TODAY'S SOLUTION
*Calls cost 80p per minute plus your telephone company's network access charge.

TWO sets of clues but the answers are the same...

CRYPTIC CLUES
ACROSS

7 Sorry to demolish pine shelter (8)
8 Temperature in the atmosphere (4)
9 Pear is sent from the old country (6)
10 Rebuke for breaking beater (6)
11 Insult indistinctly (4)
12 Putting on a plaster (8)
14 Disapproved of new red pole, on the day (8)
18 Encourage around circuit (4)
20 Maroon beach (6)
22 Tetchy friend of Snow White (6)
23 It grows in the street (4)
24 Impudence to criticise dish (8)

DOWN

1 Show about meat (6)
2 Change in terms left for musician (8)
3 Paired off and compensated (6)
4 Sturdy construction (6)
5 Burn the tea (4)
6 Vehicle not up to container (6)
13 Hidden clues about three keys (8)
15 Complete space with flag (6)
16 Artist gets daughter his new salad ingredient (6)
17 Canoe gets excavated (6)
19 Look to a very quiet listener (6)
21 Sage cultivated for a long time (4)

QUICK CLUES
ACROSS

7 Remorseful (8)
8 Warmth (4)
9 Iran, formerly (6)
10 Scold (6)
11 Defamation (4)
12 Bandage (8)
14 Condemned (8)
18 Applaud (4)
20 Abandon (6)
22 Bad-tempered (6)
23 Large shrub (4)
24 Cooking vessel (8)

DOWN

1 Disclose (6)
2 Itinerant performer (8)
3 Remunerated (6)
4 Outbuilding (6)
5 Cleaning lady (4)
6 Box (6)
13 Isolated (8)
15 Whole (6)
16 Edible root (6)
17 Manager's bench (6)
19 Seem (6)
21 Eras (4)

……

YESTERDAY'S SOLUTION:
ACROSS: 1 Lights up, 5 Tots, 8 Same, 9 Porridge, 10 Mustard, 12 Start, 13 Nature, 15 Gallop, 17 Serve, 18 Alerted, 22 Freshman, 23 Well, 24 Rook, 25 Diehards.
DOWN: 1 Last man, 2 Games, 3 Super, 4 Part, 6 Oddball, 7 Sweat, 11 Agree, 12 Stale, 14 Torpedo, 16 Paddles, 17 Safer, 19 Lance, 20 Their, 21 Amid.

■	1	■	2	■	3	■	4	■	5	■	6	■
7								■	8			
■		■		■		■		■		■		■
9						■	10					
■		■		■		■		■	■	■		■
11				■	12				13			
■	■	■		■	■	■	■	■		■	■	■
14	15				16		17	■	18		19	
■		■	■	■		■		■		■		■
20			21			■	22					
■		■		■		■		■		■		■
23				■	24							
■		■		■		■		■		■		■

Any queries: puzzles@reachplc.com

ANSWERS IN TOMORROW'S PAPER

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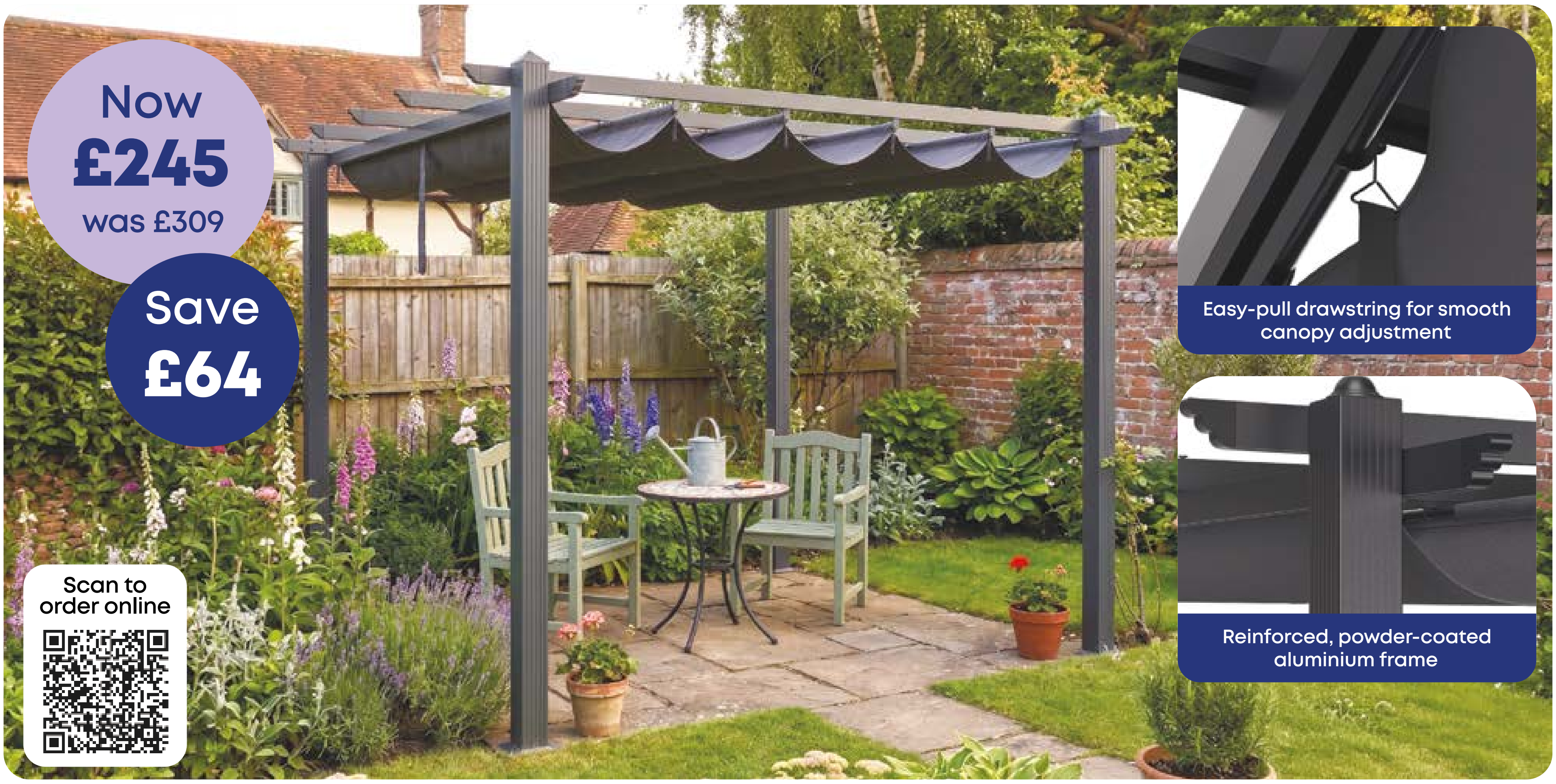
SUMMER.
GARDEN

Reader Offer
in partnership with **Yimbly.com**

SHADE FROM THE SUN



Easy-pull drawstring for smooth canopy adjustment

Reinforced, powder-coated aluminium frame

Long, sunny afternoons are even more enjoyable when you have a comfortable place to gather with family or simply relax outdoors. This aluminium pergola creates a welcoming garden space that adapts throughout the day, making it ideal for outdoor dining, reading or enjoying time with friends.

> “We are delighted with our pergola; it’s exactly what we wanted. Easy to assemble following clear instructions.”
>
> ★★★★★
> **Keith**

ADJUSTABLE SHADE THROUGHOUT THE DAY

The retractable canopy gives you the flexibility to control how much sunlight reaches the space beneath. Using the simple drawstring system, the canopy can be adjusted to create cooling shade during the warmest part of the day or opened to let more sunshine through later in the afternoon. This allows the pergola to adapt as the weather and light change, helping you stay comfortable for longer.

DESIGNED TO LAST

Made from rust-resistant, powder-coated aluminium, the frame offers a strong yet lightweight structure designed for regular outdoor use. Its reinforced design provides added stability, while the clean lines and light grey canopy create a modern appearance that complements a wide variety of patios and garden settings.

SHELTER WHEN YOU NEED IT

The canopy is UV resistant and water resistant, helping provide welcome protection from bright sunshine and light summer showers. With its combination of adjustable shade, durable materials and understated styling, this pergola creates a practical space for relaxing, dining and making the most of time in the garden throughout the warmer months.

- ✓ Ideal for patios, gardens, terraces, outdoor dining and relaxing
- ✓ Canopy made with UV resistant, water resistant polyester
- ✓ Self-assembly required: 2 people recommended
- ✓ Dimensions: H228 x W300 x D300 cm

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JUST JANE

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For Jane answering even more of your problems visit www.dailystar.co.uk/just-jane

I'm not allowed to fret

I'VE got a loyal partner, nice house and a decent salary. Sadly, my friends are jealous.

I'm constantly told that I'm lucky and it frustrates me that I'm never allowed to complain. My partner has an important job yet if I dare to mention that he's stressed, I'm accused of having "first world problems".

My sister struggles with a blood-sucking boyfriend, low funds and difficult children.

***JANE SAYS:** A lot of people around you resent your good fortune. Your sister is bitter while your friends are short.*

Maybe your problems aren't world shattering, but you're allowed to be frustrated too.

Perhaps you need to ask yourself what it is that you're getting out of these mates – and start surrounding yourself with more uplifting pals who actually enrich your life.

If you DID find yourself in real trouble would any of these friends actually be there for you, or will they always be too busy with their own troubles?

As for your sister; support her if you want, but her choices – especially her boyfriend – aren't your problem.

She'd rather have a phone than me

SHE LOST INTEREST IN SEX..

MY partner used to be a good laugh.

In the early days of our relationship, she was daring and naughty and up for all sorts of kinky fun.

Once we snuck into the local open air swimming pool at night. We stripped naked and jumped in the deep end.

We groped and fumbled until the night watchman roared at us to get out. She invited him to join us in a threesome, and I swear he briefly considered it…

But these days all she wants to do is go up to bed early and play with her phone. Any time I suggest a kiss and cuddle she tells me she's too tired.

On the rare occasions when we do make love, it's all over and done within minutes.

We've only been living together for a year, but we've already settled into a sexual routine that is so predictable that I could perform it in my sleep.

And I can tell that she fakes her orgasm to get me off her because she can't wait to get in the shower.

She's just not prepared to try anything dirty or new.

When we first started dating, all sorts of sexual positions and oral sex were on the menu.

Picture posed by models

FRUSTRATING: She would rather have an early night with her phone than be with him

We used to spend hours in bed simply pleasuring each other and having a scream. She claims that she's "done with all that" now that we're a couple and we're established. But I'm still young and feel as though I'm just getting started.

How do I make her understand that she's in danger of pushing me away?

***JANE SAYS:** Sadly, your girl hasn't grasped the fact that relationships are works in progress.*

Anyone in a long-term union will tell you that it takes compromise, love and lots of hard work in order to keep things strong. She has to hear how unhappy and frustrated you are. Make it clear that you're not satisfied with the way things are going – both in bed and out of it.

You don't feel that she's making any kind of an effort for you and you're bored.

Your girlfriend's biggest crime is settling into a comfort zone.

Talk to her away from the bedroom today. Explain that this is not the life for you.

Tell her that you'd like to start afresh; go back to basics and give this relationship a well-needed shot in the arm. Organise unbreakable dates; early nights and surprises.

How is she feeling? Is she struggling with confidence issues, her body or her libido? Does she need to consult her GP? Is there anything she needs to tell you?

This is all about making an effort for each other. Obviously, you're not threatening your girl in any way.

But knowing that you have unattended needs will, hopefully, wake her up to the fact that something has to change if you're to contemplate a future together.

Hellish holiday ahead

MY parents have rented a huge house for a family holiday next month. I'm dreading it and want to back out.

The problem is that I've been single for five years and everyone in my family, from my granny down to my youngest cousin, feels they're entitled to quiz me on my love life.

The questions and "advice" will be endless.

I hate myself at the moment. My job is boring and I've got no decent clothes or confidence.

My mum simply tells me to "cheer up" because not everything is about me.

But how am I expected to survive this holiday from hell?

***JANE SAYS:** You cannot allow anyone to bully or intimidate you. It sounds to me as if you're in a very dark place right now.*

If work is bad, then how about looking for something completely new?

If you're unhappy or unwell, then speak to your GP.

Eating healthily, cutting down on booze and exercising will make you feel better too. Remember that you're an adult and don't have to attend anything.

They need to understand that they cross a line every time they pry.

JANE'S FAB ADVICE LINES

DAILY STAR

*Calls cost 80p per minute plus your telephone company's network access charge and last approx. 4 minutes
SP: Spoke, 0333 202 3390

09057893400 Super sex	Do you have a personal or emotional issue? Need to spice up your relationship or sex life? Call these phonelines for Jane O'Gorman's expert advice on the matters that affect you!	**09057893406** Stressed out?
09057893401 Brilliant orgasms		**09057893407** Stay together
09057893402 Is that kinky?	**09057893404** Turn your man on	**09057893408** Hate your body?
09057893403 Erection problems?	**09057893405** Turn your woman on	**09057893409** Jealousy hell

WRITE to Just Jane, Daily Star, One Canada Square, London E14 5AP or email jane.o'gorman@dailystar.co.uk
Please note that Jane cannot respond to individual letters and not all problems will be published.

Dad expects free childcare

MY dad doesn't like me working. He thinks I should stay at home to mind his children for free.

His wife (my stepmother and the mother of the kids) is a high-flyer who resents having to hand over proper wages to a nanny. I admit that my supermarket job doesn't pay much, but at least I have my freedom. How do I tell them "no".

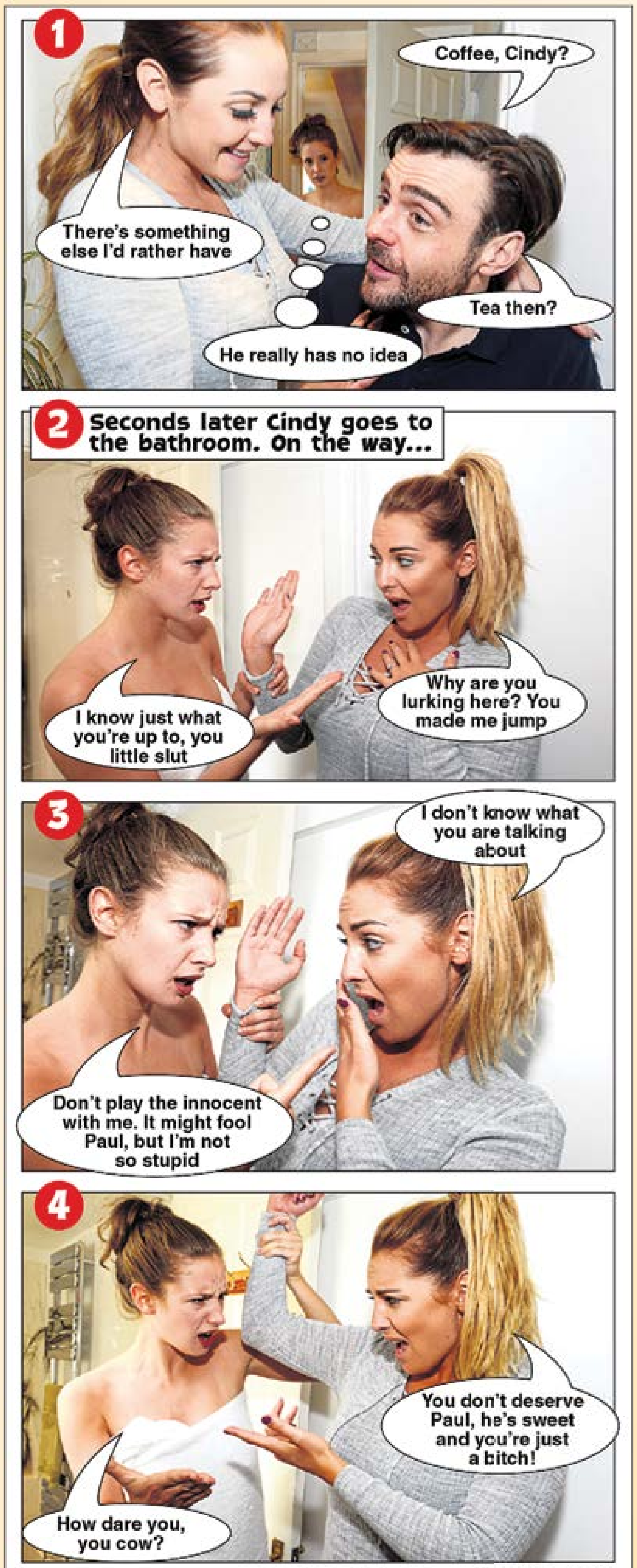
***JANE SAYS:** You need to tell your dad that this idea stinks. It's not your job to look after anyone's children. Don't allow him to intimidate you or control your life.*

Talk to sympathetic other family members or friends for support if you feel you're being got at.

PHOTO CASEBOOK

SHE WANTS HIS BODY

DAY 5


1
Coffee, Cindy?
There's something else I'd rather have
Tea then?
He really has no idea
2 Seconds later Cindy goes to the bathroom. On the way...
I know just what you're up to, you little slut
Why are you lurking here? You made me jump
3
I don't know what you are talking about
Don't play the innocent with me. It might fool Paul, but I'm not so stupid
4
You don't deserve Paul, he's sweet and you're just a bitch!
How dare you, you cow?

CONCLUDES TOMORROW

RUSSELL GRANT

DON'T MISS RUSSELL EVERY DAY IN THE DAILY STAR

ARIES
March 21 to April 20

YOU'RE full of ideas and ready to share them, which puts you in a strong position. Conversations with friends could spark something exciting. You're emotionally grounded, making it easier to say what you mean without causing chaos.

Call one of my dedicated astrologers on **0905 789 3801****

TAURUS
April 21 to May 21

A QUIET but powerful realisation is forming, especially around home, money, or long-term priorities. Something clicks, and it helps you see what needs adjusting. Don't ignore it. A conversation with someone close could deepen your understanding even further.

Call one of my dedicated astrologers on **0905 789 3802****

GEMINI
May 22 to June 21

YOU'RE in your element – curious, expressive, and connecting easily with others. Conversations feel meaningful, not just entertaining, and that's where the magic is. A spontaneous moment in romance or friendship could lift your mood. Don't overthink it.

Call one of my dedicated astrologers on **0905 789 3803****

CANCER
June 22 to July 23

YOUR inner world is calling for attention, and it's worth listening to. Reflection brings clarity, especially around your values and direction. Work and home life can align more smoothly if you trust your instincts instead of second-guessing them.

Call one of my dedicated astrologers on **0905 789 3804****

LEO
July 24 to August 23

YOU'RE thriving in connection with others today. Friendships feel energising, and shared ideas can lead to exciting possibilities. This is a great time to talk about plans, dreams, and future goals. What you build with others now has potential.

Call one of my dedicated astrologers on **0905 789 3805****

VIRGO
August 24 to September 23

CLARITY arrives in your work or daily routine, helping you see what's working – and what isn't. Use it. A new idea could improve things quickly if you act on it. Emotionally, you're more in tune than usual, making it easier to express what you need. Don't hold back.

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LIBRA
September 24 to October 23

INSPIRATION is flowing, and it's pushing you to explore something new. Whether it's a conversation, or a change in perspective, follow it. Friends or colleagues may play a key role in opening doors. A deeper discussion about relationships could also bring clarity.

Call one of my dedicated astrologers on **0905 789 3807****

SCORPIO
October 24 to November 22

YOU'RE seeing your path more clearly, especially in your long-term plans. Use this focus to take a step forward. At the same time, emotional connections deepen, particularly through honest conversations. There's strength in being direct.

Call one of my dedicated astrologers on **0905 789 3808****

SAGITTARIUS
November 23 to December 21

YOUR relationships feel more alive, with conversations bringing insight. This is a great time to be honest about your thoughts and feelings. A new idea or perspective could also shift how you approach a situation. Stay curious.

Call one of my dedicated astrologers on **0905 789 3809****

CAPRICORN
December 22 to January 20

YOU'RE being pushed to look a little deeper – at your priorities, and your emotional world. It's not uncomfortable, just necessary. A conversation could reveal something important, especially around shared goals. You're building something meaningful.

Call one of my dedicated astrologers on **0905 789 3810****

AQUARIUS
January 21 to February 19

RELATIONSHIPS feel lighter but more meaningful at the same time. There's a natural flow in communication that helps you connect more deeply with others. Creative ideas also come easily, so don't ignore them. Collaboration brings the best results now.

Call one of my dedicated astrologers on **0905 789 3811****

PISCES
February 20 to March 20

THERE'S a strong emotional awareness guiding you today, especially in your daily life and routines. You're starting to see what supports you – and what drains you. Act on that insight. A conversation could bring comfort or clarity.

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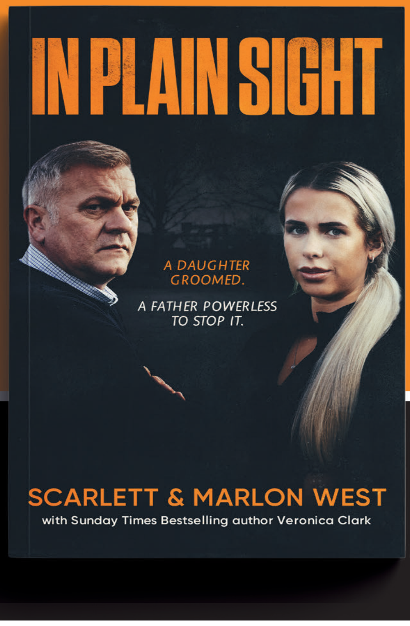
IN PLAIN SIGHT
A DAUGHTER GROOMED.
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AMAZON

ON SALE FROM ALL GOOD BOOKSHOPS AND AMAZON

9 PAGES OF FANTASTIC STAR SPORT START WITH CRICKET

STAR SHORTS

Hants ace is all out

CRICKET

ENGLAND and Hampshire fast bowler John Turner has retired from all forms of cricket aged 25.

South Africa-born Turner (inset) played two T20s and two ODIs during England's tour of the West Indies in October and November 2024, but has been out for over a year with a stress fracture in his back.

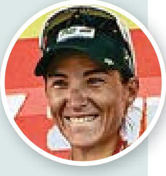
Turner took 97 wickets in 53 matches for Hampshire in all formats since his debut in 2021.

Kim is on Le attack

CYCLING

MAURITIAN rider Kim Le Court-Pienaar won the sixth stage of the women's Tour de France in a sprint to the line yesterday, while Marlen Reusser kept the race leader's yellow jersey.

Le Court-Pienaar (inset) attacked from 300 metres out and held off Cedrine Kerbaol and Puck Pieterse.



Reusser maintained her overall lead of 12 seconds from Demi Vollering, with Poland's Katarzyna Niewiadoma-Phinney, 1 minute and 17 seconds behind in third.

DAN THE MAN

Lawrence backed to bat away fears of the post-Stokes era

CALL TO ARMS Dan Lawrence gets the nod to feature in first Test

BY **DAVID CHARLESWORTH**

DAN LAWRENCE is earmarked to play in England's first Test of the post-Ben Stokes era with Jordan Cox batting at No.3 because Jacob Bethell is out of the whole Pakistan series.

Former vice-captain Ollie Pope returns as batting and wicketkeeping cover, while seamers Brydon Carse and Sam Cook have also been recalled in a 16-strong squad for the first two Tests at Headingley and Lord's this month.

National selector Marcus North revealed Sam Curran was under strong consideration to succeed the recently-retired Stokes but an ongoing niggle means England have decided to reinforce their batting.

The last of Lawrence's 14 Test appearances was in September 2024 as a makeshift opener, but he will be carded at six after impressing for Surrey this year with five County Championship hundreds.

While premier spinner Shoaib Bashir has been retained, Lawrence's part-time off-breaks mean new captain Joe Root is likely to field four frontline pacemen in the series opener at Leeds, starting on August 19.

"It would be very easy to get hung up on the fact we've lost Ben," said North. "But it's not just picking an all-rounder for an all-rounder's sake.

"If we are going to pick a like-for-like player, they need to be at the level and skillset to be successful at Test level.

"Sam is certainly someone we identify as that player. We don't feel physically he's quite right there. He's someone that we really value highly and we see playing a role in the future for us as an all-rounder.

"We've gone with Lawrence as we feel he gives us our strongest batting line-up. We feel he's an advanced, better player than he was when he last played for England."

Bethell injured his right knee during England's one-day international series win over India, ruling him out of The Hundred, and no timescale was provided for his comeback.

That has opened the door for Cox, who made his long-awaited debut at No.7 during England's 2-1 series loss to New Zealand in June, but he bats at four for Essex and has experience of opening with former county Kent.

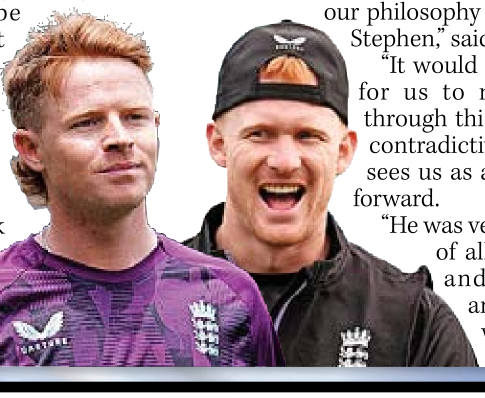
"We wouldn't be putting this guy at three if we didn't feel he was capable of fulfilling that role," said North.

New head coach Stephen Fleming has had some input into the squad even though he does not take charge until this winter, with Marcus Trescothick overseeing the Pakistan series on an interim basis.

"We've got to make sure our selection and our philosophy is aligned with Stephen," said North.

"It would make no sense for us to move forward through this series and be contradictive to where he sees us as a team moving forward.

"He was very much a part of all the meetings and discussions and contributed where need be."



CALLED UP Ollie Pope and Jordan Cox

SPORTWORD

1		2		3	■	4		5		6
	■		■	7			■		■	
8					■	9				
	■		■		■		■	■	■	
10				■	11			12		
■	■		■	13	■		■		■	■
14						■	15			16
	■	■	■		■	17	■		■	
18		19			■	20				
	■		■	21			■		■	
22					■	23				

ACROSS

1 Louison ___, French cyclist; 1953-1955 Tour de France winner (5)
4 & 11 Across 1971-1973 England and 1962-1977 Arsenal defender (5,6)
7 Fabio ___, Italian cyclist; 2015 Vuelta a España winner (3)
8 & 21 Across 2015-2022 Liverpool and 2024-2026 Maribor winger (5,3)
9 Adam ___, 2012-2013 Egypt and 2003-2014 Brighton defender (2-3)
10 & 14 Across Portugal and PSG defender (4,6)
11 See 4
15 Oleksandr ___, 2012 Olympics Heavyweight boxing gold medallist (4)
18 Front ___, fastest of the primary swimming strokes (5)
20 & 22 Across 1994–2004 Switzerland defender; their coach since 2021 (5,5)
21 See 8
23 Jon ___, 2005-2008 Hull KR and 2009-2010 Featherstone Rovers wing (5)

DOWN

1 & 12 Down Test cricket ground in Wellington (5,7)
2 Tim ___, England Test cricketer who took 5-48 against India in Nottingham in 2011 (7)
3 Lower order of cricket batters (4)
4 Mariano ___, 2005 French Open singles finalist (6)
5 David ___, 1992 Olympics Heavyweight boxing bronze medallist (3)
6 John ___, 2012 England and 2010-2017 Norwich City goalkeeper (5)
12 See 1
13 See 14
14 & 13 Down Oldham Athletic manager (5,6)
16 Ruth ___, 2003 Dublin and Madrid Marathon winner (5)
17 Luke ___, 2016-2020 Tottenham Hotspur and 2020-2023 QPR midfielder (4)
19 2025-2026 Super League Greece champions (init.) (1,1,1)

Call 0907 181 2622 for today's solution. Calls cost 80p per minute plus your telephone company's network access charge. SP: Spoke, 0333 202 3390. Turn to Page 42 for yesterday's answers.

5 FOR FUN

① In what year was Brendon McCullum appointed England Test cricket coach?

② Who scored a hat-trick for New Zealand against Italy in the 2026 Nations Championship in Wellington?

③ Which Brit won both races in Round 8 of the 2026 Supersport World Championship at Donington Park?

④ Who scored twice for England in the 2026 Fifa World Cup win over Norway?

⑤ With which NBA team did point guard Kyle Lowry spend most of his career?

ANSWERS: Page 42

WINTER OLYMPICS

EVE'S CURLY WHIRLY

EVE MUIRHEAD has announced she is to return to competition four years after retiring following the Beijing Winter Olympics.

The Team GB curler – a four-time Olympian and gold medallist in Beijing – is set to return to action in mixed doubles alongside Bobby Lammie.

The pair won the mixed doubles world championship in 2022 and will reunite in pursuit of Olympic qualification for Alpes 2030.

Muirhead (inset) said: "The time away gave me the space I needed.

"It allowed me to explore new opportunities, take on different physical challenges and rediscover the enjoyment of training and competing without the pressure I had placed on myself for so many years."

WAKEY BREAKY HEARTS

Arthur warns Trinity are big danger to Leeds' title hopes

WAKEFIELD v LEEDS
Super League: 8pm, Sky Sports

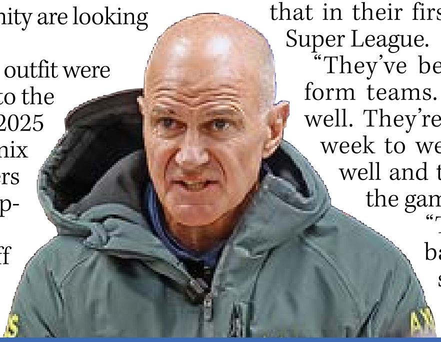
BY **DANIEL TOMLINSON**

SUPER LEAGUE's status quo was broken by Hull KR last year, who became just the fifth different team to win the competition since its inception back in 1996.

Now Wakefield Trinity are looking to follow suit.

The West Yorkshire outfit were only promoted back to the top flight ahead of 2025 but are right in the mix and host league leaders Leeds tonight in a top-of-the-table clash.

A potential play-off rehearsal, Wakefield's surge to become one of the league's genuine powers is no surprise, at least to Rhinos boss Brad Arthur, who is anticipating a tight and tense clash against the fellow high flyers.



"I thought they had a really good season last year and they showed a lot of potential," said Arthur (below).

"Obviously, they were disappointed in how they played in their play-off match last year, but they learned a lot from that in their first year back in Super League.

"They've been one of the form teams. They're going well. They're backing it up week to week. They start well and they also finish the game strong.

"They move the ball around and score plenty of points and show plenty of grit and toughness. They are playing really well at home and they're well coached. They know exactly what each other's role is and how they contribute to each other.

"We're similar. We showed it on the weekend. We had every one of our 17 players really own their job.

"It's a really good contest that we're looking forward to and another good challenge and test for us."

Leading the competition, Leeds have put themselves in prime position for the League Leaders' Shield this year and a home semi-final, but Arthur is taking nothing for granted.

"There are a lot of things still to happen," he said. "We still have six rounds to go and you can see how tight it is at the top of the competition.

"We'll be disappointed if we don't give ourselves every opportunity to be in the top two. We've worked hard to get here, but we're under no illusion it's going to be even harder to stay here.

"Nothing's going to be easy but we don't want anything easy. We're going to continue to work hard and try and give ourselves every opportunity to make sure we are in the top two.

"Every week is important for us, like every time you win a game, the next week becomes even more important to make sure you keep that momentum.

"It's then even harder to stay there, but we know we need to keep working hard."

SUPER LEAGUE

	P	W	D	L	F	A	Pts
Leeds	21	17	0	4	744	304	34
Wakefield	21	16	0	5	587	352	32
Wigan	21	16	0	5	607	383	32
Warrington	20	14	0	6	526	346	28
Hull KR	20	13	0	7	588	339	26
Leigh	21	13	0	8	466	398	26
*St Helens	21	12	0	9	484	460	24
Catalans	21	9	0	12	419	621	18
Toulouse	21	7	0	14	432	544	14
York	21	7	0	14	430	613	14
Castleford	21	7	0	14	390	658	14
Bradford	21	6	0	15	382	629	12
*Hull	21	5	0	16	353	463	10
Huddersfield	21	4	0	17	333	631	8

*Not including last night's result

TROPHY HUNTERS Josh Rourke celebrates a try for Trinity

Peters refuses to let up as Tigers lick their wounds

WILL TO WIN KR boss Peters is eyeing title push

BY **WILLIAM JACKSON**

HULL KR boss Willie Peters knows just how important a win over Castleford Tigers could be as the business end of the season approaches.

The Robins travel to West Yorkshire this evening and they are big favourites to get the job done in the wake of Castleford's turmoil, with head coach Ryan Carr being stood down.

They won't take the Tigers lightly but with seven games left to play, including a game in hand against Warrington Wolves, a win would further strengthen their chances of being able to retain the Super League title.

"We're in a position where we control our own destiny to get into the finals," said Peters.

"I know it's a cliche, you take it week by week. You tick each game off and make sure you get the two points, it's important to get those wins."

York Knights are looking ahead and preparing for another year of Super League despite their uncertain standing. The Knights were promoted to the top flight ahead of the 2026 campaign and they have claimed a number of high-profile scalps this season, with Mark Applegarth's side approaching this evening's clash with Leigh Leopards on the back of beating St Helens last time out.

However, they remain at risk of relegation due to their IMG ranking, which is expected to be one of the lowest in the competition alongside Toulouse Olympique.

"We're planning as though we're in Super League," Applegarth said.

"We'll keep quiet for the time being, but what have we got left, six games? I'm full steam ahead as if we're in Super League."

Brit GP on right track

THE British Grand Prix will stay on the MotoGP calendar until at least 2028.

Silverstone and MotoGP have extended their partnership to cover the next two seasons.

The British GP returned to the famous track in 2010 having previously been held at Donington Park.

Marco Bezzecchi (inset) won a thrilling race at the circuit last year.

This year's race will take place this weekend and Silverstone CEO Stuart Pringle said: "This renewed partnership secures our place as the undisputed home of elite international racing."

MotoGP Group CEO Carmelo Ezpeleta added: "Silverstone provides a fantastic stage for MotoGP.

"Eleven different winners in the last 11 GPs hosted at the circuit is a testament to the quality, competitiveness and unpredictability of racing at the circuit."

RESULTS & FIXTURES

Carabao Cup 1st Round

BRISTOL C (0)........0	**WALSALL (0)........1**
	Pressley 47

UEFA Europa League 3rd Q'fying Rnd 1st Leg

J BIALYSTOCK (2)...2	**RANGERS (1)........1**
Fernandez 14 (og) Szmyt 22	Montoia 5 (og)
Att: 19,931	
BENFICA (3) L	**HEARTS (0) ....L**
Rafa Silva 4 Araujo 24 Pavlidis 43 (pen) Prestianni 60	Renaud 73

Europa Conference Lge 3rd Q'fying Rnd 1st Leg

HJK (0) 1	**MOTHERWELL (0) 1**
Pukki 71 (pen)	Maswanhise 64
AJAX (2)..................3	**SHELBOURNE (0) . 1**
Godts 6 (pen) Wijndal 22 Dolberg 50	Kelly 84
BOHEMIANS (0) 0	**MIDTJYLLAND (1). 2**
	Franculino 28 Andreasen 77
HIBERNIAN (0).......L	**SHKENDIJA (0) ..... L**
Lowe 73	Gjorgjievski 76

RUGBY LEAGUE

Betfred Super League

ST HELENS L	**HULL ....L**

Women's Super League: St Helens L Wigan L.

TODAY'S DIARY

(7.45pm unless stated)

Carabao Cup 1st Round

Middlesbrough v Wrexham (8pm) ....
(Live on ITV 1)
Wolves v Port Vale....................................
Wycombe v Stevenage.............................

William Hill Scottish Championship

Partick v Livingston (7.30).......................
(Live on BBC Scotland)

Friendlies: Bayern Munich v Aston Villa (1pm), Fulham v Crystal Palace (6pm).

CRICKET

Metro Bank One-Day Cup

Group A: Lancashire v Gloucestershire (Old Trafford, 11am), Leicestershire v Warwickshire (Grace Road, 2pm), Nottinghamshire v Northamptonshire (Chesterfield, 11am), Somerset v Surrey (Taunton, 2pm).

Group B: Durham v Middlesex (Riverside, 1.30pm), Glamorgan v Essex (Sophia Gardens, 11am), Sussex v Worcestershire (Hove, 2pm), Yorkshire v Derbyshire (Scarborough, 11am).

RUGBY LEAGUE

Betfred Super League (8pm): Castleford v Hull K R, Leigh v York, Wakefield v Leeds.

SMILES BETTER Jake Minshull

Jake has no place like home

RISING star Jake Minshull is banking on home comforts at next week's European Athletics Championships in Birmingham.

The 21-year-old 400m hurdler is currently studying for a human sciences degree in the second city and hails from nearby Coventry.

He trains on the Alexander Stadium track three times a week, providing him with local knowledge when he takes on the best the continent has to offer.

Minshull said: "It feels like a home event, and it feels like I know the place pretty well. I know what the weather is going to be like there. I'm ready for it."

■ Novuna is the Official Finance Partner of British Athletics and proud sponsor of the GB & NI Athletics Team. Find out more at www.novuna.co.uk

London bid Ironed out

BY **RACHEL STEINBERG**

LONDON'S bid to host the 2029 World Athletics Championships has been given a huge boost after an agreement was reached with West Ham over use of the London Stadium.

There were concerns the bid, which has been backed by the UK government and London mayor Sadiq Khan, could be scuppered by the availability of the football stadium - even before the Irons were relegated to the Championship, which complicated matters.

West Ham maintain "the highest priority has always been the supporters" and that after "detailed negotiations" a deal was struck to ensure there would be "minimal impact" on their campaign.

ANSWERS

YESTERDAY'S SPORTWORD

Across: 1 Rose Bowl, 7 & 19 Across Johan Manzambi, 8 & 13 Down Roger Milla, 9 & 10 Across Ronnie Stam, 12 Bomb, 17 Relko, 18 Swiel.

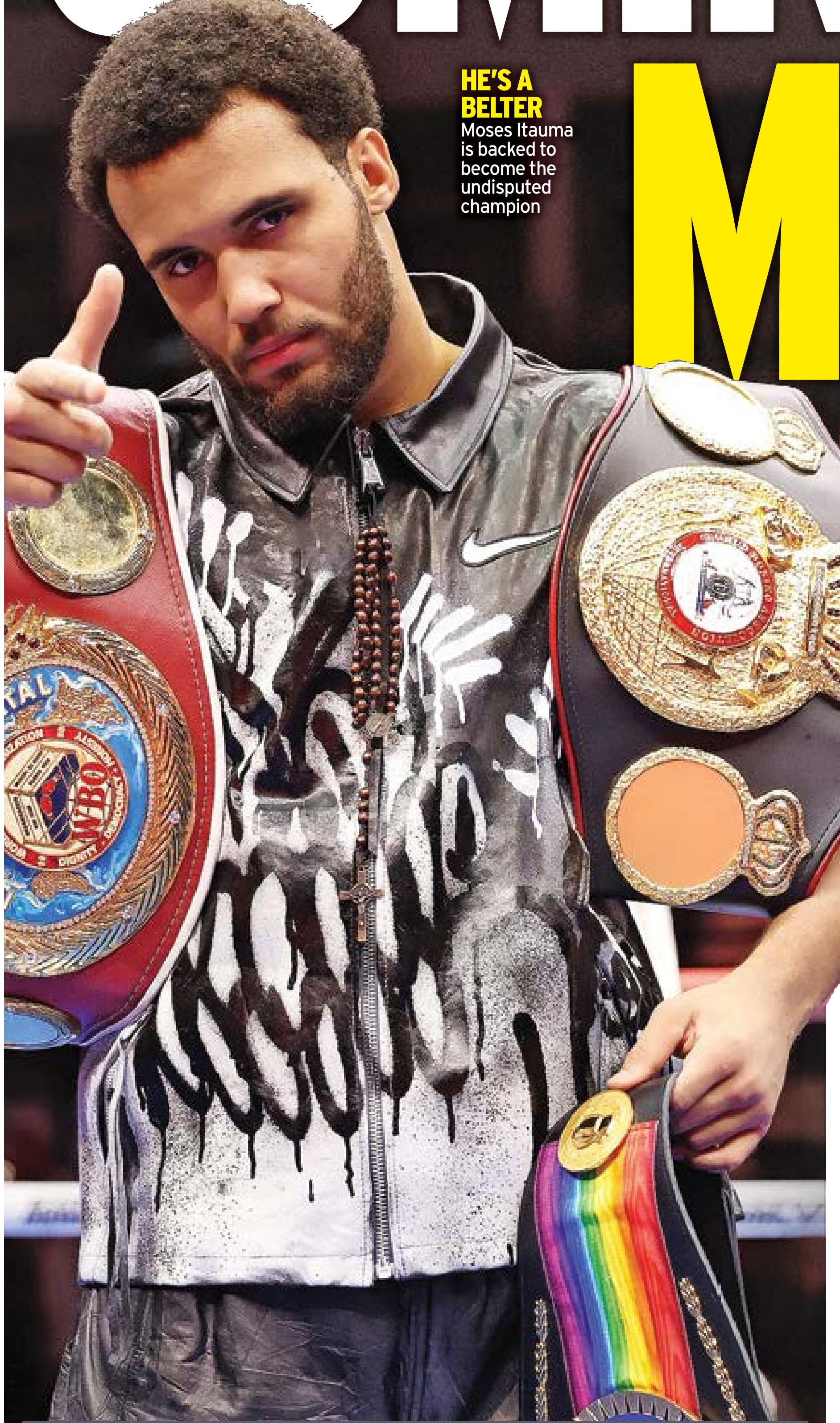
Down: 1 & 14 Across Rohan Kanhai, 2 Sin bin, 3 Berg, 4 Wight, 5 Bjorn Borg, 6 Brambilla, 11 Sansom, 15 Haiti, 16 Bosz.

FIVE FOR FUN

1 2022 2 Will Jordan 3 Tom Booth-Amos 4 Jude Bellingham 5 Toronto Raptors.

COMING UP MOSES

Itauma fancied to split the heavyweight division open



HE'S A BELTER Moses Itauma is backed to become the undisputed champion

BY **MARTIN DOMIN**

MOSES ITAUMA has been backed to succeed where Tyson Fury and Anthony Joshua failed and become undisputed world champion.

Itauma, 21, will attempt to become the second youngest heavyweight ruler in history when he takes on Filip Hrgovic later this month.

The Londoner will be just over a year older than Mike Tyson was when he knocked out Trevor Berbick in 1986.

The four belts are currently fragmented after Oleksandr Usyk gave up his three earlier this summer.

Itauma is already being lined up for a unification clash with fellow Brit Daniel Dubois at Wembley next year.

Joshua and Fury, meanwhile, will clash in November as their careers wind down towards retirement.

And promoter Frank Warren believes the new kids on the block can surpass their mentors.

"We've been investing in Moses since he was 16," he said. "It's not something that happens overnight but this has all been part of the plan.

"He is in a tough fight but I believe he can win it.

"The way he goes about his craft and the way he applies his trade is far in front of anybody I can think of at his age.

"You never know what's around the corner. I just hope that Moses stays as he is, which I believe he will do, because he's a sensible guy.

"He seems to be really switched on in that department and very, very mature for his age.

"I just hope he continues that way, and if he does, I believe he'll get to where he needs to be.

"The British heavyweight scene is alive. You've got the big fight coming up with the two senior heavyweights in Tyson and AJ and in the meantime, you've got these guys jockeying around.

"Moses against Daniel for the undisputed title would be the ideal outcome, unless Tyson carries on and gets involved.

"I think we will have an undisputed champion within the next 18 months to two years.

"We want to see who the best is out of this bunch of fighters, see who's going to hold the four belts and move on from there."

Itauma will face Hrgovic at The O2 in London on August 29 in just his 15th professional fight.

His Croatian rival has more knockouts to his name than Itauma has paid bouts.

But Warren (inset) added: "Everybody is saying Moses is the hottest young fighter in the world right now.

"I think this is a fight he will come through and show what a talent he is."

FACE OFF Moses Itauma and Filip Hrgovic meet ahead of their clash

AJ'S FIGHTING FOR UK

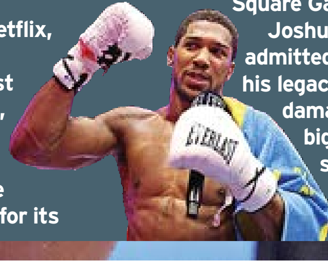
BY **MARTIN DOMIN**

ANTHONY JOSHUA will demand a king's ransom to move his fight with Tyson Fury (right) to New York.

The British heavyweights signed contracts earlier this year to meet in the UK this autumn.

But Netflix, who will broadcast the fight, want it staged at a time suitable for its American audience. That would mean the first bell ringing as late as 4am if the bout was at Wembley.

Instead, the Saudi fight organisers want to stage it on Friday, November 20, at Madison Square Garden.



Joshua (left) admitted last month his legacy would be damaged if his biggest fight was shipped abroad. And his promoter Eddie Hearn insists they are not ready to give in.

"I feel like me and AJ are the last two waving the Union Jack," he said.

"Anthony made me insert a clause that the fight must happen in the UK.

"We want to make it so financially unviable to change it that they have no choice but to do it in the UK. We wouldn't have signed the contract under its terms if the fight was going to be in America."

LOAN Spurs' Moore on way to a season in Bundesliga

Mikey is bound for Cologne

MIKEY MOORE has agreed to join Bundesliga club Cologne on a season-long loan, but Tottenham are yet to green light the move.

Highly-rated young attacker Moore flourished on loan at Rangers last term before being given the chance to impress Spurs boss Roberto De Zerbi throughout this pre-season.

While the 18-year-old has produced eye-catching moments this summer, a second loan away from Tottenham has been agreed as the best course of action. But Moore has not yet received permission to fly to Germany to complete the move.

Middlesbrough and a second spell at Rangers were options for Moore, but the chance to play in one of Europe's top five leagues was too good to turn down.

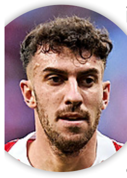
Borussia Dortmund had registered an interest in Moore before Spurs refused to include an option or obligation to make the move permanent in any loan deal.

Moore is expected to complete a straight loan switch to Cologne in the coming days and will link up with former England Under-17 team-mate Reigan Heskey in Germany.

Villans in Rugg hunt

BY **JOHN TOWNLEY**

ASTON VILLA are closing in on a £20.5m move to sign Atletico Madrid defender Matteo Ruggeri.



Personal terms have yet to be agreed with left-back Ruggeri (inset), who is set to replace Lucas Digne.

Veteran Digne looks ready to join Paris St-Germain for around £8m.

Former Italy Under-21 Ruggeri, 24, only joined Atletico from Atalanta last summer but has struggled to produce his best form.

Atletico have already signed Alex Grimaldo as his replacement and Villa now believe there is a chance to bring Ruggeri in.

MISHA'S A FITNESS FREAK

Magic Mudryk in 'Uncle Tosin's' good books after comeback from drugs ban

RETURN OF THE MYK

Mudryk arrives at his first game back (right) and (main pic) in action for Blues in Juve defeat

BY **BOBBY VINCENT** in **HONG KONG**

TOSIN ADARABIOYO has described his Chelsea team-mate Mykhailo Mudryk as a "freak" and claimed he is not surprised the Ukrainian has maintained his fitness levels over the last 20 months.

Mudryk made his first appearance for the Blues since November 2024 on Wednesday evening when he entered the pitch late in the 1-0 defeat to Juventus at the Kai Tak Stadium in Hong Kong.

The FA confirmed last week a resolution had been found regarding the Ukrainian's anti-doping disciplinary proceedings.

Mudryk, who has been linked with a loan move to Coventry, came on for Nicolas Jackson (top), to a rapturous reception from the 43,000-plus supporters inside the ground.

Considering Mudryk had only just returned to training with the Blues squad – after 20 months away from the team – the fact he could make even a cameo after just a few sessions was impressive.

But not surprising, according to Blues centre-back Tosin (inset).

"Misha is my guy," he said. "I have kept in contact with him throughout and it is really nice to have him back. I am really happy for him.

"You can see he is just really happy to be around and back in the environment. It is obviously going to take him some time but we are all here to support him."

Speaking about how Mudryk maintained his fitness levels during his lengthy time out of action, Tosin said: "Misha is a freak. His work rate is unbelievable.

"There is no doubt he has been working hard throughout this whole time. I know he has been doing sessions away, I have seen him. I know the guys he has been working with so it's good.

"I'm not at all [surprised by Mudryk's fitness]. I know Misha really well, his work rate is phenomenal, so I am not surprised."

Tosin, or 'Uncle Tosin' as he is known to his Chelsea team-mates, is no longer the most senior figure within the Blues squad.

Despite only being 28 years old, Tosin had been the oldest player, but striker Danny Welbeck, 35, and midfielder Jordan Henderson, 36, have joined Chelsea this summer.

"No, thank God," joked Tosin when reminded he is no longer the 'uncle'.

"We have Welbeck now. I have known him for a long time just growing up in Manchester."

Welbeck made his unofficial debut for Chelsea in Hong Kong, where the striker took part in the opening 45 minutes before being replaced.

"And Tosin is excited to see how the veteran striker does in West London.

"We have all seen that he scores goals," added Tosin. "He is a striker and he is here to help. The way that he can help is by scoring goals and I am sure he will do that."

'There is no doubt he has been working hard throughout this whole time. His work rate is unbelievable'

As for Henderson, the defender added: "Pure experience and, at the same time, they are winners. They will bring that winning mentality to the club and hopefully we will continue that way."

WE ARE NOT A SPENT FORCE

CASH IN HAND New Toon boss Jaissle still has funds for players

Jaissle expects new faces but says it's a 'collective' decision

FROM **LEE RYDER** in La Manga

NEWCASTLE boss Matthias Jaissle expects more new faces to arrive at St James' Park this summer – but indicated he will not have the final say on transfers.

Speaking at the Magpies' pre-season training camp in Spain, Jaissle revealed any conversations on recruitment will be taken in conjunction with sporting director Ross Wilson and CEO David Hopkinson.

Jaissle, who has replaced Eddie Howe in the Toon hot seat, also warned that, while the current crop of players will get a chance to win him over, some will be gone before the new season kicks off.

Asked if he will have the final say on transfers, Jaissle replied: "It is always about unity and having this conversation and being transparent in the way we think. Then it is a collective decision what we are going to do.

"That is important, that we show it as a club, that unity is one of the key values from the Newcastle code. And this is something that we want to live."

The Magpies have made five signings already this summer, with Bazoumana Toure, Aladji Bamba, Ewen Jaouen, Lukas Hornicek and Sean Steur through the door.

But the new boss insisted there will be more to follow. The German said: "We have the capacity to do something in the market. Our sporting director is aware of that. For sure, when the season starts, we should see new faces.

"This is now a transitional phase, but I am really excited to finally be – officially – here in the camp.

"I am already looking forward to being back home in Newcastle and to starting that journey."

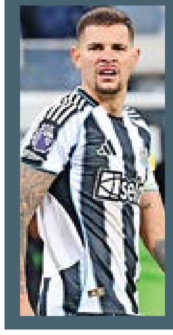
Toon are still reeling from losing Bruno Guimaraes, Sandro Tonali and Anthony Gordon, with the new manager explaining those departures will take some getting used to internally. The German head coach said: "That is a tough question after just one day of being the manager.

"It is a transition – we lost a couple of really important players and that has changed [things]. But we have a clear vision of where we want to go and be successful, everybody does, but it is about hard work now in pre-season and making progress."

When asked about the level of his ambition, Jaissle added: "I have always got big ambitions. That is, I think, the key element for every coach, otherwise I would not be here.

"But it's always easily said. The most important thing is just to do your best every day and get the best out of the players, try to improve and support them, give them also the courage to grow, and that's now the phase we're in with this pre-season."

BRUNO ALWAYS A GONER



FROM **LEE RYDER**

MATTHIAS JAISSLE has revealed that Bruno Guimaraes had already made up his mind on quitting Newcastle before he'd had a chance to speak to the departing skipper.

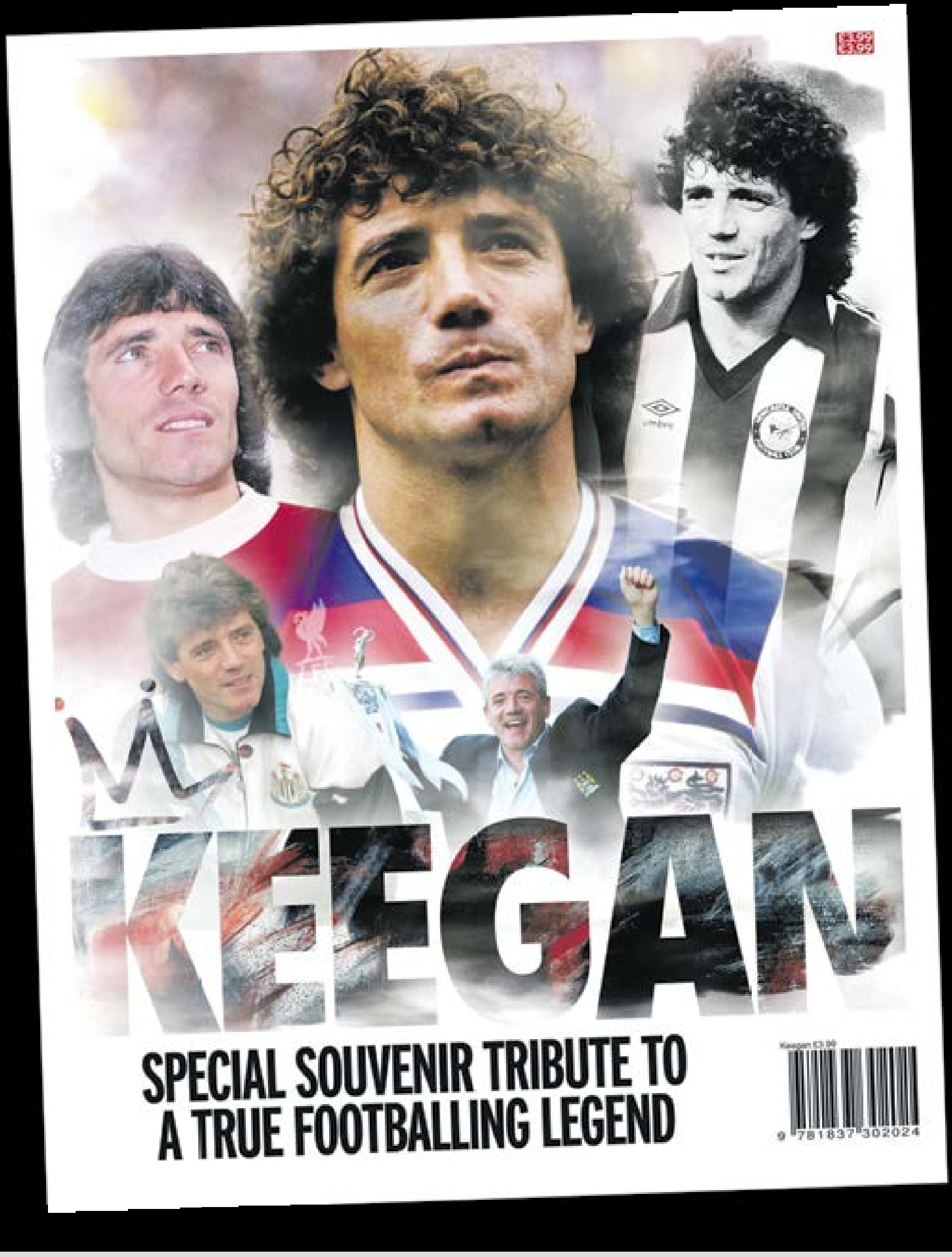
Guimaraes' sale for £75m to Arsenal has finally been agreed, with the Brazilian (left) in London yesterday putting the final touches on the deal.

Toon boss Jaissle said: "I met him quickly but the decision was already made.

"It's tough but also for him it's the next challenge.

"We have to deal with it at a later stage. We trust the players that are here already but we will also see some changes."

TRIBUTE TO A FOOTBALLING LEGEND



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CHANGING OF GUARD Calafiori and Guimaraes will now be team-mates

TOP DRAWER

Class buys like Bruno show Arteta boys can net title again

RICCARDO CALAFIORI insists signings of Bruno Guimaraes' quality are just what Arsenal need to stay at title-winning level.

The Brazilian is set to be announced as the second-most expensive signing in the club's history after completing a move from Newcastle for around £75m.

After a lengthy transfer saga, the two clubs finally reached an agreement.

Calafiori, asked how exciting it is to be linked to players such as the 28-year-old and whether it highlights the club's ambition for the new season, said: "Of course, I think it's the level that we want to reach, and we want to stay at this level, and that's the season we want."

The Italian defender added: "The Premier League, I think, has to be a new cycle, and we want to stay at that."

Calafiori has had to endure an emotional summer, being forced to sit back and watch his club team-mates head off to North America to compete at the World Cup.

Italy were beaten in qualifying by Viktor Gyokeres' Sweden, leaving the Arsenal full-back to explain that the entire process made it too painful to sit down and watch much of the tournament, while still being happy for his winning colleagues. "I haven't watched a lot," the Italian international admitted.

"I said from the beginning because obviously I have so much pain in my tummy to not qualify, and also I kind of hurt how big it was.

"Even if you don't want to watch the World Cup, it's that big that everywhere you go, you still see it on TV every match. At the end, I was happy for the three Spanish guys that we have in our team."

That pain, however, is clearly set to become a motivator for the 24-year-old.

Injuries have plagued Calafiori's career with Arsenal, but the recharge over an uninterrupted summer will be a benefit, as will turning the hurt of missing the World Cup into a push for the new season.

"Yeah, I think I can use it, and as well, I think I had a good window to rest.

"Of course, I have to give this energy that I have still in my body for my team," Calafiori said. "I think I can help the team a lot this season."

Despite being Premier League champions, it is evident that Calafiori has not forgotten the missed opportunities in the Champions League and Carabao Cup finals. Manager Mikel Arteta (inset) said his side were 'fuming' after the defeat to Real Betis in what was only a pre-season friendly.

'We reached two finals and lost them. It is easy to start again from there'

The pain of winning just the one trophy last season clearly remains branded into the Arsenal players.

"I think it's not that complicated," Calafiori said when asked about going to another level despite already being Premier League champions.

"Because obviously we reached two finals last season and we lost them. It's so easy to start again from there and to try to win it."

Vini groans as Gunners hunt for forward goes on

FROM BACK PAGE

winger, however the conviction of their interest prompted Real to act.

And Vinicius Jr last night agreed a new six-year contract to keep him in the Spanish capital until 2032.

Real – who yesterday also confirmed the £115m signing of fellow winger Yan Diomande from RB Leipzig – had initially stood firm on their stance of not improving their previous offer.

But that changed following talks this week with the club hierarchy and boss Jose Mourinho (left).

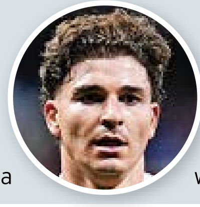
Vinicius joined Real from Flamengo in 2018 and his representatives had been in talks over a fresh deal for the past 18 months.

He returned to the club at the start of the week following his World Cup campaign with Brazil before putting pen to paper on a new contract.

It leaves Arsenal disappointed, having been hopeful that a historic deal was realistic.

Questions will now linger whether Arsenal are able to sign a top forward during this window.

Julian Alvarez (right) is another high-profile player Mikel Arteta is keen on, but the Argentinian is understood to have his heart set on a move to Barcelona.



Juventus knocked back an enquiry from the Gunners for Kenan Yildiz earlier in the window.

Boro are Hell-bent on the top

Boro v Wrexham
Carabao Cup 1st rd, 8pm

BY **CRAIG JOHNS**

KIM HELLBERG wants Middlesbrough to use tonight's Carabao Cup clash with Wrexham to set the tone for a fresh crack at Premier League promotion.

Boro kick off their season with tonight's first-round cup tie before their Championship campaign begins next weekend at home to Lincoln City.

After an ambitious transfer window – with five players signed and two more, in Radek Vitek and Ashley Phillips, close – Boro are pumped for promotion.

Boro head coach Hellberg (above) admitted: "It's probably the only competitive game where you can say that a more important game is coming up in the following week.

"You want to win, it's important to build up a character of winning.

"We will try to do everything we can to win the game, but you also need to balance some things and maybe don't take a risk that you might have taken if I was a week further down the line."

FOOTY FLASHES

● **LEICESTER have signed Ipswich winger Wes Burns on a three-year contract for an undisclosed fee.**

● WEST HAM have signed former Brighton defender Joel Veltman on a free.

● **FORMER Manchester United striker Diego Forlan has been named interim Uruguay boss.**

● WEST BROM midfielder Souleyman Mandey has joined Grazer AK.

● **SWANSEA have announced the signing of striker Ross Stewart on a three-year deal.**

● NATIONAL League South club Ebbsfleet have been suspended from competition due to unpaid debts and will not fulfil their first three fixtures of the new season.

● **NORWICH winger Ali Ahmed will have surgery after scans revealed he ruptured an anterior cruciate ligament in Saturday's home friendly defeat to Osasuna.**

HE'S IN THE MONEY Salah

Mo seals a Turkish pay day

BY **DARREN WELLS**

MO SALAH completed his move to Trabzonspor yesterday in a deal that will run until 2028.

The former Liverpool forward joins the Turkish Super Lig club as a free agent after ending his contract at Anfield a year early by mutual agreement.

Salah, 34, will wear the No.10 shirt for his new team and could make his competitive debut as soon as August 15 in the season opener against Kasimpasa.

Trabzonspor have agreed to pay Salah £14.5m per year, £8.5m of which is his salary while the remainder is an annual signing-on bonus.

The Egyptian superstar will also be entitled to 20 per cent of any merchandise sales the club make which are related to him.

Salah took part in his first training session with his new team-mates yesterday before being officially unveiled before fans at Trabzonspor's home stadium Papara Park.

He said: "I'm here to win. The last couple of days have been an experience I have never had in my life, the fans have shown me so much love."

Tangoing for gold

FROM BACK PAGE

shirt for the 2026/27 season. The Class of '92 bought Salford in 2014 and have seen them rise from non-League into the EFL.

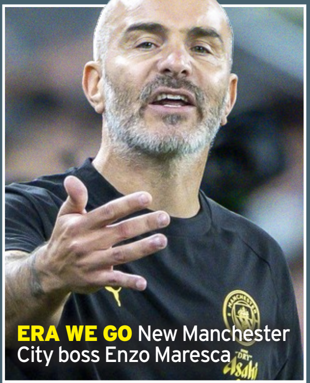
Shortly after their takeover, the new owners controversially changed the club's home kit from orange to red.

Since then, Salford have played in the United-esque home strip but a fan consultation last season saw fans overwhelmingly vote in favour of reverting to their orange colours.

"I think it is going to stand out," Beckham, who also co-owns Inter Miami, said. "I talk about Miami and I talk about owning the colour pink, and now we're going to own the colour orange."

NICO VOTES REMAIN

Gonzalez sticking around to play his part in Enzo reign



ERA WE GO New Manchester City boss Enzo Maresca

El Clashico as rivals in fight for Rod

FROM BACK PAGE

Flick's La Liga winners. Rodri is into the final year of his contract at the Etihad and has resisted all efforts from City to commit his future to the club.

Offers of a new deal remain unsigned and there have been no attempts to shut down the speculation that he could return to La Liga.

His performances at the World Cup have catapulted him into the running for the Ballon d'Or and pushed the Spanish super clubs into trying to secure a move for him.

Rodri is still expected to return to City ahead of the new season and the club will want a big offer that reflects his status in world football if they are to sell him, but they have to be alive to that prospect given the significant interest in him.

City and new boss Enzo Maresca have already brought in Elliot Anderson, 23, for a club record £116m this summer from Nottingham Forest and are also working on a deal to secure Lille's Ayyoub Bouaddi, 18.

The French club had been hoping to keep him for another year so will not let the Moroccan go on the cheap.

However, given the age profile of those two players, and the fact that City have already lost Bernardo Silva, their aim to keep hold of Rodri is likely to have a huge impact on their chances of regaining the title.

The Blues came close to pipping Arsenal in the final weeks of last season but fell short with the 30-year-old missing in the run-in.

BY **SIMON BAJKOWSKI**

NICO GONZALEZ has become the latest Manchester City midfielder to commit his future to the club as Enzo Maresca sweats on the future of Rodri.

Gonzalez had a testing first 18 months and last season went from the most valuable player for Pep Guardiola in the first half of the campaign to somebody who was barely used in the final months.

That created doubts over his future as City look to refresh their midfield given the departure of Bernardo Silva and the possible exit of Rodri.

With Maresca taking charge, Gonzalez was one of a number of players whose place in the squad for this season was not secure.

But the former Porto player has followed Mateo Kovacic (inset) in declaring his intention to stay while on the summer tour.

Speaking after the 3-1 win over K-League All Stars, Gonzalez insisted he is happy to be a member of the group even if he doesn't play every match.

"I'm happy here. I don't want to leave and I think the club wants me to stay. I haven't seen anything but I'm happy here," he said. "I don't think any player has the position guaranteed for all the matches. Everyone has to work hard.

"We are one of the best teams in the world and obviously there is competition in every position. That is what makes us be in the position that we are, winning so many Premier Leagues and competing for everything.

"I try not to focus on if I play or not. I try to focus on working well and being ready when I have to play. To be honest, last season I couldn't have expected to have played almost 30 matches in the starting XI.

"I played really good and I am happy here. I'm happy because I've had many opportunities."

If Gonzalez and Kovacic are expected to stay, Tijjani Reijnders is likely to move on after just a year at the club.

The Dutch international was signed from AC Milan for an initial £46.3m but has strong interest from Nottingham Forest, while Newcastle and Galatasaray have also shown an interest. The arrival of Elliot Anderson from Nottingham Forest for £116m has only served to push Reijnders further down the pecking order.

Talks are progressing to sign Lille's Ayyoub Bouaddi, 18, and he will be brought in regardless of outgoings.

Additionally, there will be replacements for either or both of Reijnders and Rodri, with the latter wanted by Barcelona now as well as Real Madrid.

That policy applies to other departures as well, so if Savinho heads to Tottenham then somebody new will be signed to take his spot in the squad.

It isn't clear yet that this will definitely be a winger, with Maresca and sporting director Hugo Viana flexible over their attack.

And with James Trafford completing a move to Leeds, Marseille's Geronimo Rulli, 34, is in City sights for the second time in his career.

He is lined up to become Gianluigi Donnarumma's No.2, with Marcus Bettinelli staying as the third keeper.

Plans to sign a right-back have also been shelved. City were only ever looking for a back-up to Matheus Nunes, having deemed Malo Gusto too expensive at the £75m Chelsea wanted for Maresca to reunite with his former player.

Abdukodir Khusanov is capable of playing at right-back and Vitor Reis also played there for part of the friendly with K-League All Stars. Reis is expected to stay with the first-team squad this season, with the right-back role offering him another route to minutes.

Having moved early to sign Antoine Semenyo and Marc Guehi in the January transfer window, City are confident that they can back those signings up in August to give Maresca the best possible chance of a successful first season at the Etihad.

MEN IN THE MIDDLE Tijjani Reijnders and Elliot Anderson (right)

CITY ARE IN TOP NIC
Gonzalez claims that Man City have one of the best squads in world football

FIGHTING FOR HIS SPOT Gonzalez in action against K-League All Stars

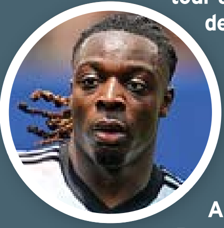
"I'm happy here. I don't want to leave and I think the club wants me to stay."

DOKU HANDED A FIVE-STAR DEAL

BY **SIMON BAJKOWSKI**

MANCHESTER CITY will announce an improved five-year deal for Jeremy Doku when he returns to training next week.

The Belgian winger (inset) has been rewarded for an impressive year in which he became a regular first-team player and will be counted on as a key part of Enzo Maresca's team.



Doku arrived at City in 2023 and won the Premier League in his first year but struggled with injuries and consistency in his first two seaons at the Etihad.

However, he was a standout in several important matches last season and the club have acted to tie down the 24-year-old for at least another five years.

Having enjoyed a break after playing for Belgium at the World Cup, Doku is one of several players who will link back up with his City team-mates ahead of the Community Shield. It remains to be seen if he will be involved against Arsenal but Maresca will look to ease him back in as the season gets underway.

Doku could be even more exciting for City this season after changes made by the new boss to the way the team attacks.

Antoine Semenyo joined up with the squad for the Asia tour and has been left delighted by what he has been told by his new coach.

"From day one he's got his ideas to us," Semenyo said, speaking at Ahmad Tea's Preparation is Everything event.

"I reported a little bit later than some of the boys and I have had individual meetings with him on how he wants to set up, how he wants to play, his wide men, and just overall as a team.

"It's been good so far. I think his ideas are great - quite similar to Pep.

"If you watched the game against Inter Milan, you would have seen a couple of his ideas play out and it was good. And I'm looking forward to it."

Monga gets teenage kicks at City already

BY **SIMON BAJKOWSKI**

IT WAS only in February 2025, as he walked out at Old Trafford, that Jeremy Monga knew for sure he had something special.

Scouting reports from clubs and England staff had said it for years, but you can never really know in academy football if you are going to make it all the way through to the first team until the moment comes.

Having made the bench for an FA Cup game for Leicester against Manchester United shortly after his 15th birthday, a few months later Monga (below) made his debut for the Foxes against Newcastle, to become the second youngest Premier League player in the competition's history behind Ethan Nwaneri.

All that time sacrificed with his mates had been worth it, but the youngster's parents made sure he knew that making it was one thing but staying there was another.

The early impressions at City are positive as well, with the winger taking on all the instructions from new boss Enzo Maresca on the pitch and advice from Antoine Semenyo off it.

"I'm the type of person that doesn't really focus on the outside noise, I focus on what I do on the pitch," he said.

"I find it easy to cope because I don't overthink.

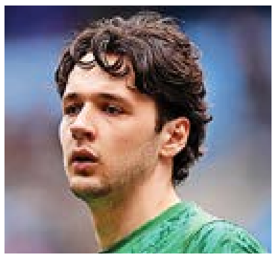
"One thing that I realised early is that everything can get stripped away just like that so I have to stay focused and humble because keeping my spot is the main priority.

"Sometimes it's annoying that I'm missing out on things but it's for the greater good. If you want to be a top player you have to live the top lifestyle and make sacrifices. My parents taught me that.

"Antoine Semenyo has been guiding me so far, telling me what's right from wrong."

It remains to be seen if Monga will be sent out on loan, not that he has given up on making an impact at City this season.

He said: "I'm so confident in myself that I can impress and work hard and do everything I need to do to get in the squad."



RECORD FEE Trafford

Trafford is for keeps at Leeds

BY **ISAAC JOHNSON**

GOALKEEPER James Trafford has completed his medical and signed a five-year deal at Leeds.

The 23-year-old became the club record signing with Leeds shaking hands with Manchester City on a package of £40m plus add-ons.

Trafford is the club's third signing of the summer, following free agent Harry Wilson, 29, and 23-year-old Tarik Muharemovic, who cost £34m.

He arrives as Daniel Farke's firm No.1 choice, which could potentially trigger the loan exit of 2025 goalkeeper signing Lucas Perri to Torino.

This would prompt Leeds to look for a new back-up, with Alex Cairns expected to be third choice.

The Whites saw Karl Darlow leave the club for Manchester United this summer, while Illan Meslier joined Arsenal after his own deal expired.

Trafford has eyes on becoming Jordan Pickford's successor for England and knows he must earn regular game time in order to achieve this. He has two caps for the Three Lions so far and was a part of the World Cup squad.

Juanlu in at Vitality

BOURNEMOUTH have signed Sevilla right-back Juanlu in an £11.1m deal.

The Spain Under-21 international (inset) has signed a five-year contract at Vitality Stadium for an initial £9.4m fee and could cost a further £1.7m in add-ons.

The 22-year-old is the Cherries' third signing of the summer following the transfers of centre-back Antonio Silva from Benfica and forward Alvaro Rodriguez from Elche.

Bournemouth moved for a right-back after allowing Alex Jimenez to join Fiorentina on a season-long loan.

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VINI GROANS FOR GUNNERS

■ by TOM CANTON

ARSENAL'S hopes of netting Vinicius Jr are over after the Brazil ace *(right)* agreed a new deal at Real Madrid.

The Gunners were desperate to sign the

Turn to Page 45

BECKS TANGOING FOR GOLD

■ by JACK FLINTHAM

WATCH out Blackpool, Hull and Barnet... David Beckham believes Salford City will own the colour orange after changing the League Two side's kit.

Manchester United legends and Salford co-owners Beckham and Gary Neville *(right)* have unveiled the Ammies' new orange home

Turn to Page 46

24 PAGE FOOTBALL FIXTURES MAG
WITH TOMORROW'S PAPER
PICK UP AT TESCO
SUBJECT TO AVAILABILITY. SEE TOMORROW'S PAPER FOR DETAILS.

INCLUDES ALL 92 PREMIER LEAGUE AND EFL CLUBS
ESSENTIAL 2026-27 FOOTBALL FIXTURES

BARCA AND REAL TUG OF WAR FOR CITY ACE

RODRI'S EL CLASHICO

HOT PROPERTY: Rodri is weighing up his next move

■ by SIMON BAJKOWSKI

BARCELONA are ready to fight Real Madrid to sign Rodri this summer as Manchester City battle to keep hold of their star man.

Real have already started their pursuit of the defensive midfielder but they have now been joined by their fierce La Liga rivals.

And the noises coming from Spain indicate the World Cup winner would prefer a move to the Nou Camp to join up with Hansi

Turn to Page 46

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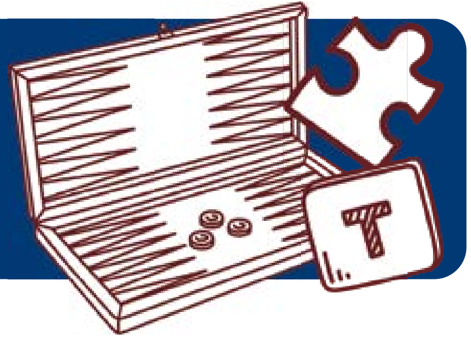
NEWSPAPERS SUPPORT RECYCLING THE RECYCLED PAPER CONTENT OF UK NEWSPAPERS IN 2025 WAS 30%

MIND GAMES



WHERE IN THE WORLD?

The world's largest tropical lake and the main source of the White Nile, it is bordered by Tanzania, Uganda and Kenya, but where in the world is it?

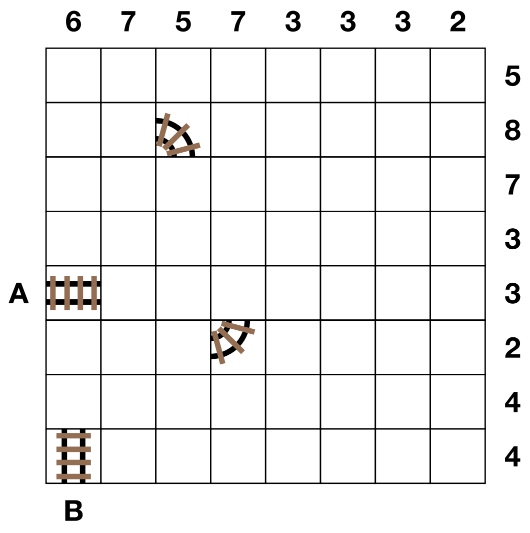
MINESWEEPER

	4			3	4			2							
	6								3		0	2			1
2				4	4				4		1				
				5		4						1	2		2
1		3								2			2	3	
2	3		3				0	2					3		
3		3		3		3				2	2				
									5						0
4			0				3					5	3		
				1				3	4						
4					2			1			1			3	
	2	1			0					0			2		

Find all the mines in the grid.
Numbers in certain squares indicate how many mines there are in the neighbouring squares, including diagonally touching squares.
Mines cannot be placed in squares with numbers.

MAKING TRACKS

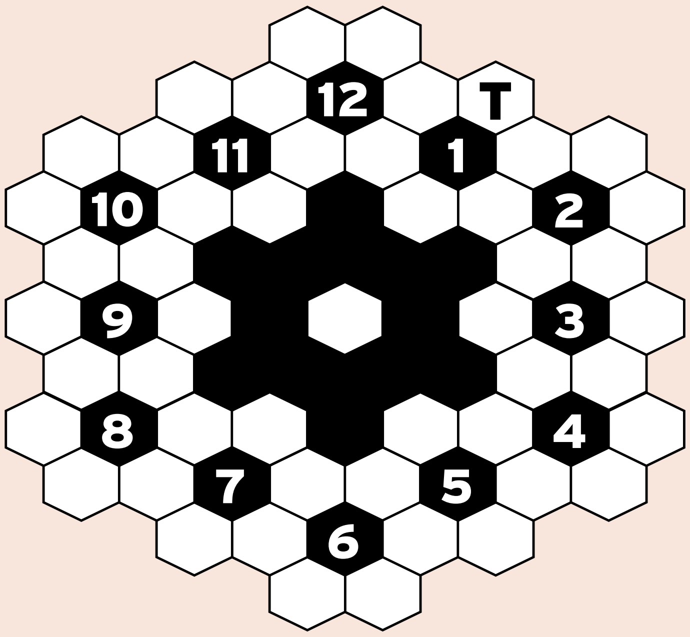
Numbers around the outside indicate how many squares in each row and column the track passes through between A and B. The track either passes straight through a square or turns at right angles in it.



SOLUTIONS TOMORROW

HONEYCOMB

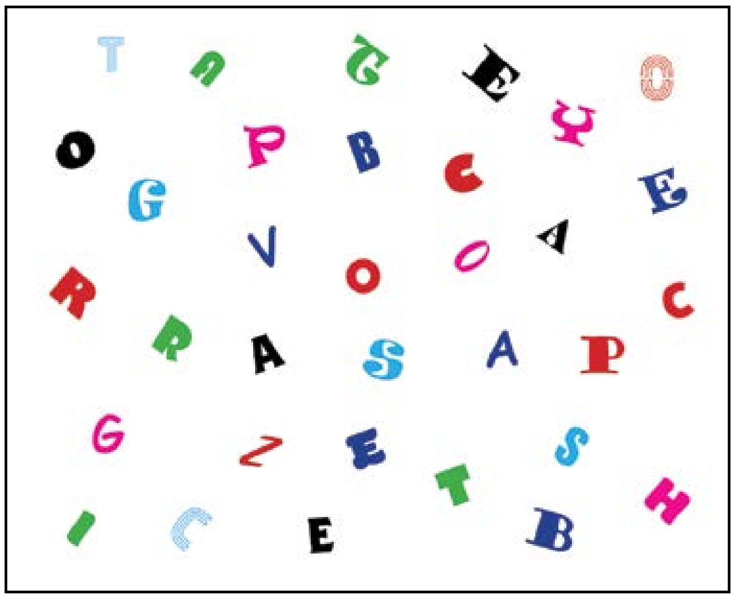
All the solutions read clockwise around their numbers.
The solution to clue number 1 starts from the given letter.



1. Sums
2. Drinks to
3. Band
4. Chutney
5. Evaded
6. Strip
7. Cloth
8. Knot
9. Frolic
10. Leaf part
11. Flags
12. Passages

ALPHABET SOUP

Pick out the floating letters to spell the names of five words on a theme. You must use every letter, but only once.
Today's theme: HITCHCOCK FILMS



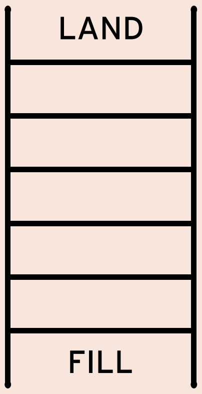
FOUR PAGES OF MIND GAMES EVERY MONDAY, TUESDAY, THURSDAY, FRIDAY AND SATURDAY

MIND GAMES

WORD GAMES

LADDER

Change just one letter to go from the top word to the bottom word in the ladder. There may be more than one solution.



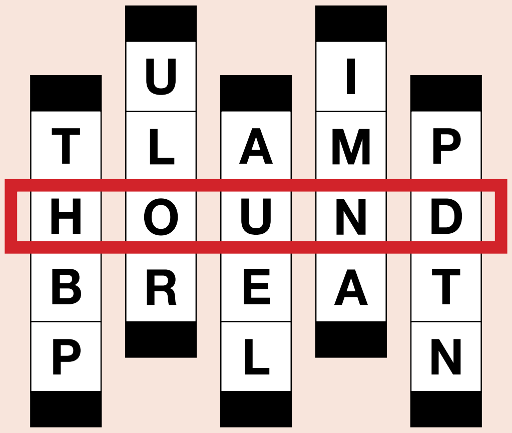
3 LETTERS

Which three-letter word completes the following longer words?

C	H				
F				L	Y
F	L				
B				N	

WORD SLIDE

How many regular English words can be spelled out using all the sliders? One word is spelled already. Target score: 21



NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1 3 6 6 9 = netting

4 2 6 6 9 4 1 7 2 8 = a fashion range

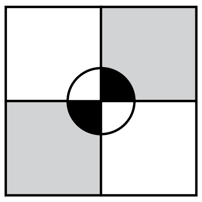
4 5 9 8 7 6 6 9 = a yarn

1	2	3	4	5	6	7	8	9

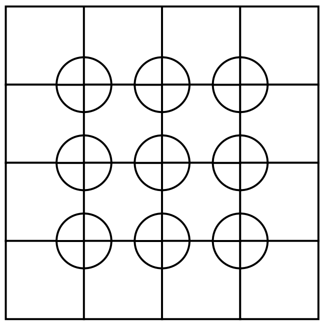
VISUAL GAMES

SEKI

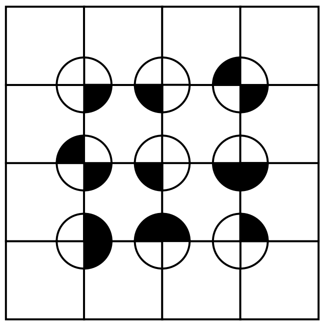
Using the blank grid, rotate some of the circles shown in the start grid and then shade in the corresponding squares (as shown right), so that shaded squares contain only black quarter-circles.



BLANK GRID

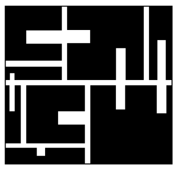


START GRID

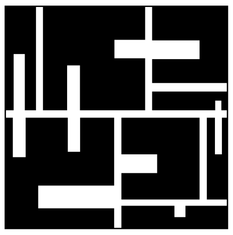


MIRROR IMAGE

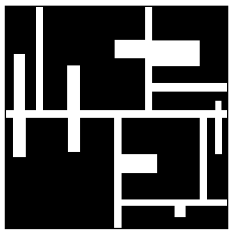
Which of the four images below is the mirror image of the one to the right?



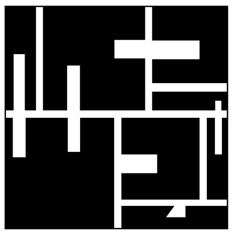
A



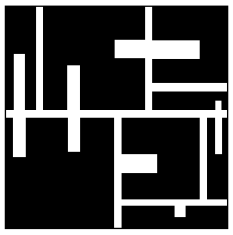
B



C

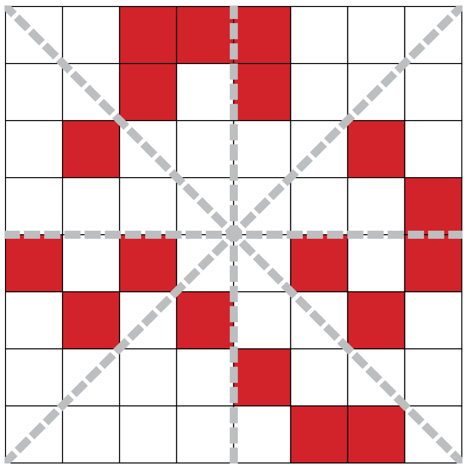


D



SYMMETRY

Shade in eight of the blank squares so that the pattern shows reflectional symmetry along one of the four axes shown.



NUMBER GAMES

SUMTHING

Place the listed numbers into the grid so that all sums are correct, reading left to right and top to bottom.

	×	3	=		
−	🟥	+	🟥	÷	🟥
	×		=		
=	🟥	=	🟥	=	🟥
	×		=		

0, 1, 1, 2, 2, 2, 4, 4, 5, 7, 7

NUMBER JIG

Which one of the listed numbers won't fit in this mini grid?

■	4	■	
■		■	

1264
1426
4226
6141
6242

SEQUENCE

What is the next number in the sequence?

10

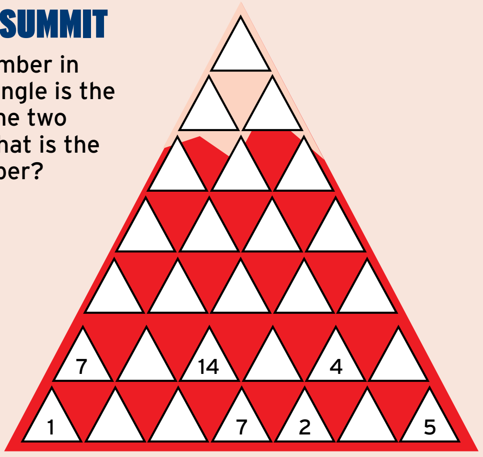
54

450

4014

SUPER SUMMIT

If the number in each triangle is the sum of the two below, what is the top number?



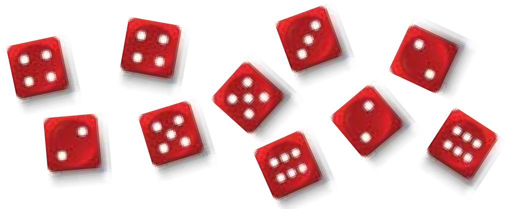
SOLUTIONS TOMORROW

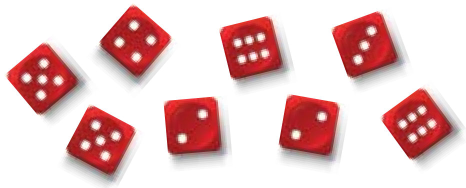
MIND GAMES

MEMORY GAMES

DICE GAME

Cover the bottom group of dice, and look closely at the top group for ten seconds. Then cover the top group and show the bottom group. Which dice are missing?





LOST FOR WORDS

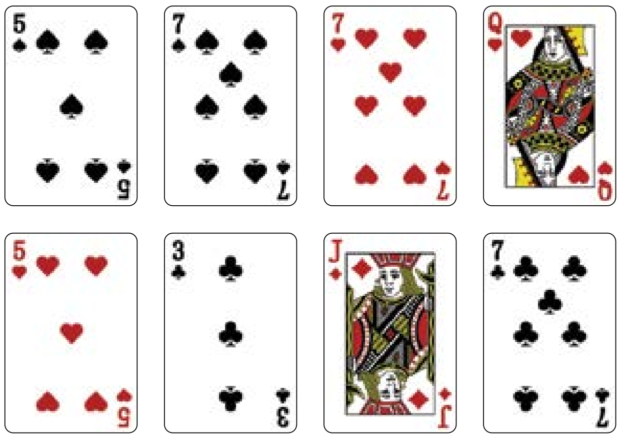
Cover the group of words on the right, then study the group on the left for two minutes. Then cover the group on the left and show the group on the right. Which words are missing?

CHICANERY
DART
DEMON
ENCOUNTER
FICTION
HAIRLINE
HAUNTED
MARKET
MAXIMUM
NOSTRIL
OBSERVE
PAINT
PERCEIVE
PHANTOM
SHAVE
SKUNK
TARANTULA
TEMPLE
TREASON
TREBLE
VIPER

PERCEIVE
SHAVE
CHICANERY
SKUNK
HAIRLINE
MAXIMUM
PHANTOM
TREBLE
TREASON
ENCOUNTER
DEMON
DART
PAINT
FICTION
VIPER
TEMPLE
NOSTRIL
HAUNTED

CONCENTRATION

Study this set of playing cards for thirty seconds, then cover them up and answer the questions below.



1 Of which suit is there not a seven? 2 What is the total value of all the spades? 3 How many cards are diamonds?

SUDOKU CORNER

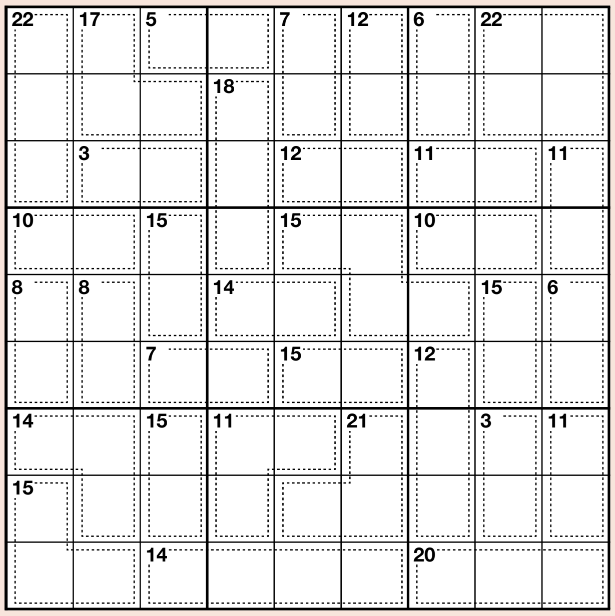
If you're an experienced Sudoku-solver, test yourself further with these four Sudoku variants – Sudoku X, Killer Sudoku, Jigsaw Sudoku and Kakuro.

SUDOKU X

		5				1		7
			1		3			
9					8			6
	7			5		2	6	
			7		2			
	9	2		3			5	
4			8					2
			3		9			
2		1				9		

Put the numbers 1 to 9 once in each row, column, diagonal (highlighted to form an X) and 3x3 box (ruled).

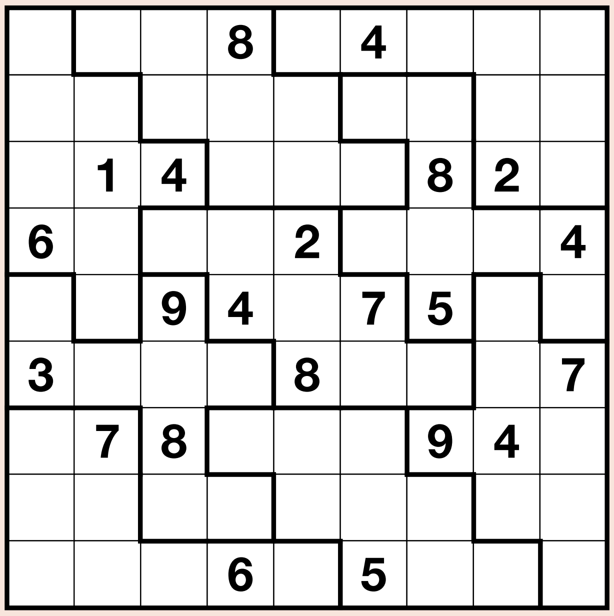
KILLER SUDOKU



Killer Sudoku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. Additionally, dotted shapes must be filled with numbers that add up to the totals given in the top-left corner.

JIGSAW SUDOKU

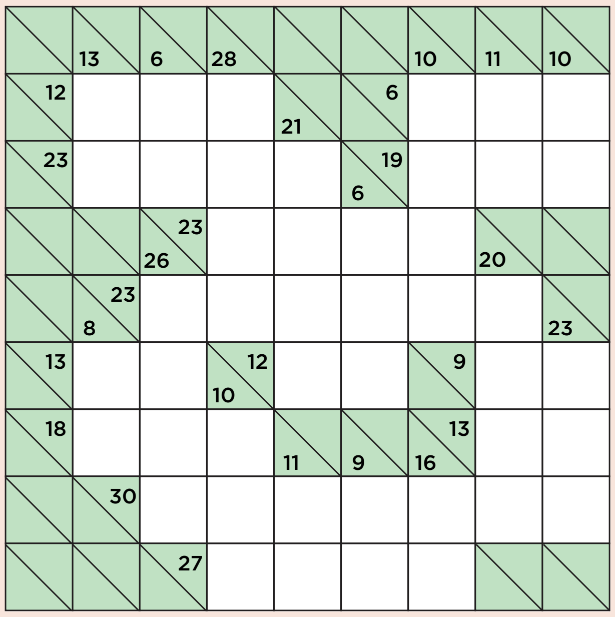
Fill in the rows, columns and boxes with the numbers 1 to 9 without the same number appearing twice in any row, column or coloured box.



			8		4			
	1	4				8	2	
6				2				4
		9	4		7	5		
3				8				7
	7	8				9	4	
			6		5			

KAKURO

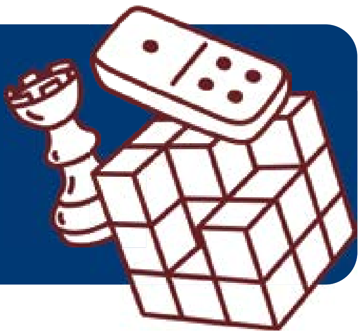
Fill in each series of blank squares using the numbers 1 to 9. Each series – across and down – must add up to the number in the shaded box at the beginning or top of the series. A number may be repeated in each line but not in a series.



Any queries? Email us on
puzzles@reachplc.com

SOLUTIONS TOMORROW

MIND GAMES



QUOTE DOWN

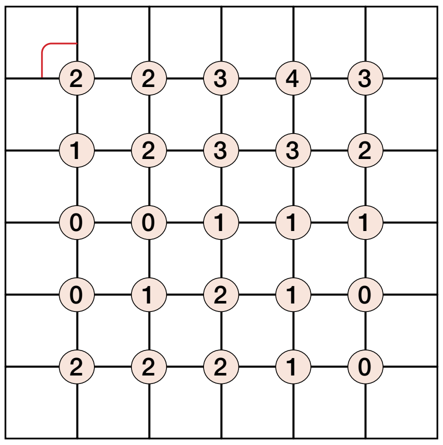
Drop the letters in each column to reconstruct a quote by Tommy Cooper.
Words may be split across two lines.

			M																
I	A	A	N	A		A		E					D	N				A	
K	E	H	T	E		I	G	H			I	H	E	O	E	A		M	A
L	G	O	T	E	L	L	H	T	E	N	I	L	L	R	N	D	M	T	O
R	S	S	U	P	N	T	O	W	T	P	W	P	O	U	W	I	W	W	S

				■						■		■							■
	■				■		■				■						■		
									.	■					■		■		
		■			■				■							■			
■					■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

LOOP

Draw a continuous loop in the grid so that the number in each circle corresponds to the number of adjacent squares containing turns in the loop. Part of the loop has been drawn to get you started.



CELLS

				3		
			3			
3	6				8	
	3					
3	6			2		2
					2	2
			6			

Divide the grid into square or rectangular blocks, each containing one digit only. Every block must contain the number of cells indicated by the digit inside it.

YESTERDAY'S SOLUTIONS

WHERE IN THE WORLD?

Los Angeles

HONEYCOMB

1 Burger. 2 Rumour. 3 Rumble. 4 Befall. 5 Lasted. 6 Tingle. 7 Gerbil. 8 Brands. 9 Deters. 10 Tickle. 11 Kennel. 12 Rennet.

ALPHABET SOUP

Baker, Bread, Fleet, Oxford, Regent

LADDER

Hold, Hole, Mole, Move, More, Mire, Fire

3 LETTERS

Row. Frown, growl, rower, marrow

WORD SLIDE

civic, civil, colic, coned, conic, cover, cycad, cynic, filar, filed, filer, final, fined, finer, fiver, focal, lilac, lined, liner, lived, liver, livid, local, loner, loved, lover, lucid, lunar, vicar, viler, vinyl, vivid, vocal

NINER

WESTBOUND

MIRROR IMAGE

B

SUMTHING

3x9=27, 6x4=24, 9x5=45

NUMBER JIG

4313

SEQUENCE

2 (+6, /9)

SUPER SUMMIT

217

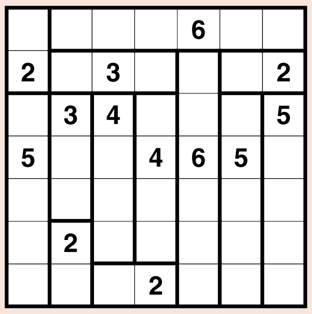
QUOTE DOWN

"People are much more inclined to believe and say bad things about you if you're famous"

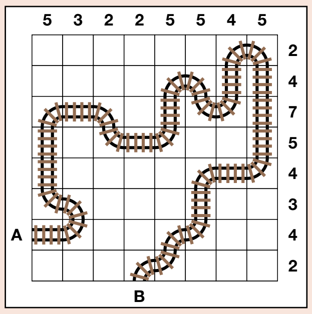
JIGSAW SUDOKU

8	9	2	6	1	4	5	7	3
5	1	7	2	4	3	8	9	6
6	4	5	1	8	7	3	2	9
2	8	3	7	5	6	9	4	1
3	7	6	4	9	8	2	1	5
9	2	4	8	3	5	1	6	7
7	5	1	9	6	2	4	3	8
1	6	8	3	2	9	7	5	4
4	3	9	5	7	1	6	8	2

CELLS



MAKING TRACKS



KILLER SUDOKU

3	7	2	8	4	6	1	5	9
9	6	1	3	2	5	7	4	8
4	8	5	1	9	7	3	2	6
2	3	4	5	1	9	6	8	7
1	9	7	2	6	8	4	3	5
8	5	6	4	7	3	9	1	2
5	2	9	6	3	1	8	7	4
7	1	8	9	5	4	2	6	3
6	4	3	7	8	2	5	9	1

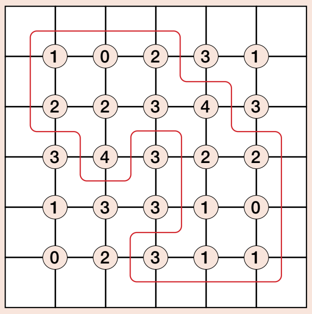
SUDOKU X

2	5	3	4	6	7	9	1	8
8	7	9	3	1	2	6	4	5
4	6	1	9	5	8	7	2	3
1	4	5	8	9	6	2	3	7
6	2	8	7	3	5	1	9	4
9	3	7	1	2	4	8	5	6
3	8	2	6	4	9	5	7	1
7	9	4	5	8	1	3	6	2
5	1	6	2	7	3	4	8	9

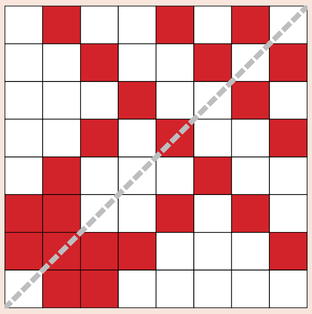
KAKURO

	1	3	5			1	8	
	7	2	8		8	2	7	9
		1	4	3	5		9	8
	3	7		6	7	9	1	3
	9	5		1	6	2		
			5	8	9			
	9	7	2		3	2	6	1
	5	1				9	7	4

LOOP



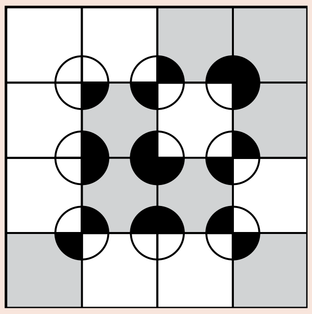
SYMMETRY



MINESWEEPER

	1				0	1	●	1			2		●		0
●		0					1			●	●	3			
●	2			●	●	2				4	5	●	3		0
1	1		●		5	●		●	●	●	4	●	●		
0		2	●	3	●	●	●	6	●			●	●	3	1
		1	2	3		●	6	●	●	●			2	2	●
		1		●	5	●	5	●		3	2	0			
	2	●	3		●	●				●		1		2	●
●			4	●	5	4	4	●	3		2	●	2		●
●	2	2	●	●	5	●	●		●	3	2		●	3	
2	2		●	●	4	●	●	4	●	●	1		2	●	
1	●		2				2		2				1	2	●

SEKI



SAFFIE HAS LONG-TERM TITLE TARGET

SAFFIE OSBORNE yesterday said her 2026 successes have proved she is on a pathway towards challenging for the jockeys' championship in the future.

The 24-year-old will captain a Britain & Ireland team of Ryan Moore and Dylan Browne McMonagle, both former or present champions, at tomorrow's Dubai Duty Free Shergar Cup at Ascot.

■ **by JON LEES**

Osborne *(left)* has climbed to seventh in the jockeys standings with 40 wins this season while her prize-money earnings exceed her 2024 best, thanks to high profile victories in the Weatherbys Super Sprint and Moet & Chandon International.

"Anyone that starts off in this job, not wanting to be champion jockey, shouldn't be doing it because it's so tough and gruelling that if you're not aiming to be at the top, then I don't know why you're really doing it, to be honest," she said.

"In 2024 I rode a large number of winners, but I lacked riding a top quality horse, which is starting to

Continued on Page 4

BIG WIN Saffie Osborne wins the Super Sprint on Zigazig Ah (right)

DAILY STAR

BRITAIN'S NUMBER ONE RACING PULLOUT

StarForm

Scott's silver speedster to fire in the Bullet

GREY HORIZON (4.00, nb) has a great shot at winning the six-furlong Harry Bloom Memorial "Brighton Bullet" Handicap.

The three-year-old has had a busy year, running 20 times since January.

But the son of Havana Grey seems to relish the challenge, with six victories, including over course and distance in May.

He left his best run until last when producing a career-best to beat Merrimack by half a length at Musselburgh 23 days ago.

His trainer Scott Dixon (***right***), a regular visitor to the East Sussex course, sends him out again with a workable 3lb penalty on the fast ground he prefers.

by **JASON HEAVEY**

RACING EDITOR AND CHIEF TIPSTER

At Musselburgh, **WOOHOO (3.50, trb)** has had a run of near-misses since winning over the same track and trip in April, filling the runner-up slot in her past four outings.

But Jim Goldie's five-year-old can come good today following an excellent performance on the opening day at Glorious Goodwood last

Turn to Page 2

BRIGHTON ROCK Grey Horizon enjoys the undulations of the seaside course

EVENT HORIZON

CLOSE CALLS Woohoo has finished second on her last four starts

TODAY'S IRISH & UK CARDS P2&3 STARFORM'S TOP TIPS & GREYHOUNDS P4

StarForm NUMBER ONE FOR RACING

Eagle a threat at Musselburgh

From Page One Tuesday, when just failing to hang on by a neck to Sing The Blues in a 20-runner handicap over 6f.

A drop in grade and trip should see her back in the winner's circle.

Earlier, Harriet Bethell's **EAGLE BAY (3.20)** will be tough to beat in the Champagne Pommery Cuvee Louise Gold Cup Handicap over seven furlongs.

He showed promise when third on his debut when trained by Ed Walker last term, and has come out this season with all guns blazing, winning two on the bounce for his new yard.

Both were impressive pillar-to-post successes, the most recent at Chester by six lengths in a higher grade than today.

At Haydock, **CASINO STAR (6.53)** has a great chance to score a debut win in the Zyn Pacesetter Cup Nursery for Karl Burke *(left)*.

He was only beaten a neck by Molecomb Stakes third Hell Of A Spin in a Hamilton maiden four weeks ago.

TOKYO JOE (8.38, nap) looks well-treated after running solidly in two strong handicaps at Ascot and York earlier this season.

He then won at Ffos Las four weeks ago, beating two who have gone on to win next time out.

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MUSSELBURGH Racing TV

JASON HEAVEY		STAR TIP
Falcon Nine	1.50	Gemini Man
Faith In Florence	2.20	Barnaby Rudge
Bluestone Lady	2.50	Bigalo
Eagle Bay	3.20	Jonny Concrete
Woohoo (treble)	3.50	Montezuma
Roc De Fer	4.24	Much
Maui Breeze	4.54	Misemerald

GOING: GOOD

1.50 CHAMPAGNE POMMERY BRUT ROSE HCAP
Class 6 1m 1f (7 runners) £3,664

1	(7)	4022	**FALCON NINE (11)(CD,D,G)(B)**	I Jardine 6 9 9	**K Shoemark**	★71
2	(1)	3021	**SAMRA STAR (11)(D2,A,G)(H)**	Miss L Perratt 5 9 9(5ex)	**P Mulrennan**	65
3	(5)	2260	**TOY SOLDIER (18)(C,G,S)(B)**	L Russell & M Scudamore 4 9 6	**Lexie Clarkson (7)**	69
4	(4)	1P02	**GEMINI MAN (7)(BF,C,D2,A,G)**	I Jardine 8 9 4	**J Nicholls (3)**	70
5	(6)	60L5	**MINERS GAMBLE (13)(CD,G)(T*)**	B Ellison 5 9 3	**L Morris**	66
6	(3)	3410	**APPROACHING DAWN (11)(C,G)**	J Goldie 6 9 2	**Lauren Young (5)**	63
7	(2)	40-6	**LIBERTY LOOMING (7)(P)**	A Nicol 5 8 10	**JP Sullivan**	57

Star Betting: 5-2 Falcon Nine, 3 Samra Star, 10-3 Gemini Man, 7 Miners Gamble, 8 Toy Soldier, Approaching Dawn, 33 others.

2025: Falcon Nine 5 9 9, Mohammed Tabti(5) 9-4 (I Jardine), drawn (4), 7 ran.

STARFORM: MINERS GAMBLE **DANGER:** Falcon Nine

2.20 EBF NOVICE STAKES
Class 2 2YO 5f (5 runners) £12,885

1	(3)	11	**BARNABY RUDGE (41)(D2,A,S)(H)**	J Fanshawe 9 12	**D Muscutt**	82
2	(5)	2	**MINSTER MAN (15)**	R Cowell 9 4	**P Mulrennan**	★92
3	(4)	4L	**MY MATE FITZ (27)**	K Ryan 9 4	**T Eaves**	65
4	(1)		**SOD HALL LANE**	D Carroll 9 4	**Z Wheatley**	–
5	(2)	42	**FAITH IN FLORENCE (21)(BF)**	E Walker 8 13	**K Shoemark**	86

Star Betting: 6-4 Faith In Florence, 2 Barnaby Rudge, 7-2 Minster Man, 10 Sod Hall Lane, 16 My Mate Fitz.

2025: Mission Classified 9 7, H Doyle 11-2 (A Watson), drawn (1), 6 ran.

PLACEPOT FIRST SIX RACES

STARFORM **FAITH IN FLORENCE** 5-4fav (9-2) Prominent, led but pestered after 1f, ridden over 2f out, soon drifted left, a length ahead entering final 110yds, no extra and headed final strides, 2nd of 11, 1/2l behind Al Samsama (9-2) at Newbury 6f mdn flls stks (4) gf in Jul.

Barnaby Rudge 15-8fav (9-10) Took keen hold, prominent, shaken up to challenge over 1f out, led final furlong, ran on, won at Newcastle 5f nov stks (2) in Jun beating Hell Of A Spin (9-4) by 1/2l, 6 ran.

STARFORM: FAITH IN FLORENCE **DANGER:** Barnaby Rudge

2.50 SELLING HANDICAP
Class 5 2YO 7f (5 runners) £7,851

1	(3)	1L0	**EXTENDED ORDER (21)(G)**	E J-Houghton 9 9	**D Muscutt**	75
2	(1)	0022	**BIGALO (7)(BF)**	Roger Fell 9 3	**Joanna Mason**	★77
3	(4)	42L1	**BLUESTONE LADY (7)(CD,G)(B)**	Phillip Makin 9 3(6ex)	**J Nicholls (3)**	74
4	(2)	L123	**AMANTHA (7)(CD,G)**	B Ellison 8 12	**L Morris**	76
5	(5)	363	**BELLA LUCIA (15)**	G Tutty 8 11	**W Pyle**	73

Star Betting: 7-4 Bigalo, 11-4 Bluestone Lady, 4 Bella Lucia, 11-2 Amantha, 7 Extended Order.

2025: No corresponding race.

STARFORM: BIGALO **DANGER:** Bluestone Lady

3.20 GOLD CUP HANDICAP
Class 4 7f (11 runners) £7,851

1	(9)	2441	**JONNY CONCRETE (14)(CD,D2,G,S)(P)**	I Jardine 5 9 12	**J Nicholls (3)**	86
2	(3)	0400	**GWEEDORE (32)(CD5,C,D3,G,S)(B*)**	K Scott 9 9 11	**T Eaves**	74
3	(6)	0600	**MISUNDERSTOOD (14)(D,G,S)(H*)**	D O'Meara 4 9 11	**D Tudhope**	86
4	(11)	3-11	**EAGLE BAY (41)(D,G,S)**	H Bethell 3 9 10	**S D Bowen**	84
5	(7)	0-10	**PASSING THOUGHT (49)(D,G,S)**	E Walker 3 9 10	**K Shoemark**	82
6	(4)	-020	**VIXEY (10)(D4,A,G)**	S G West 6 9 10	**A Brookes**	83
7	(5)	2604	**AUGUSTUS GLOOP (21)(A)**	J Fanshawe 3 9 7	**D Muscutt**	83
8	(10)	0300	**ONE NIGHT THUNDER (13)(D3,A,G,S)(H)**	G Tutty 6 9 6	**O McSweeney**	85
9	(2)	001L	**NATIVE HONEY (11)(D3,G)**	J Goldie 4 9 3	**P Mulrennan**	★88
10	(8)	1630	**ZARVALI (28)(D,G)**	Roger Fell 3 9 3	**Joanna Mason**	86
11	(1)	3420	**ASHEN (14)(D,G)**	J Goldie 4 8 12	**Lauren Young (5)**	87

Star Betting: 5-4 Eagle Bay, 5 Jonny Concrete, 6 Passing Thought, 8 Vixey, 10 Augustus Gloop, 14 Native Honey, 16 Misunderstood, 20 Ashen, 25 others.

2025: Bellarchi 4 9 5, O Stammers 7-2 (G Tuer), drawn (4), 7 ran.

STARFORM: EAGLE BAY **DANGER:** Jonny Concrete

TRACKFACTS Right-handed oval track of 1m 2f, which joins the straight 5f course half a mile from home. The turns are very sharp. Stalls today 5f Stands Side; Remainder Inside.

3.50 HANDICAP
Class 4 5f (6 runners) £7,851

1	(4)	-033	**JER BATT (7)(CD,D2,A,G,S)(P)**	D & N Barron 6 10 0	**W Pyle**	84
2	(6)	5463	**TIVA (6)(D3,G)(T,V)**	D O'Meara 4 9 11	**D Tudhope**	85
3	(5)	L532	**MONTEZUMA (7)(BF,CD,S)(H)**	J Goldie 4 9 10	**P Mulrennan**	86
4	(1)	0-40	**BIG FUN (68)(CD,G)**	K Ryan 3 9 9	**T Eaves**	77
5	(3)	2222	**WOOHOO (10)(CD2,D,G)**	J Goldie 5 9 2	**Lauren Young (5)**	★89
6	(2)	0L65	**ECCLEFECHAN (21)**	J Ryan 3 8 8	**L Morris**	79

Star Betting: 2 Woohoo, 11-4 Montezuma, 10-3 Jer Batt, 13-2 Tiva, 15-2 Big Fun, 20 Ecclefechan.

2025: Ziggy's Triton 3 9 4, B Robinson 9-1 (D O'Meara), drawn (5), 7 ran.

STARFORM: MONTEZUMA **DANGER:** Woohoo

4.24 BRODIE HANDICAP
Class 5 1m 5f (7 runners) £5,234

1	(5)	-311	**ROC DE FER (7)(A)**	Sir M Prescott 3 10 1(12ex)	**L Morris**	68
2	(3)	L254	**SIMPLE STAR (7)(C3,A,G)(T)**	Gary Rutherford 8 9 13	**J Nicholls (3)**	71
3	(2)	3253	**SURE AND STEDFAST (27)(G)**	Ewan Whillans 4 9 13	**G Fairley**	★74
4	(6)	1250	**TOMMY'S PROMISE (126)(A)**	J Ryan 5 9 11	**T Eaves**	72
5	(7)	-013	**ALNAYEF (22)(BF,D,G)**	J Goldie 5 9 10	**P Mulrennan**	72
6	(1)	-41L	**WILLOW WOOD (20)(S)**	E Walker 3 9 6	**K Shoemark**	70
7	(4)	0042	**MUCH (7)(T)**	J Fanshawe 3 9 4	**D Muscutt**	73

Star Betting: 4-7 Roc De Fer, 13-2 Sure And Stedfast, 15-2 Much, 12 Willow Wood, 14 Simple Star, 16 Tommy's Promise, Alnayef.

2025: No corresponding race.

STARFORM: ROC DE FER **DANGER:** Much

4.54 HANDICAP
Class 6 7f (6 runners) £3,664

1	(1)	1304	**FILEY BEACH (13)(CD,D3,G,S)(P*)**	R Carr 5 9 9	**JP Sullivan**	66
2	(3)	-LL0	**KEEP ME STABLE (18)(CD2,C,D3,A,G)**	Miss L Perratt 6 9 8	**O McSweeney**	70
3	(2)	005L	**MAUI BREEZE (34)(A)(P)**	W Storey 4 9 3	**G Fairley**	69
4	(4)	2461	**MONHAMMER (7)(CD3,D2,G,S)**	L Perratt 8 9 2(4ex)	**P Mulrennan**	66
5	(6)	6034	**CHLOE'S COURAGE (10)(D,A)**	J Ryan 4 9 1	**L Morris**	66
6	(5)	2342	**MISEMERALD (7)(D,G,S)(P)**	P Kirby 5 8 10	**A Brookes**	★71

Star Betting: 7-4 Monhammer, 2 Misemerald, 5 Chloe's Courage, 6 Filey Beach, 12 Maui Breeze, 20 Keep Me Stable.

2025: No corresponding race.

STARFORM: MISEMERALD **DANGER:** Filey Beach

BRIGHTON sky sports racing

JASON HEAVEY		STAR TIP
Diomed Spirit	2.30	Dreambird Dolly
Red Tail	3.00	Enamored
Myna	3.30	Thundering Breeze
Grey Horizon (nb)	4.00	U S S Charleston
Dragon God	4.30	Bated Breeze
Arvana Belle	5.00	Pennine Way

GOING: GOOD TO FIRM-GOOD IN PLACES

PLACEPOT FIRST SIX RACES

TRACKFACTS Left-handed horseshoe-shaped course of 1m 4f, undulating and sharp, 3 1/2f run-in. Stalls today 1m2f Outside; 1m Inside; Remainder Centre.

TOP TRAINERS (with runners) A Carroll 70 winners, (12.3% strike rate), -£188.49, G & J Moore 36, (19.0%), +£48.93, J Gallagher 19, (13.1%), -£41.74, S C Williams 17, (22.7%), +£31.53, M Attwater 15, (9.1%), -£52.12.

TOP JOCKEYS (with mounts) Darragh Keenan 27 winners, (14.5% strike rate), +£47.46, William Carson 20, (10.8%), -£98.01, Jack Doughty 20, (14.6%), -£47.47, David Probert 17, (20.2%), +£7.52, Joe Leavy 12, (17.9%), +£26.33.

2.30 TEENAGE CANCER TRUST HANDICAP
Class 6 5f (7 runners) £4,187

1	(7)	-665	**RECON MISSION (46)(D5,A,G,S)**	A Carroll 10 9 9	**G Downing**	★67
2	(1)	63L2	**DIOMED SPIRIT (39)(D6,A)**	C Gordon 6 9 9	**C Bishop**	63
3	(6)	1022	**DREAMBIRD DOLLY (17)(D,G)(B,T)**	J Gallagher 4 9 8	**D J Murphy (7)**	65
4	(2)	6L20	**STAPLEFORD PARK (109)(S)**	M Attwater 4 9 8	**J Glennon (7)**	64
5	(5)	L013	**WASHINGTON HEIR (38)(CD,G)**	A Carroll 4 9 4	**W Carson**	60
6	(3)	-6L0	**REPORTER (17)(D,G)(H)**	S Hodgson 4 9 4	**W Carver**	65
7	(4)	L050	**HAKIN ADRAAR (8)(B)**	Martin Dunne 3 9 1	**D Keenan**	66

Star Betting: 2 Dreambird Dolly, 9-4 Diomed Spirit, 3 Washington Heir, 8 Recon Mission, 14 Stapleford Park, 20 others.

2025: Alshimali 4 9 4, Josephine Gordon 11-2 (A Carroll), drawn (6), 9 ran.

STARFORM: DREAMBIRD DOLLY **DANGER:** Washington Heir

3.00 EBF RESTRICTED MAIDEN STAKES
Class 5 2YO 6f (5 runners) £4,187

1	(5)	46	**LITTLE MESTER (15)**	S C Williams 9 7	**Jack Doughty**	70
2	(2)		**RED TAIL**	R Hannon 9 7	**S C Cronin (5)**	–
3	(4)	L	**CRUSE ON BYE (39)**	M Attwater 9 4	**J Glennon (7)**	–
4	(3)	35	**ENAMORED (15)(BF)**	E Dunlop 9 2	**D Probert**	★80
5	(1)	0	**NAPPS WAY (14)**	J S Moore 8 13	**D J Murphy (7)**	52

Star Betting: 6-4 Enamored, 2 Red Tail, Little Mester, 50 Napps Way, 66 Cruse On Bye.

2025: Magic Stone 9 7, Tom Marquand 11-10 Fav (W Haggas), drawn (4), 5 ran.

STARFORM: ENAMORED **DANGER:** Little Mester

3.30 CLASSIFIED STAKES
Class 6 1m 2f (6 runners) £4,187

1	(1)	0004	**CELEBRATING ETHEL (2)(CD,A,G)(P)**	A Carroll 7 9 9	**M Coppins (5)**	53
2	(4)	0265	**DOGGED (13)(D2,G,S)(B)**	A Carroll 9 9 9	**W Carson**	★56
3	(2)	0005	**FITZMAURICE (14)**	A Carroll 4 9 9	**Jack Doughty**	46
4	(6)	4423	**MYNA (17)(D2,A,G)(H)**	A Carroll 5 9 9	**G Downing**	54
5	(3)	0-L4	**OUTRACE (13)(A,G)(P)**	R Hannon 6 9 9	**S C Cronin (5)**	53
6	(5)	-204	**THUNDERING BREEZE (176)(P)**	G & J Moore 5 9 9	**D Probert**	55

Star Betting: 2 Myna, 9-4 Thundering Breeze, 9-2 Dogged, 8 Fitzmaurice, Outrace, 12 Celebrating Ethel.

2025: Celebrating Ethel 6 9 9, Jack Doughty 5-1 (A Carroll), drawn (6), 7 ran.

STARFORM: THUNDERING BREEZE **DANGER:** Dogged

4.00 HANDICAP
Class 4 6f (10 runners) £10,468

1	(5)	305-	**THE QUIET GENT (295)(D,A)**	Brian Toomey 4 10 0	**D Probert**	84
2	(8)	1224	**MARCELLINUS (41)(BF,D,G)**	T Dascombe 3 9 13	**D J Murphy (7)**	80
3	(4)	0-11	**TENBOB TOMMY (116)(D2,A,G)**	Miss S West 5 9 12	**C Bishop**	81
4	(7)	3312	**LEQUINTO (18)(D7,A,G,S)**	A Carroll 9 9 12	**W Carson**	82
5	(1)	226-	**BONA FORTUNA (309)(CD,D,G)(T)**	M Appleby 5 9 11	**D Keenan**	83
6	(6)	3L21	**GREY HORIZON (23)(CD,D6,A,F,G,S)(V)**	S Dixon 3 9 9	**C Howarth (3)**	80
7	(9)	2L35	**CAYMAN TAI (13)(A,S)**	R Hannon 4 9 8	**S C Cronin (5)**	82
8	(3)	5052	**U S S CHARLESTON (8)(A,S)**	Lemos Souza 3 9 6	**C Planas**	★85
9	(10)	-012	**ANCIENT TIMES (20)(D4,A,G)(T)**	Harry Eustace 8 9 3	**P-L Jamin**	82
10	(2)	64L1	**DUSKAURA (13)(D,G)**	A Carroll 3 9 1	**Myla Coppins (5)**	79

Star Betting: 5 Grey Horizon, 11-2 U S S Charleston, Lequinto, 7 Tenbob Tommy, Marcellinus, Ancient Times, 10 others.

2025: Another Abbot 3 9 6, Tom Marquand 3-1 Fav (W Haggas), drawn (2), 13 ran.

STARFORM **TENBOB TOMMY** 7-2 (9-9) Prominent, pushed along and led 2f out, ridden inside final furlong, ran on and always doing enough towards finish, won at Leicester 6f hcp 0-75 (5) gd in Apr beating Rogue Allegiance (9-6) by 3/4l, 9 ran.

Lequinto 3-1 (9-11) Rear of midfield, ridden and switched left 2f out, no impression until stayed on near finish, never nearer, 2nd of 8, 1 1/4l behind Amazonian Dream (9-6) at Windsor 6f hcp 0-80 (4) gf in Jul.

Grey Horizon 7-2 (9-10) Made all, pushed along over 1f out, ridden inside final furlong, ran on well, won at Bath 6f app hcp 0-75 (5) fm in Jul beating Merrimack (9-3) by 1l, 6 ran.

STARFORM: TENBOB TOMMY **DANGER:** Lequinto

4.30 HANDICAP
Class 6 6f (7 runners) £4,187

1	(4)	5231	**DRAGON GOD (5)(G)(T)**	A Carroll 4 9 12(5ex)	**C Bishop**	61
2	(1)	3643	**MART (5)(CD,D4,A,G)(T)**	D Donovan 5 9 9	**D Keenan**	62
3	(5)	2-3L	**RAJETERIAT (46)**	C Gordon 4 9 6	**Josephine Gordon**	★66
4	(6)	2415	**BIG TIME RASCAL (31)(CD2,G)(T*)**	S Hodgson 5 9 6	**B Sayette**	63
5	(7)	LL01	**MANHATTAN CHUTE (24)(D,A,G)**	J & S Best 4 9 6	**F Marsh**	61
6	(2)	-061	**BATED BREEZE (31)(CD,G)**	G & J Moore 5 9 3	**D Probert**	65
7	(3)	-026	**KODI K (38)**	J Gallagher 3 8 11	**J Leavy**	61

Star Betting: 3 Dragon God, 7-2 Manhattan Chute, Bated Breeze, 5 Big Time Rascal, 11-2 Mart, 10 Kodi K, 25 Rajeteriat.

2025: Starsong 6 9 5, Frederick Larson 10-3 Fav (M Appleby), drawn (3), 10 ran.

STARFORM: BATED BREEZE **DANGER:** Dragon God

5.00 HANDICAP
Class 6 3YO 7f (7 runners) £4,187

1	(3)	50L0	**KING CHERRY (2)(T)**	S C Williams 9 9	**Jack Doughty**	66
2	(6)	56-0	**SOLAR PHOENIX (55)(B*)**	R Teal 9 8	**D Costello**	63
3	(2)	6003	**PENNINE WAY (17)**	J Channon 9 5	**G Bass**	65
4	(5)	4113	**SHES GOT THE BLUES (41)(CD,D,G)**	A Carroll 9 4	**M Coppins (5)**	65
5	(7)	4664	**SUPERSTORM (23)(V)**	C Fellowes 8 13	**Mikkel Mortensen (5)**	67
6	(4)	0L35	**ARVANA BELLE (13)(C,G)(B)**	B Millman 8 9	**D Probert**	★68
7	(1)	-L06	**SNOW DAY (38)**	A Carroll 8 9	**Molly Gunn (5)**	61

LONG HANDICAP: Arvana Belle 8-8, Snow Day 8-8.

Star Betting: 2 Pennine Way, 5-2 Shes Got The Blues, 5 Superstorm, 6 Arvana Belle, 10 Solar Phoenix, 12 King Cherry, 20 Snow Day.

2025: Berning Hot 9 6, P Bradley 17-2 (M Attwater), drawn (5), 6 ran.

STARFORM: SHES GOT THE BLUES **Danger:** Pennine Way

YESTERDAY'S RESULTS AND PRICES

BRIGHTON

2.38: **1, VALADERO** (Liam Wright 17-2); **2, Spirited Dancer** (9-2); **3, River Wharfe** (8-11 fav). ¾l, hd. 8 ran. Brian Toomey. Tote: £9.50; pl £2.10, £1.50, £1.10. Exacta: £26.30. Trifecta: £83.10. CSF: £47.59.

3.13: **1, THE MONKEY KING** (R Clutterbuck evens fav); **2, Foscarini** (3-1); **3, Regalism** (5-2). 1¾l, 1¾l. 5 ran. R Beckett. Tote: £2.00; pl £1.20, £1.80. Exacta: £4.00. Trifecta: £6.00. CSF: £4.38.

3.50: **1, GONE ROGUE** (T P Queally 6-5 fav); **2, Dandy G Boy** (18-1); **3, Boubyan** (4-1). ½l, 5½l. 6 ran. G & J Moore. Tote: £2.20; pl £1.30, £6.60. Exacta: £24.20. Trifecta: £83.50. CSF: £24.76.

4.25: **1, TAI HANG PEGASUS** (P Bradley 9-2); **2, Nibras Gold** (11-4); **3, Sarangpur** (10-11 fav). 2¾l, 1l. 5 ran. C Fellowes. Tote: £7.20; pl £2.40, £1.60. Exacta: £19.20. Trifecta: £39.00. CSF: £17.24. NR: Brave Hunter.

4.55: **1, DREAM OF ITHACA** (Liam Wright 15-8); **2, Foinix** (11-10 fav); **3, Dogged** (15-2). 3½l, 5l. 5 ran. J Gallagher. Tote: £2.88; pl £1.60, £1.10. Exacta: £4.50. Trifecta: £12.30. CSF: £4.22. NR: Gearing's Point.

5.30: **1, SERENITY DREAM** (Jack Doughty 4-1); **2, Dion Baker** (13-2); **3, North View** (9-4 fav). 1½l, 1¼l. 6 ran. A Carroll. Tote: £5.00; pl £1.80, £3.10. Exacta: £28.00. Trifecta: £72.70. CSF: £29.41. NR: Just Jump.

QUADPOT: £22.90
PLACEPOT: £52.60

NEWMARKET

2.20: **1, STORMY MUSIC** (A Redman 13-2); **2, Born A Rebel** (7-2); **3, Decalogue** (10-1). 10-3 jtfav Just Typical, 10-3 jtfav Panelli. 1½l, shd. 7 ran. A Balding. Tote: £7.50; pl £2.70, £2.40. Exacta: £26.50. Trifecta: £278.20. CSF: £29.85.

2.55: **1, WOODHAY WAYFARER** (S Osborne 4-1); **2, High Calibre** (10-3); **3, Emerald Bay** (9-2). 11-8 fav Lord Ragnar. 1¼l, 3l. 5 ran. T Ward. Tote: £5.00; pl £1.80, £2.00. Exacta: £18.20. Trifecta: £54.30. CSF: £17.41.

3.30: **1, CROWN AND TWO** (B Loughnane 7-2); **2, Zephyra** (20-1); **3, Hello You Ten** (5-1). 4-7 fav Fast Performer. 3½l, 4¼l. 7 ran. Tom Clover. Tote: £4.50; pl £1.90, £7.10. Exacta: £66.60. Trifecta: £256.70. CSF: £65.14.

4.00: **1, CERRO BLANCO** (B Loughnane 1-25 fav); **2, Nothing But Love** (18-1); **3, Tacticalist** (16-1). 7l, 7½l. 4 ran. C Appleby. Tote: £1.04; Exacta: £2.20. Trifecta: £2.90. CSF: £2.18.

4.33: **1, HIGH FIBRE** (C Fallon 6-5 fav); **2, Percy Shelley** (8-1); **3, Koala Rose** (9-4). 1¼l, 7½l. 5 ran. James Owen. Tote: £2.20; pl £1.40, £2.80. Exacta: £8.80. Trifecta: £21.60. CSF: £10.99.

5.08: **1, EDUCATOR** (B Loughnane 11-10 fav); **2, Seeking Charles** (11-2); **3, King's Castle** (11-2). ns, 1½l. 6 ran. Miss H Knight. Tote: £2.10; pl £2.20, £1.20. Exacta: £7.60. Trifecta: £20.70. CSF: £7.66.

QUADPOT: £16.00
PLACEPOT: £88.30

CHEPSTOW

5.20: **1, ARAVALLI** (Taylor Fisher 11-2); **2, Curran** (5-1); **3, Cosmo Brown** (7-1). 5-2 jtfav Oasis Sunrise, 5-2 jtfav Double Red. 4½l, nk. 7 ran. J Tickle. Tote: £6.50; pl £2.90, £2.60. Exacta: £25.10. Trifecta: £216.70. CSF: £32.91.

5.55: **1, DOWNONMAINSTREET** (David Egan evens fav); **2, Rogue Dakota** (13-2); **3, Marzad** (25-1). 3l, 8l. 4 ran. M Bell. Tote: £2.00; Exacta: £5.30. Trifecta: £23.30. CSF: £7.79.

6.30: **1, SOLAR EDGE** (G Mangan 15-8 fav); **2, Rogue Bullet** (3-1); **3, Over Spiced** (7-1). 4¼l, hd. 7 ran. C Mason. Tote: £3.10; pl £1.30, £2.10. Exacta: £9.80. Trifecta: £52.20. CSF: £7.97.

7.05: **1, REVELANCE** (E Greatrex 9-4 fav); **2, Nakaaha** (10-1); **3, Spirit Of The Bay** (17-2). 1l, ½l. 7 ran. R Beckett. Tote: £3.25; pl £1.70, £4.30. Exacta: £25.10. Trifecta: £144.80. CSF: £25.93.

7.40: **1, ESPONA BAY** (C Howarth 5-1); **2, Sydney Rock** (14-1); **3, Clementines Star** (evens fav). ½l, 3¼l. 7 ran. S Dixon. Tote: £6.00; pl £2.40, £3.40. Exacta: £36.70. Trifecta: £198.80. CSF: £67.71.

8.15: **1, RED SNAPPER** (Charlie Tucker 5-2); **2, Pull The Rug** (11-1); **3, Hallandale Beach** (6-5 fav). nk, 2½l. 4 ran. Kathy Turner. Tote: £3.50; Exacta: £18.70. Trifecta: £32.90. CSF: £21.41.

QUADPOT: £91.50
PLACEPOT: £681.20

SANDOWN

5.00: **1, EPICTETUS** (Miss M Jordan 3-1); **2, What's The Plan** (5-4 fav); **3, Impierious** (12-1). ½l, 3½l. 7 ran. J Osborne. Tote: £4.00; pl £1.80, £1.30. Exacta: £8.60. Trifecta: £52.30. CSF: £7.38.

5.38: **1, ELEVATING** (S M Levey 9-2); **2, Crazee In Havana** (4-1); **3, Catching Dreams** (4-6 fav). 2¼l, 2¾l. 9 ran. R Hannon. Tote: £6.90; pl £1.40, £1.50, £1.10. Exacta: £33.50. Trifecta: £52.40. CSF: £24.68.

6.13: **1, FIRST LAW** (C Planas 8-11 fav); **2, Flight Tracker** (5-4); **3, Crown Ranger** (20-1). hd, 2l. 4 ran. C Appleby. Tote: £1.73; Exacta: £1.80. Trifecta: £3.60. CSF: £1.99.

6.48: **1, EDWIN HUBBLE** (O Murphy 5-6 fav); **2, Interstate** (3-1); **3, Elan D'or** (5-2). nk, 16l. 3 ran. B Meehan. Tote: £1.84; Exacta: £3.60. Trifecta: £4.20. CSF: £3.51.

7.23: **1, DESERT SHADOW** (O Murphy 7-2); **2, Thursday Girl** (7-4 jtfav); **3, Ascending Star** (7-4 jtfav). 3¼l, nk. 6 ran. S bin Suroor. Tote: £4.50; pl £2.00, £1.50. Exacta: £10.60. Trifecta: £17.60. CSF: £10.18.

7.58: **1, BUBBLES WONKY** (K Shoemark 9-1); **2, Amused** (11-2); **3, Great Blasket** (2-5 fav). 1l, shd. 6 ran. M Pattinson. Tote: £12.30; pl £3.60, £2.10. Exacta: £46.50. Trifecta: £106.60. CSF: £57.00.

JACKPOT: £5,000.00, with £3,811.30 carried over.
QUADPOT: £45.40
PLACEPOT: £87.70

SOUTHWELL

5.04: **1, HEAR THE DRUMS** (Oisin Orr 11-4 jtfav); **2, Miss Mambo** (9-2); **3, Soda** (14-1). 11-4 jtfav Distillation. ¾l, 1½l. 10 ran. R & P Fahey. Tote: £3.75; pl £1.50, £2.00, £4.30. Exacta: £19.30. Tricast: £149.58. Trifecta: £195.70. CSF: £15.54.

5.34: **1, STARAKOVA** (Harry Vigors 10-3); **2, Here Comes Louie** (6-1); **3, Thomas Tallis** (11-1). 2-1 fav Elashgar. 1½l, 1½l. 8 ran. W Greatrex. Tote: £4.90; pl £2.10, £1.50, £3.50. Exacta: £28.50. Tricast: £200.13. Trifecta: £305.40. CSF: £24.35. NR: Alice's Influence.

6.06: **1, HAUTELUCE** (Ashley Lewis 10-3); **2, Blue Celestial** (8-1); **3, Kiss Me My Love** (11-2). 3-1 fav Filly Eilish. ¾l, 2½l. 11 ran. E Walker. Tote: £4.34; pl £1.80, £2.80, £1.70. Exacta: £31.80. Tricast: £148.38. Trifecta: £230.30. CSF: £30.10.

6.41: **1, KODIAC CITY** (K Stott 15-2); **2, Baarberini** (5-6 fav); **3, Astral Crown** (25-1). 2l, 2½l. 8 ran. R Hughes. Tote: £8.50; pl £2.30, £1.10, £4.80. Exacta: £10.90. Trifecta: £287.10. CSF: £14.54.

7.16: **1, MIRACULOUS** (D Allan 5-1); **2, Ziggy's Condor** (9-4 fav); **3, Hectic** (14-1). ¾l, ¾l. 10 ran. T Easterby. Tote: £6.90; pl £2.10, £1.50, £3.50. Exacta: £17.70. Tricast: £153.49. Trifecta: £126.50. CSF: £16.59.

7.51: **1, DORNEY LAKE** (D Tudhope 9-2 fav); **2, Fierce** (15-2); **3, Beattie Is Back** (5-1). ¾l, 2l. 9 ran. L Bailey. Tote: £5.50; pl £1.20, £3.20, £2.00. Exacta: £41.10. Tricast: £177.77. Trifecta: £269.70. CSF: £39.09.

8.26: **1, SPINNING WHEEL** (Oisin Orr 7-2); **2, Say What You See** (12-1); **3, El Burhan** (9-1). 3-1 fav Port Of London. nk, hd. 12 ran. S & E Crisford. Tote: £4.50; pl £1.60, £3.60, £2.50. Exacta: £49.40. Tricast: £367.35. Trifecta: £497.50. CSF: £48.42. NR: King's Code.

9.00: **1, JUNKYARD DOG** (A Mullen 9-1); **2, Dingwall** (4-1); **3, Golspie** (4-1). 11-4 fav Into Combat. nk, ½l. 11 ran. I Jardine. Tote: £10.00; pl £3.10, £2.00, £1.80. Exacta: £69.20. Tricast: £176.05. Trifecta: £553.40. CSF: £48.87. NR: Blackwaterfoot, Meet Me In Meraki.

QUADPOT: £12.40
PLACEPOT: £73.70

StarForm NUMBER ONE FOR RACING

THIRSK Racing TV

2.10 APPRENTICE CLASSIFIED STAKES

Class 6 6f (9 runners) £3,140

1	(1)	-066	**DRISH SAMPHIRE (7)** L Mullaney 4 9 9	**C Horgan**	51
2	(3)	4330	**GOLDEN PROSPERITY (9)(CD,D,G)(P)** T Coyle & K Wood 7 9 9	**J Dickson (3)**	57
3	(6)	6604	**HURSTWOOD (20)(D10,0,A,G,S)** P Niven 9 9 9	**E Tindall**	53
4	(8)	2054	**MISTER SKY BLUE (16)(D,G)** G Tutty 4 9 9	**Conor Whiteley**	59
5	(4)	6005	**MRS TRUMP (9)(BF,CD,D2,G,S)** P Midgley 6 9 9	**Liam Wright**	54
6	(9)	6040	**NEWYORKSTATEOFMIND (32)(D4,A,G)(B)** R Carr 9 9 9	**T Langley**	50
7	(5)	0042	**TARLAC (22)(D,S)** K Scott 4 9 9	**Olivia Haines (3)**	★60
8	(2)	6LLL	**THANK THE LORD (105)(D2,A,F,G)(V)** Mr W G Harrison 7 9 9	**Shay Farmer**	57
9	(7)	6552	**TICKETS (42)(BF,D3,A,G)(T)** P Neville 7 9 9	**Harry Vigors (3)**	57

Star Betting: 10-3 Tarlac, 7-2 Tickets, 9-2 Mrs Trump, 6 Mister Sky Blue, 7 Golden Prosperity, Hurstwood, 16 Thank The Lord, Drish Samphire, 25 Newyorkstateofmind.

STARFORM: TARLAC **DANGER:** Tickets

2.40 RESTRICTED MAIDEN FILLIES' STAKES

Class 4 2YO 5f (13 runners) £5,400

1	(8)		**ESTELLA HAVISHAM** K R Burke 9 2	**S James**	–
2	(6)	3	**MOLLISHA (13)** B Ellison 9 2	**B Robinson**	76
3	(10)	4322	**MY MARIA (9)(P*)** A Watson 9 2	**C Beasley**	81
4	(12)	L24	**SHANIKO (48)(H)** Craig Lidster 9 2	**Kaiya Fraser**	73
5	(3)	43L	**TIME GLORY (30)** K Ryan 9 2	**K Stott**	★83
6	(2)	52	**INGLEWOOD (30)** J Camacho 8 13	**R Sexton**	80
7	(4)	3	**PROSPERITY ANGEL (23)** B Haslam 8 13	**A Mullen**	66
8	(5)		**TAKEASELFIE** R & P Fahey 8 13	**W Fentiman (3)**	–
9	(9)	4335	**TRAVELLERS GIRL (14)** Roger Fell 8 13	**Oisin Orr**	75
10	(7)	5	**VERUCA SALT (21)(T)** J Fanshawe 8 13	**J Peate**	58
11	(13)		**BASMAAH** B Haslam 8 10	**Harry Vigors (5)**	–
12	(1)	45	**DOROTHEA HOPE (10)(BF)** T Easterby 8 10	**D Fentiman**	77
13	(11)	3	**PURRISTA (10)** G Tutty 8 10	**Ashley Lewis (3)**	68

Star Betting: 7-2 Estella Havisham, 4 My Maria, 11-2 Mollisha, 8 Inglewood, Time Glory, 10 Takeaselfie, 12 Dorothea Hope, Travellers Girl, 14 others.

STARFORM: MOLLISHA **DANGER:** Estella Havisham

JASON HEAVEY		STAR TIP
Hurstwood	2.10	Tickets
Estella Havisham	2.40	Inglewood (nap)
Gerry's Darling	3.10	Bymiddaytomorrow
Military Girl	3.40	Azuinthejungle (nb)
Master Vintner	4.10	Master Vintner
Yellow Diamonds	4.40	Great Profit

3.10 PETER BELL MEMORIAL FILLIES' NURSERY

Class 5 2YO 7f (7 runners) £3,926

1	(1)	L501	**BYMIDDAYTOMORROW (11)(D,G)** E Walker 10 1(6ex)	**A Lewis (3)**	71
2	(5)	0L21	**GERRY'S DARLING (7)(D,G)** Roger Fell 9 8(6ex)	**K Stott**	★77
3	(7)	32	**LOVE TANYA (14)** E Bethell 9 6	**Oisin Orr**	72
4	(6)	533	**CONSULTATION (42)** J Fanshawe 9 5	**DOUBTFUL**	71
5	(4)	500	**BONJOUR BELLE (19)** B Ellison 8 6	**T Kiely-Marshall (5)**	74
6	(3)	L505	**PRISCILLA'S HOPE (31)** P McBride 8 6	**A Mullen**	75
7	(2)	0433	**SPIRIT OF MARY (14)** B Haslam 8 2	**E Tindall (5)**	69

Star Betting: 7-4 Gerry's Darling, 2 Bymiddaytomorrow, 9-2 Love Tanya, 10 Bonjour Belle, Spirit Of Mary, 14 Priscilla's Hope.

STARFORM: GERRY'S DARLING **DANGER:** Bymiddaytomorrow

3.40 HANDICAP

Class 5 5f (6 runners) £3,926

1	(1)	1414	**J STREET (13)(D3,A,G,S)** M & D Easterby 4 9 9	**B Garritty**	80
2	(3)	3112	**MILITARY GIRL (52)(BF,CD,D3,G,S)** M Dods 4 9 8	**C Beasley**	★82
3	(5)	3211	**AZUINTHEJUNGLE (10)(D3,A,G,S)** N Tinkler 4 9 8(5ex)	**A Jary (3)**	80
4	(6)	6LLL	**VINCE L'AMOUR (13)(D4,G,S)(B,T)** T Easterby 5 9 7	**D Allan**	72
5	(2)	4-20	**QILA (59)(T*)** B Ellison 3 9 4	**B Robinson**	77
6	(4)	1506	**GLORY FIGHTER (57)(CD,D10,G,S)** P Midgley 10 9 4	**D Nolan**	81

Star Betting: 2 Military Girl, 9-4 J Street, 5-2 Azuinthejungle, 10 Glory Fighter, 12 Qila, 25 Vince L'Amour.

STARFORM: AZUINTHEJUNGLE **DANGER:** Military Girl

GOING: GOOD-GOOD TO FIRM IN PLACES

PLACEPOT FIRST SIX RACES

TRACKFACTS Left-handed oval track of 1m 2f, undulating with tight turns, straight 6f course. Stalls today Straight Centre; 1m4f Stands Side; 7f Inside.

4.10 HANDICAP

Class 3 1m 4f (6 runners) £9,720

1	(2)	-022	**MASTER VINTNER (36)(BF,D,A,S)(B*)** R Beckett 4 9 9	**E Greatrex**	★101
2	(5)	042L	**MAJESTIC (28)(G)** J Channon 8 9 6	**C Beasley**	97
3	(4)	0663	**WAHDAN (13)(A)(P)** T Easterby 5 9 5	**D Allan**	99
4	(1)	41L-	**SUDU (373)(D,G)(H*)** R Varian 4 9 3	**R Dawson**	–
5	(3)	-443	**WANDERLUST (43)(S)** I Jardine 4 9 1	**A Mullen**	100
6	(6)	/420	**GOLDEN WEST (28)(A,G)** T Easterby 5 8 10	**D Fentiman**	99

Star Betting: 11-8 Master Vintner, 4 Sudu, 9-2 Wanderlust, 6 Wahdan, 8 Majestic, 14 Golden West.

STARFORM: MASTER VINTNER **DANGER:** Wanderlust

4.40 HANDICAP

Class 6 3YO 6f (11 runners) £3,140

1	(7)	1032	**MAXIMUM VELOCITY (16)(G)(P)** N Tinkler 9 9	**F McManoman**	71
2	(10)	4445	**YELLOW DIAMONDS (22)(S)** J Camacho 9 8	**R Sexton**	69
3	(5)	0222	**GREAT PROFIT (11)** Mr W G Harrison 9 7	**B McHugh**	74
4	(2)	0306	**OVERBUDGET (42)** M Appleby 9 7	**A Mullen**	71
5	(8)	6560	**REAL JACK (48)** M Dods 9 6	**C Beasley**	70
6	(11)	L035	**SOUL WARRIOR (18)(D,S)** N Tinkler 9 2	**A Jary (3)**	71
7	(9)	6-60	**MARE OF LONDON (14)** M Walford 9 1	**S James**	68
8	(4)	0306	**HELLCAT (31)** R Burdon 8 12	**A Egan (7)**	68
9	(6)	1244	**LOPE Y LINDA (16)(G,S)** T Easterby 8 12	**D Allan**	★75
10	(1)	1435	**LIQUID COOLED (21)(D,A)** B Haslam 8 10	**Harry Vigors (5)**	73
11	(3)	405L	**AGRIC RANGER (15)** T Easterby 8 10	**D Fentiman**	68

Star Betting: 10-3 Great Profit, 4 Maximum Velocity, Yellow Diamonds, 6 Overbudget, 10 Lope Y Linda, 12 Liquid Cooled, 14 Agric Ranger, Real Jack, Mare Of London, 20 others.

STARFORM: MAXIMUM VELOCITY **DANGER:** Great Profit

HAYDOCK sky sports racing

JASON HEAVEY		STAR TIP
Ancestor	5.43	Ancestor
Arrange	6.18	Fast Fred
Casino Star	6.53	God Given Talent
Arthurian	7.28	Arthurian
Syndicale	8.03	Silver Sovereign
Tokyo Joe (nap)	8.38	Tokyo Joe

5.43 ZYN POLE POSITION EBF NOVICE STAKES

Class 3 1m 2f (3 runners) £7,020

1	(3)	41	**ANCESTOR (30)(D,G)** W Haggas 3 9 11	**T Marquand**	★87
2	(1)	5-5	**GOLDEN CAVIAR (8)** E Dunlop 3 9 4	**H Crouch**	74
3	(2)	43	**TROPICAL SANDS (57)** E Walker 3 8 13	**C Lee**	84

Star Betting: 4-6 Ancestor, 7-4 Tropical Sands, 8 Golden Caviar.

2025: No corresponding race.

STARFORM: ANCESTOR **DANGER:** Tropical Sands

6.18 AMATEUR JOCKEYS' HANDICAP

Class 5 1m 6f (8 runners) £4,222

1	(5)	-LL1	**DREAM HARDER (8)(A,G,S)(P,T)** M Loughnane 7 11 3(4ex)	**Mr Jack Loughnane (7)**	59
2	(8)	0402	**FAST FRED (27)(BF,A,G,S)(P)** Phillip Makin 6 11 2	**Miss P Brown (3)**	62
3	(2)	0532	**CAPH STAR (15)(A,G)(T)** M Rimell 7 11 1	**Mr Harry Rimell (7)**	61
4	(3)	3310	**CLANSMAN (41)(D,A,S)** L Bailey 8 10 12	**Miss Amy Collier**	63
5	(7)	0533	**MADE ALL (J20)(BF,A,G,S)(T)** S England 5 10 11	**R Hitchen (5)**	60
6	(6)	0622	**ARRANGE (7)(C,D,G,S)** M Todhunter 8 10 10	**Mr Eireann Cagney**	62
7	(1)	0-06	**EDWARD SEXTON (109)** G & J Moore 6 10 6	**Mr D Dunsdon**	59
8	(4)	2624	**HAVACHOC (31)(BF,A)(P)** P Morris 4 9 13	**Mr Lucas Murphy (5)**	★64

Star Betting: 7-2 Dream Harder, 4 Fast Fred, Arrange, Caph Star, 6 Made All, 12 Havachoc, 14 Edward Sexton, 16 Clansman.

2025: Arcon 5 10 13, Mr J Neild(3) 20-1 (J Candlish), drawn (2), 9 ran.

STARFORM: FAST FRED **DANGER:** Havachoc

GOING: GOOD

PLACEPOT FIRST SIX RACES

TOP TRAINERS (with runners) W Haggas 47 winners, (25.7% strike rate), +£22.55, K R Burke 34, (16.6%), +£4.10, E Walker 30, (21.4%), +£73.05, D O'Meara 27, (13.7%), +£8.68.

TOP JOCKEYS (with mounts) Tom Marquand 35 winners, (18.4% strike rate), -£3.38, Hector Crouch 19, (18.6%), -£24.97, Clifford Lee 16, (11.6%), -£21.67, Jason Hart 8, (6.7%), -£55.17.

6.53 ZYN PACESETTER CUP NURSERY

Class 3 2YO 5f (6 runners) £7,731

1	(5)	106	**GOD GIVEN TALENT (21)(G)** W Haggas 9 9	**T Marquand**	87
2	(4)	220	**DANCE A JIG (51)** R Beckett 9 9	**H Crouch**	86
3	(3)	2120	**JAIJAI (7)(D,G)** R Hannon 9 5	**S M Levey**	88
4	(6)	2310	**UNDERCOVER AFFAIR (9)(D2,G,S)** P Evans 9 3	**R Kavanagh (3)**	89
5	(1)	10	**ROTELLE (13)(D,G)** C Fellowes 8 13	**P Bradley**	90
6	(2)	262	**CASINO STAR (27)** K R Burke 8 12	**C Lee**	★91

Star Betting: 2 God Given Talent, 5-2 Casino Star, 4 Dance A Jig, 13-2 Rotelle, 8 Undercover Affair, 14 Jaijai.

2025: Silent Applause 9 9, O Murphy 5-6 Fav (C Appleby), drawn (1), 3 ran.

STARFORM: GOD GIVEN TALENT **DANGER:** Rotelle

7.28 EBF MAIDEN STAKES

Class 3 2YO 1m (6 runners) £7,020

1	(2)	6	**ARTHURIAN (21)** A Balding 9 7	**C Hutchinson**	★80
2	(4)		**BURNING UP** K R Burke 9 7	**C Lee**	–
3	(3)		**GOLDEN FALCON** S bin Suroor 9 7	**P Bradley**	–
4	(6)		**KING KENNY** A Brittain 9 7	**H Russell**	–
5	(1)	LL	**PARRY GREEN (13)** L Williamson 9 7	**S B Kirrane**	38
6	(5)		**SKYLAR** C Johnston 9 7	**H Crouch**	–

Star Betting: 2 Arthurian, 11-4 Burning Up, 3 Golden Falcon, 5 Skylar, 8 King Kenny, 150 Parry Green.

2025: No corresponding race.

STARFORM: BURNING UP **DANGER:** Arthurian

8.03 EBF FILLIES' RESTRICTED NOVICE STAKES

Class 3 2YO 7f (9 runners) £7,020

1	(7)	1	**SYNDICALE (17)(D,A)** K R Burke 9 6	**C Lee**	73
2	(1)		**REMEMBER THE SHOW** E Walker 9 2	**T Marquand**	–
3	(6)		**SCRAPPETALENE** C Johnston 9 2	**J Hart**	–
4	(3)		**SEA ANGIE RUN** Tom Clover 9 2	**J Mitchell**	–
5	(5)	6	**EXPENSIVE LUXURY (21)** K R Burke 8 13	**S M Levey**	48
6	(9)	5	**FRESHWATER (16)(BF)** D O'Meara 8 13	**M Winn**	64
7	(8)	2	**SILVER SOVEREIGN (17)** C Cox 8 13	**H Crouch**	★86
8	(2)	0	**TRADITTION (16)** T Easterby 8 13	**S B Kirrane**	60
9	(4)	324	**APHRA BEHN (25)(BF)** R Beckett 8 10	**R Clutterbuck**	85

Star Betting: 5-2 Silver Sovereign, 11-4 Syndicale, Aphra Behn, 10 Remember The Show, Scrappetalene, 14 Sea Angie Run, 16 Freshwater, 25 Expensive Luxury, 33 Tradittion.

2025: No corresponding race.

STARFORM: SYNDICALE **DANGER:** Silver Sovereign

8.38 FIND YOUR ZYN MOMENT STRIDE HANDICAP

Class 5 7f (11 runners) £4,449

1	(5)	3311	**DISTINCT SPIRIT (6)(D2,G)** D & C Kubler 6 10 0(5ex)	**Ebrahim Nader**	★85
2	(4)	1212	**FARANDAWAY (15)(D,A,G)** G Tuer 4 9 9	**O Stammers**	81
3	(2)	4405	**MONTEZIN (13)(A)(P,T)** A Brittain 4 9 8	**H Russell**	81
4	(10)	4106	**CRIMINAL SHORE (19)(A,G)(V)** D O'Meara 4 9 8	**M Winn**	83
5	(8)	-633	**RAFFLES ANGEL (15)(C,G)** Jack Jones 5 9 7	**J Hart**	82
6	(11)	-60L	**POTOMAC RIVER (29)** T Kent 4 9 6	**J Mitchell**	82
7	(3)	1014	**EVOCATIVE SPARK (69)(BF,D7,A,G,S)(V)** J Riches 7 9 6	**S B Kirrane**	81
8	(7)	-641	**TOKYO JOE (24)(D,A,G)** E Walker 4 9 5	**T Marquand**	84
9	(9)	1312	**INVINCIBLE RUBY (14)(D,G)** I Jardine 4 9 3	**H Crouch**	82
10	(1)	L316	**MAGIC MUSIC (42)(BF,D,G)** Steph Hollinshead 4 9 2	**C Lee**	82
11	(6)	6L52	**BAJAN BANDIT (31)(CD,D4,A,G)(V)** P Morris 6 8 9	**R Kavanagh (3)**	82

Star Betting: 3 Distinct Spirit, 7-2 Tokyo Joe, 6 Invincible Ruby, 13-2 Farandaway, 8 Raffles Angel, 10 Bajan Bandit, 14 others.

2025: Crown's Lady 4 9 9, Callum Rodriguez 10-3 (E Bethell), drawn (1), 11 ran.

STARFORM: DISTINCT SPIRIT **DANGER:** Tokyo Joe

NEWMARKET Racing TV

5.27 EBF NEWCOMERS' 'CONFINED' MAIDEN STKS

Class 3 2YO 7f (8 runners) £6,700

1	(1)	**DESERT CASTLE** C Appleby 9 7	**B Loughnane**
2	(3)	**FARASAN** J & T Gosden 9 7	**O Murphy**
3	(2)	**HIERAX** W Haggas 9 7	**C Fallon**
4	(7)	**MY BOY** A Balding 9 7	**Jason Watson**
5	(6)	**NETHERSTREAM** J Chapple-Hyam 9 7	**David Egan**
6	(5)	**NIDAL** S C Williams 9 7	**M Ghiani**
7	(4)	**RE SHARDANA(T*)** Hayley Burton 9 7	**G Wood**
8	(8)	**SOMMOOD** S & E Crisford 9 7	**James Doyle**

Star Betting: 13-8 Desert Castle, 11-4 Farasan, 9-2 Hierax, 5 Sommood, 12 My Boy, 16 Netherstream, 50 Nidal, 100 Re Shardana.

2025: Al Zanati 9 7, W Buick 10-11 Fav (C Appleby), drawn (4), 9 ran.

STARFORM: SOMMOOD **DANGER:** Desert Castle

6.02 ZYN POLE POSITION MAIDEN FILLIES' STAKES

Class 3 2YO 1m (4 runners) £6,185

1	(3)	0	**BINT PALACE PIER (14)** R Hughes 9 2	**David Egan**	62
2	(4)		**LILY PINK** C Johnston 9 2	**R Hornby**	–
3	(2)		**OH SWEET ADARE** C Appleby 9 2	**B Loughnane**	–
4	(1)	L2	**ZARAKOVA (22)(BF)** A Balding 9 2	**O Murphy**	★79

Star Betting: 4-6 Oh Sweet Adare, 9-4 Zarakova, 10 Bint Palace Pier, Lily Pink.

2025: Evolutionist 9 2, S Foley 13-8 Fav (K R Burke), drawn (7), 8 ran.

STARFORM: ZARAKOVA **DANGER:** Oh Sweet Adare

6.37 CARLING NOVICE STAKES

Class 4 2YO 6f (5 runners) £5,234

1	(1)	12	**NABATI (21)(BF,D,G)** C Appleby 9 11	**B Loughnane**	★97
2	(5)	1	**TAWAKAL (21)(D,G)** S & E Crisford 9 11	**James Doyle**	82
3	(3)		**AL WIDYAN** A Balding 9 4	**O Murphy**	–
4	(4)		**ROLL UP RAYMOND** Gihan Arnolda 9 4	**G Wood**	–
5	(2)	00	**THE RESDEV ROCKET (14)** M & D Easterby 9 4	**S Osborne**	64

Star Betting: 8-13 Nabati, 11-4 Tawakal, 5 Al Widyan, 25 The Resdev Rocket, 50 Roll Up Raymond.

2025: No corresponding race.

STARFORM: NABATI **DANGER:** Tawakal

GOING: GOOD TO FIRM

PLACEPOT FIRST SIX RACES

7.12 HANDICAP

Class 4 6f (10 runners) £6,542

1	(10)	5422	**HAVANA BLUE (14)(BF,C,G)** J Camacho 6 10 0	**James Doyle**	85
2	(8)	405-	**LIL BROTHER (249)(G)** Michael Keady 3 9 12	**K S McHugh (7)**	77
3	(1)	L-0L	**ASPULL (35)(G)** P McEntee 4 9 9	**Grace McEntee**	★86
4	(7)	3211	**SPRING BLOOM (7)(CD4,G)** J Butler 9 9 9(4ex)	**N Callan**	81
5	(5)	3200	**FISCAL POLICY (14)(D8,A,G)** R Carr 7 9 8	**B Loughnane**	84
6	(6)	1113	**FENLANDER (20)(D3,G)** Mrs P Sly 5 9 8	**R Hornby**	84
7	(9)	L050	**FIFTY NIFTY (11)(C,G)(E)** Martin Dunne 5 9 6	**C Fallon**	75
8	(3)	02-L	**ROYAL ACCORD (14)(CD,D,A,G)** P Chapple-Hyam 4 9 6	**H Davies**	84
9	(2)	L505	**THE CALTONIAN (18)(D4,A)(B)** Miss L Perratt 7 9 3	**O Murphy**	80
10	(4)	4040	**AKABUSI (21)(D3,A,G)(B,T)** M Murphy 3 9 2	**S Osborne**	82

Star Betting: 13-8 Spring Bloom, 11-4 Havana Blue, 4 Fenlander, 12 The Caltonian, 14 Lil Brother, 16 Fifty Nifty, Akabusi, 20 Aspull, 33 others.

2025: Angel Shared 4 10 1, Dougie Costello 12-1 (Steph Hollinshead), drawn (1), 14 ran.

STARFORM: HAVANA BLUE **DANGER:** Fenlander

7.47 REKORDERLIG FILLIES' HANDICAP

Class 5 7f (7 runners) £5,154

1	(4)	4134	**HILLTOP (16)(D3,A,G)** D & C Kubler 5 10 2	**S Osborne**	76
2	(7)	2441	**ARETI (9)(D,G)(T)** Oliver Cole 3 9 10	**B Loughnane**	74
3	(2)	1-63	**ROGUE CITATION (30)(A)(T)** E Bethell 3 9 7	**H Davies**	73
4	(6)	2563	**ALBESEEINGYER (53)(CD,D5,G,S)** Steph Hollinshead 7 9 7	**David Egan**	★78
5	(5)	1140	**LEXINGTON EXPRESS (34)(A)(P)** M Botti 3 9 7	**M Ghiani**	70
6	(3)	2410	**SHOW ME GOLD (21)(D,A)** T Dascombe 3 9 2	**W Cox**	74
7	(1)	435-	**MELODICAL (302)** E Walker 3 8 11	**O Murphy**	70

Star Betting: 11-4 Areti, 3 Hilltop, 10-3 Rogue Citation, 5 Albeseeingyer, 7 Melodical, 16 Lexington Express, Show Me Gold.

2025: Wonderbolt 3 8 13, David Egan 6-1 (K R Burke), drawn (6), 8 ran.

STARFORM: ARETI **DANGER:** Albeseeingyer

JASON HEAVEY		STAR TIP
Desert Castle	5.27	Farasan
Zarakova	6.02	Oh Sweet Adare
Tawakal	6.37	Nabati
Spring Bloom	7.12	Havana Blue
Hilltop	7.47	Areti
Shimmering Sands	8.22	Lucky Hero

8.22 ASPALL HANDICAP

Class 5 1m 2f (3 runners) £5,154

1	(1)	4-11	**SHIMMERING SANDS (39)(D5,G)(T)** M & D Easterby 7 9 12	**O Murphy**	80
2	(2)	0431	**LUCKY HERO (9)(D,G)** D O'Meara 3 9 4	**B Loughnane**	★86
3	(3)	3632	**BLUE NOON (14)** R Hannon 3 9 4	**P Dobbs**	78

Star Betting: 10-11 Shimmering Sands, 6-4 Lucky Hero, 11-2 Blue Noon.

2025: Charming Whisper 4 10 2, Sean Levey 9-2 (P McBride), drawn (10), 9 ran.

STARFORM **LUCKY HERO** 7-2fav (9-4) Held up towards rear, raced towards centre and steady headway from over 2f out, led over 1f out, went clear inside final furlong, eased towards finish, readily, won at Redcar 1m 2f app hcp 0-75 (5) gf in Jul beating Optician (10-2) by 5l, 8 ran.

Shimmering Sands 2-1fav (11-1) Wore hood to post, midfield, smooth progress into second 2f out, shaken up to lead over 1f out, went clear final furlong, comfortably, won at Pontefract 1m 2f am hcp 0-70 (5) gd in Jun beating Yermanthere (10-13) by 7l, 8 ran.

Blue Noon 10-1 (9-5) Pressed leader, led over 2f out, headed over 1f out, no impression on winner final 150 yards, 2nd of 5, 4 1/2l behind Cyrano De Bergerac (9-7) at Sandown 1m 2f 3yo hcp 0-80 (4) gf in Jul.

STARFORM: LUCKY HERO **DANGER:** Shimmering Sands

WHO'S HOT, WHO'S NOT

TERRIFIC TRAINERS: (Most wins last 14 days) R Hannon 11; R Varian 11; W Haggas 10; E Walker 10; A Balding 10; Sir M Prescott 9; K R Burke 8; C Appleby 8.
SUFFERING STABLES: (Runners since last win) Gary Rutherford 43; Michael Keady 34; Jack Jones 30.
HOT JOCKS: (Most wins last 14 days) Billy Loughnane 21; Oisin Murphy 11; Cieren Fallon 11; Rob Hornby 8; Jason Hart 7; Jack Mitchell 7; Marco Ghiani 7.
RIDE OUT OF LUCK: (Rides since last win) M Mortensen 55; Duran Fentiman 42; David Nolan 42.

HEAVEY'S NAP

TOKYO JOE (8.38 Haydock) has been in good form and a minimal 1lb rise for his Ffos Las win last time out – on the back of good efforts in stronger company – gives him the look of a well-handicapped beast.

STARFORM TREBLE

NAP: TENBOB TOMMY (4.00 Brighton)
NB: MISEMERALD (4.54 Musselburgh)
TREBLE: TARLAC (2.10 Thirsk)

PUNTER POINTERS

BEST EACH-WAY

MS MESSI (8.30 Gowran) went off the boil after scoring a first win last year but is on a fair mark if bouncing back to anything like that form.

WIND SURGERY

NEWMARKET: Lil Brother (7.12).
THIRSK: Qila (3.40).

MAGIC COMBINATIONS

BRIGHTON
None.
HAYDOCK
None.
MUSSELBURGH
G Fairley rides 4.24 Sure And Stedfast for Ewan Whillans, previous combinations 2 wins from 3 mounts 67% strike rate at course.
NEWMARKET
Cieren Fallon rides 5.27 Hierax for W Haggas, previous combinations 9 wins from 42 mounts 21% strike rate at course.
THIRSK: None.

NEW QUARTERS

BRIGHTON
4.00 The Quiet Gent (R Beckett to Brian Toomey), 4.30 Big Time Rascal (M Attwater to S Hodgson), 5.30 Anafah (A) (E Oertel to P Collington).
HAYDOCK
6.53 God Given Talent (J Ferguson to W Haggas).
MUSSELBURGH
None.
NEWMARKET
7.12 Aspull (C Cox to P McEntee).
THIRSK
4.40 Overbudget (D Cunha to M Appleby).

GOWRAN PARK Racing TV

JASON HEAVEY		STAR TIP
Rock Iguana	5.05	Princess Chloe
Mallavelly	5.35	Rebel Wave
Neo Smart	6.10	Alfred Tennyson
Gilts	6.45	Sunrise Angel
Sergei Diaghilev	7.20	Venetian Power
Felix Guido	7.55	Rahmi
Forthill	8.30	Numidia

GOING: GOOD TO FIRM-GOOD IN PLACES

PLACEPOT FIRST SIX RACES

5.05 OPTIONAL CLAIMING RACE

7f (14 runners) €4,959

1	(4)	1206-26	**ROCK IGUANA (79)(A)** D Hogan 4 9 13	**A J Casey (7)**	★82
2	(6)	2460020	**INISHFALLEN (10)(A)(B)** Stephen Thorne 5 9 12	**Jack Kearney (3)**	76
3	(7)	40	**CLADACH (14)** J P O'Brien 3 9 10	**D Browne McMonagle**	54
4	(12)	L2-6040	**SLIGHT OF FOOT (11)** R P Cody 3 9 10	**Donagh O'Connor**	64
5	(3)	20-0420	**GREEN KITE (30)** Kevin Coleman 4 9 8	**S Foley**	66
6	(13)	4006010	**HEXAGONAL (7)(C,G)(T)** D Hogan 5 9 8	**Reese Holohan (7)**	75
7	(8)	6632233	**PROFIT SURGE (4)(B,T)** G Keane 5 9 8	**C T Keane**	72
8	(14)	5L0L14L	**THURSO (27)(D,A,F,G)(P)** Gerard O'Leary 4 9 8	**B M Coen**	78
9	(9)	0642-01	**MO ANAM CHARA (81)(D)** M Fahey 3 9 4	**R P Whelan**	72
10	(11)	310-000	**SPENT ALL ME MONEY (6)(D2,G)(P)** A Sexton 4 9 4	**Conor Lamon (10)**	67
11	(1)	0031306	**SPIRIT OF EAGLES (21)(G)(T)** Thomas Dowling 6 9 3	**W J Lee**	71
12	(5)	00L5000	**SNOWBALLS (14)(V)** W McCreery 4 9 2	**L F Roche**	57
13	(10)	0-500	**MENWIRR (73)(P)** D Hogan 3 8 11	**Jared Huggan (10)**	70
14	(2)	004024	**PRINCESS CHLOE (13)(P*)** Daniel Murphy 3 8 11	**T Casey (7)**	74

Star Betting: 7-2 Rock Iguana, 9-2 Inishfallen, 11-2 Mo Anam Chara, 7 Profit Surge, 8 Hexagonal, 10 Thurso, 12 Princess Chloe, 14 Slight Of Foot, 16 others.

2025: No corresponding race.

STARFORM: CLADACH **DANGER:** Rock Iguana

5.35 IRISH STALLION FARMS EBF FILLIES HANDICAP

7f (9 runners) €10,165

1	(9)	203036-	**STUGARDIA (306)(D,S)** J P O'Brien 4 10 1	**J Pietropaolo (7)**	78
2	(8)	-226204	**GREYDREAMBELIEVER (8)(G)** J P O'Brien 4 9 13	**D Browne McMonagle**	87
3	(6)	40-0110	**RION RUBETTE (41)(CD2,D,G,S)** M Butler 4 9 12	**Paddy Harnett (5)**	89
4	(5)	63-L023	**MALLAVELLY (19)(BF,D,A,G)(T)** G M Lyons 5 9 10	**C T Keane**	89
5	(7)	0-00650	**AKECHETA (67)(BF,CD,D,S)(T)** Kevin Coleman 6 9 7	**C D Hayes**	★92
6	(2)	424-10	**PRETTY OMAGH GIRL (40)(G)** A Oliver 4 9 7	**B M Coen**	91
7	(1)	3-0011P	**THRIFTY OF DIGBY (48)(C3,D,G)(P)** J Harrington 5 9 5	**S Foley**	89
8	(4)	5621	**REBEL WAVE (20)(D,G)** W McCreery 3 8 11	**W J Lee**	88
9	(3)	00-3345	**HASITA (27)** J P Murtagh 3 8 7	**Rory Mulligan (5)**	89

LONG HANDICAP: Hasita 8-5.

Star Betting: 3 Rebel Wave, 7-2 Mallavelly, 6 Rion Rubette, Hasita, 7 Greydreambeliever, 8 Stugardia, 10 Pretty Omagh Girl, 12 others.

2025: Mallavelly 4 10 0, James Ryan 5-1 (G M Lyons), drawn (7), 7 ran.

STARFORM: HASITA **DANGER:** Mallavelly

6.10 EDWARD DORAN'S BIRTHDAY HANDICAP

7f (13 runners) €7,438

1	(10)	0-03110	**OHAILBHIC (16)(A)** J Feane 5 10 0	**R P Whelan**	79
2	(9)	4020603	**ALFRED TENNYSON (10)(D,G)(B,T)** D Hogan 4 9 12	**J M Sheridan**	77
3	(1)	030-0	**TOKYO TREASURE (27)(T)** P T Foley 4 9 10	**D Browne McMonagle**	73
4	(7)	2-06240	**SEND HARRY (10)(D,A)(H,T)** Miss E McCutcheon 4 9 8	**J S Dalton (7)**	80
5	(4)	L0-0050	**SUMMER SNOW (42)(CD2,D3,G)(T)** P Lawlor 6 9 8	**G M Ryan**	78
6	(6)	4643L-0	**BUNDLE OF INTEREST (90)(G)(V)** W McCreery 4 9 7	**W J Lee**	★82
7	(5)	0-L0500	**MOREHAMPTON (27)(CD,G)** J P Murtagh 3 9 7	**B M Coen**	81
8	(3)	4100045	**NEO SMART (22)(D2,A,G)(T)** J S Bolger 5 9 5	**Nicola Burns (5)**	79
9	(2)	40-303	**BOFA BEACH (34)** J Harrington 3 9 3	**S T McCullagh**	75
10	(8)	4550106	**CAITOUNA (11)(D,G)(P*)** P W Flynn 3 9 1	**C T Keane**	79
11	(12)	-060100	**BALLYMAGREEHAN (29)(C,A)** D Marnane 4 9 0	**L T McAteer**	79
12	(13)	0-021L4	**FORTUITY (37)(BF,D,G)(P)** J Harrington 3 8 10	**S Foley**	78
13	(11)	L0-0304	**REIMAGINED (26)(G)** Daniel McLoughlin 3 8 10	**N M Crosse**	77

Star Betting: 4 Alfred Tennyson, 6 Reimagined, Fortuity, 7 Neo Smart, 8 Bofa Beach, 10 Ballymagreehan, 12 Caitouna, Send Harry, Ohailbhic, 16 others.

2025: No corresponding race.

STARFORM: BOFA BEACH **DANGER:** Alfred Tennyson

6.45 1XBET.IE RACING LEGACY HANDICAP (0-60)

3YO 7f (15 runners) €4,959

1	(7)	5410040	**GLAMAZON (23)(V*)** J Harrington 10 2	**S Foley**	60
2	(3)	000	**KINGCHARLES (6)** Kevin Coleman 10 2	**B M Coen**	58
3	(1)	000-00	**OPPENHEIMER (95)** Kevin Coleman 10 2	**C T Keane**	58
4	(8)	000	**CHURCHFIELD LADY (13)(P)** J Harrington 10 1	**K G Kennedy (5)**	54
5	(5)	0001	**GILTS (56)(CD)** R Brabazon 10 0	**J Cleary (5)**	56
6	(15)	0660	**MAKE THE TIDE (37)** W McCreery 10 0	**W J Lee**	61
7	(13)	324-006	**SUNRISE ANGEL (24)** A Slattery 9 13	**A J Slattery**	★65
8	(10)	0-00030	**FONTAINE KHALED (36)** E & P Harty 9 10	**Jessica O'Gorman (7)**	58
9	(14)	00L-0L	**MISS IVOR (65)** P O'Rourke 9 10	**J S Dalton (7)**	53
10	(2)	-005004	**OCHTAR AGAINN (27)(P)** M J Byrne 9 9	**Paddy Harnett (5)**	56
11	(9)	-5LLL04	**SAYONARA (24)** A Slattery 9 7	**A Browne-Souza (7)**	62
12	(4)	LL0	**BALLERINA DANCER (67)** G M Doyle 9 1	**L T McAteer**	54
13	(12)	0006400	**HE'S HOLDING COURT (27)(P*,T*)** A Slattery 9 0	**Orla Tynan (7)**	58
14	(6)	2040530	**BEAU ARMY (13)(D,A)(V*)** A McGuinness 8 11	**C D Hayes**	61
15	(11)	0-L0005	**GARRYOWEN GREEN (13)(T)** A McNamara 8 11	**N M Crosse**	58

Star Betting: 4 Gilts, 6 Ochtar Againn, 7 Sunrise Angel, 8 Glamazon, Churchfield Lady, Fontaine Khaled, Sayonara, 10 Oppenheimer, Beau Army, 14 others.

2025: Shahada Ace 9 7, Andy Slattery 5-2 Fav (A Slattery), drawn (2), 9 ran.

STARFORM: KINGCHARLES **DANGER:** Gilts

7.20 COOLMORE STUD CHURCHILL STAKES (LISTED)

Class 1 2YO 1m (6 runners) €24,793

1	(3)	1	**CITY OF DUBAI (25)(D,G)** P Twomey 9 5	**W J Lee**	89
2	(5)	612	**FULL VOLUME (23)(D,G)** J Harrington 9 5	**S Foley**	90
3	(6)	10	**SERGEI DIAGHILEV (51)(BF,G)** A P O'Brien 9 5	**W M Lordan**	★95
4	(1)	41	**VENETIAN POWER (23)(D,G)** J P O'Brien 9 5	**J M Sheridan**	93
5	(2)	21	**BELLESQUE (22)(D,G)** J P O'Brien 9 0	**D Browne McMonagle**	90
6	(4)	42231	**SEA OF RAIN (15)(G)** J S Bolger 9 0	**C T Keane**	94

Star Betting: 3 Sergei Diaghilev, 7-2 Venetian Power, City of Dubai, 4 Bellesque, 7 Sea Of Rain, 8 Full Volume.

2025: Thesecretadversary 9 5, Seamie Heffernan 3-1 (J A Stack), drawn (5), 6 ran.

STARFORM: CITY OF DUBAI **DANGER:** Sergei Diaghilev

7.55 1XBET.IE COMMUNITY CHAMPIONS RACE

1m (7 runners) €8,926

1	(3)	4004-L3	**BENEVENTO (13)(G)** Robson Aguiar 4 9 12	**Donagh O'Connor**	94
2	(2)	16-0LL6	**RAHMI (30)(D,G,S)** J P Murtagh 7 9 12	**Rory Mulligan (5)**	★95
3	(5)	/202-31	**CELTIC MOTIF (24)(D,G)(T)** J P O'Brien 4 9 11	**J M Sheridan**	80
4	(7)	111-L	**FELIX GUIDO (102)(G,S)(T*)** J P O'Brien 3 9 11	**D Browne McMonagle**	52
5	(4)	40-124	**GOD OF POWER (50)(BF)** A Slattery 3 9 9	**S Coen (5)**	88
6	(6)	31-053L	**ANUSHKA (40)(A)** H De Bromhead 3 9 4	**W J Lee**	84
7	(1)	L-L	**KEEP IT TOGETHER (37)** D Buckley 8 9 4	**G M Ryan**	33

Star Betting: 15-8 Rahmi, 5-2 Benevento, 3 Celtic Motif, 8 God Of Power, 10 Anushka, 12 Felix Guido, 100 Keep It Together.

2025: No corresponding race.

STARFORM: BENEVENTO **DANGER:** Felix Guido

8.30 (LADIES) HANDICAP

1m 4f 100yds (11 runners) €5,950

1	(8)	550/	**GATSBY GREY (J105)(T,V*)** O McKiernan 10 11 9	**Ava Maher (7)**	–
2	(2)	523-03	**FORTHILL (26)(V*)** P Twomey 4 11 7	**Ms J I Stokes (7)**	54
3	(1)	3250/	**PAHLAVI (J26)(P*,T)** J J Hanlon 9 11 7	**Ms C E Gunn (7)**	–
4	(10)	51264/5	**LIBERATED LIGHT (31)(T)** J & T Kiely 7 11 4	**Miss O M Queally (7)**	44
5	(9)	4L3-	**MONNTIE (J14)** J J Hanlon 4 11 0	**Ms K M Ryan (7)**	55
6	(3)	4000011	**NUMIDIA (21)(D,A,G)(V)** P Lawlor 8 11 0	**Miss N Fahey (7)**	46
7	(5)	532L4/0	**L'UN DEUX TROIS (J91)(D2,G,S)(B,T)** O McKiernan 10 10 13	**J O'Gorman (7)**	–
8	(11)	001000-	**MS MESSI (275)(D,G)** P W Flynn 5 10 8	**Nicola Burns (5)**	53
9	(4)	1000-44	**VERVAIN (23)(D,G)(T)** D H Kelly 4 10 4	**Orla Tynan (7)**	51
10	(6)	-603000	**MAPA (7)(H*,T)** S Lavery 5 10 2	**Miss R Hogan (7)**	★56
11	(7)	000-001	**ANIGHTAWAY (2)(T)** Sean Davis 5 10 6(7ex)	**Sadhbh Tormey (7)**	53

Star Betting: 3 Numidia, 7-2 Forthill, 4 Anightaway, 6 Vervain, 7 Monntie, 8 Liberated Light, 12 Ms Messi, 16 Pahlavi, 20 others.

2025: Ms Messi 4 10 5, Miss C Flynn(7) 25-1 (P W Flynn), drawn (9), 12 ran.

STARFORM: MS MESSI **DANGER:** Numidia

StarForm NUMBER ONE FOR RACING

Best bets for today's racing from our Starform expert Steve Curry

STICK a few shillings on **TENBOB TOMMY** **(4.00, nap)** in today's Harry Bloom Memorial Brighton Bullet Handicap.

Sheena West's five-year-old has really found his mojo since being dropped to sprint trips, shedding his maiden tag at the 11th attempt back in January and following up on his handicap debut in April.

He hasn't run since but that handicap win from a couple of subsequent scorers shows he can go well after this sort of absence.

And although this is tougher, he should have more to offer on just his third tilt at the 6f distance if tuned up.

MISEMERALD **(4.54)** would probably have beaten Monhammer with a clear run last time and can gain revenge as the pair clash again in Musselburgh's Muirhall Energy Breath Of Fresh Energy Handicap.

Phil Kirby's mare, who has tumbled down the weights during a long losing run, was travelling notably well when struggling to find a gap a furlong out and is 4lb better off with her conqueror at today's weights.

HAVANA BLUE **(7.12)** is another on a lengthy losing run but has been knocking on the door and can make the breakthrough in the Molson Coors Beverage Company Handicap.

He has found one too good by narrow margins the last twice at Ascot, but returns to the scene of his career-best victory.

The booking of James Doyle ***(left)*** – who is three from seven for the trainer – catches the eye.

At Thirsk, the recent handicap form of **TARLAC** **(2.10)** sets a high standard in the goracing.co.uk Future Stars Apprentice Classified Stakes, while **MASTER VINTNER** **(4.10)** should go close switching back to turf after a couple of all-weather near-misses.

RAISE A GLASS: Master Vintner can be the toast of punters at Thirsk

'My weight has been good'

From Page One come now. Then last year I was just plagued with problems. I got injured twice and I had to cut my season short just as it started to get going again.

"It just felt like nothing was kind of clicking into the right place and then in the back of your mind you're hoping you haven't plateaued or reached the level of where you're going to be.

"I think this year has proved that's not the case."

She went on: "It started brilliantly in May when I think I had 20 winners, and it's just gone from strength to strength since.

"My weight has been so good this year, and that's been a huge help. I've managed to ride so many good horses for really great connections."

Osborne has a formidable record at Ascot, where she rode two winners on her only previous Shergar Cup appearance, landed her first Group winner at the track and rode a treble on King George day to take her total haul at the course to 21.

"I have had a lot of luck there outside of the Royal meeting. Maybe it's because I've been going there since I was in a pram," she added.

■ ASFOORA (above) has been given the go-ahead to defend her title in the Coolmore City Of Troy Nunthorpe Stakes at York.

TODAY'S ABC

B - Brighton H - Haydock
M - Musselburgh
N - Newmarket T - Thirsk

Agric Ranger	T	4.40
Akabusi	N	7.12
Al Widyan	N	6.37
Albeseeingyer	N	7.47
Alnayef	M	4.24
Amantha	M	2.50
Anafah (A)	B	5.30
Ancestor	H	5.43
Ancient Times	B	4.00
Aphra Behn	H	8.03
Approaching Dawn	M	1.50
Areti	N	7.47
Arrange	H	6.18
Arthurian	H	7.28
Arvana Belle	B	5.00
Ashen	M	3.20
Aspull	N	7.12
Augustus Gloop	M	3.20
Azuinthejungle	T	3.40
Bajan Bandit	H	8.38
Barnaby Rudge	M	2.20
Basmaah	T	2.40
Bated Breeze	B	4.30
Bella Lucia	M	2.50
Big Fun	M	3.50
Big Time Rascal	B	4.30
Bigalo	M	2.50
Bint Palace Pier	N	6.02
Blue Noon	N	8.22
Bluestone Lady	M	2.50
Bona Fortuna	B	4.00
Bonjour Belle	T	3.10
Burning Up	H	7.28
Bymiddaytomorrow	T	3.10
Caph Star	H	6.18
Casino Star	H	6.53
Cayman Tai	B	4.00
Celebrating Ethel	B	3.30
Chloe's Courage	M	4.54
Clansman	H	6.18
Consultation	T	3.10
Criminal Shore	H	8.38
Cruse On Bye	B	3.00
Dance A Jig	H	6.53
Desert Castle	N	5.27
Diomed Spirit	B	2.30
Distinct Spirit	H	8.38
Dogged	B	3.30
Dorothea Hope	T	2.40
Dragon God	B	4.30
Dream Harder	H	6.18
Dreambird Dolly	B	2.30
Drish Samphire	T	2.10
Duskaura	B	4.00
Eagle Bay	M	3.20
Ecclefechan	M	3.50
Edward Sexton	H	6.18
Enamored	B	3.00
Estella Havisham	T	2.40
Evocative Spark	H	8.38
Expensive Luxury	H	8.03
Extended Order	M	2.50
Faith In Florence	M	2.20
Falcon Nine	M	1.50
Farandaway	H	8.38
Farasan	N	5.27
Fareedhat El Izz (A)	B	5.30
Fast Fred	H	6.18
Fenlander	N	7.12
Fifty Nifty	N	7.12
Filey Beach	M	4.54
Fiscal Policy	N	7.12
Fitzmaurice	B	3.30
Freshwater	H	8.03
Gemini Man	M	1.50
Gerry's Darling	T	3.10
Ghayah (A)	B	5.30
Glory Fighter	T	3.40
God Given Talent	H	6.53
Golden Caviar	H	5.43
Golden Falcon	H	7.28
Golden Prosperity	T	2.10
Golden West	T	4.10
Great Profit	T	4.40
Grey Horizon	B	4.00
Gweedore	M	3.20
Hakin Adraar	B	2.30
Havachoc	H	6.18
Havana Blue	N	7.12
Hellcat	T	4.40
Hierax	N	5.27
Hilltop	N	7.47
Hurstwood	T	2.10
Inglewood	T	2.40
Invincible Ruby	H	8.38
J Street	T	3.40
Jaijai	H	6.53
Jer Batt	M	3.50
Jonny Concrete	M	3.20
Keep Me Stable	M	4.54
King Cherry	B	5.00
King Kenny	H	7.28
Kodi K	B	4.30
Lequinto	B	4.00
Lexington Express	N	7.47
Liberty Looming	M	1.50
Lil Brother	N	7.12
Lily Pink	N	6.02
Liquid Cooled	T	4.40
Little Mester	B	3.00
Lope Y Linda	T	4.40
Love Tanya	T	3.10
Lucky Hero	N	8.22
Made All	H	6.18
Magic Music	H	8.38
Majestic	T	4.10
Manhattan Chute	B	4.30
Marcellinus	B	4.00
Mare Of London	T	4.40
Mart	B	4.30
Master Vintner	T	4.10
Maui Breeze	M	4.54
Maximum Velocity	T	4.40
Melodical	N	7.47
Military Girl	T	3.40
Miners Gamble	M	1.50
Minster Man	M	2.20
Misemerald	M	4.54
Mister Sky Blue	T	2.10
Misunderstood	M	3.20
Mollisha	T	2.40
Monhammer	M	4.54
Montezin	H	8.38
Montezuma	M	3.50
Mrs Trump	T	2.10
Much	M	4.24
My Boy	N	5.27
My Maria	T	2.40
My Mate Fitz	M	2.20
Myna	B	3.30
Nabati	N	6.37
Napps Way	B	3.00
Native Honey	M	3.20
Netherstream	N	5.27
Newyorkstateofmind	T	2.10
Nidal	N	5.27
Oh Sweet Adare	N	6.02
One Night Thunder	M	3.20
Outrace	B	3.30
Overbudget	T	4.40
Parry Green	H	7.28
Passing Thought	M	3.20
Pennine Way	B	5.00
Pharitz Lahia (A)	B	5.30
Potomac River	H	8.38
Priscilla's Hope	T	3.10
Prosperity Angel	T	2.40
Purrista	T	2.40
Qila	T	3.40
Raffles Angel	H	8.38
Rajeteriat	B	4.30
Re Shardana	N	5.27
Real Jack	T	4.40
Recon Mission	B	2.30
Red Tail	B	3.00
Remember The Show	H	8.03
Reporter	B	2.30
Roc De Fer	M	4.24
Rogue Citation	N	7.47
Roll Up Raymond	N	6.37
Rotelle	H	6.53
Royal Accord	N	7.12
Samra Star	M	1.50
Scrappetalene	H	8.03
Sea Angie Run	H	8.03
Shaniko	T	2.40
Shes Got The Blues	B	5.00
Shimmering Sands	N	8.22
Show Me Gold	N	7.47
Silver Sovereign	H	8.03
Simple Star	M	4.24
Skylar	H	7.28
Snow Day	B	5.00
Sod Hall Lane	M	2.20
Solar Phoenix	B	5.00
Sommood	N	5.27
Soul Warrior	T	4.40
Spirit Of Mary	T	3.10
Spring Bloom	N	7.12
Stapleford Park	B	2.30
Sudu	T	4.10
Superstorm	B	5.00
Sure And Stedfast	M	4.24
Syndicale	H	8.03
Takeaselfie	T	2.40
Tarlac	T	2.10
Tawakal	N	6.37
Tenbob Tommy	B	4.00
Thank The Lord	T	2.10
The Caltonian	N	7.12
The Quiet Gent	B	4.00
The Resdev Rocket	N	6.37
Thundering Breeze	B	3.30
Tickets	T	2.10
Time Glory	T	2.40
Tiva	M	3.50
Tokyo Joe	H	8.38
Tommy's Promise	M	4.24
Toy Soldier	M	1.50
Tradittion	H	8.03
Travellers Girl	T	2.40
Tropical Sands	H	5.43
U S S Charleston	B	4.00
Undercover Affair	H	6.53
Veruca Salt	T	2.40
Victoria (A)	B	5.30
Vince L'Amour	T	3.40
Vixey	M	3.20
Wahdan	T	4.10
Wanderlust	T	4.10
Washington Heir	B	2.30
Willow Wood	M	4.24
Woohoo	M	3.50
Yellow Diamonds	T	4.40
Zarakova	N	6.02
Zarvali	M	3.20

GREYHOUNDS

CENTRAL PARK

11.09 **EBONY TREND** (4)......... Flying Glenbrook (6)
11.27 **EPIC PRINCESS** (2) ....Swift Youth (1)
11.43 **BROADWAY MIST** (nap) (5) Fear Of Wings (6)
12.01 **BOWES HILL HOLLY** (4)...Millbank Rocco (6)
12.18 **HOLLYOAK PEACE** (3) .... Hollyhill Melody (6)
12.34 **SWIFT QUAIL** (nb) (6).......... Bombay Boss (4)
12.51 **HOLLYOAK MABLE** (1)....... Hollyoak Talia (5)
1.08 **BEACH HOLIDAY** (1).......... Havana Anevrin (6)
1.26 **ROBINSONS CLAN** (2).............Beach Time (4)
1.42 **PEARCES MAGIC** (6)...........Footfield Josie (4)
1.59 **MY JASPIE** (4).....................Frainey Towbar (5)
2.14 **SAMBA BLAZE** (3) ....Swift Vacation (2)

TOWCESTER

2.23 **LIMERICK BOY** (4)................ Freeway Faye (3)
2.41 **HIYA SALAH** (3)................Ballyquinsheldon (1)
3.01 **TRAPSTYLE DOPEY** (5)... Pagan And Chief (2)
3.19 **ESSEX ABZ** (5) ....Last Race Toni (3)
3.38 **CUSHIE SEAMIE** (5).................. Amka Wolf (2)
3.57 **ARDERA LASS** (1)...............Salacres Logan (2)
4.16 **BRIDGESTREET ALI** (2).......Unknown Path (5)
4.34 **DROHOBYCH GALAXY** (nap) (1). As Happy As Bryn (3)
4.53 **BALLYCLEARY BELL** (3) ... My Brindle Diva (2)
5.12 **FREYAS TIGER** (1) .... Ballyclearyflash (2)
5.31 **FABULOUS GIULIA** (nb) (5) .... Amys Gem (6)
5.49 **MATTS EUNICE** (1) ....Eire Katie (4)

KINSLEY

2.29 **ONLYFOOLSRUSHIN** (2)...........Skeard Tom (1)
2.48 **SWIFT QAY** (5)............................ Yeah Mick (2)
3.07 **GRUMPY PIP** (6) .... Highview Arrow (1)
3.26 **ALNO DUKE** (nap) (6)........Makeit Baroness (2)
3.44 **CRYSTAL AURORA** (5) .... Cool As Funk (3)
4.03 **HOLBORN BETTY** (3) .... Da Man Joey (5)
4.22 **GRANTSTOWN ROAD** (nb) (4). Westfield Frank (1)
4.41 **COTSWOLD PRINCE** (5) Beaming Moscato (3)
4.59 **FLEETWOOD ROBBIE** (6)........Limited Blue (2)
5.18 **KESTON ROSE** (1) ....Sober Ballad (3)
5.37 **GRUMPY BABY DAVE** (5)... Got The Ballymac (3)
5.56 **PRIVATE BUCKS** (2)..........Inclement Magic (6)

NEWCASTLE

2.36 **PATTERDALE MESSI** (1)........A Bit Of Betty (4)
2.54 **CLERICAL ERROR** (nb) (6) ..Sixsevensixseven (4)
3.13 **WANGANUI WANDA** (5)......Thetimetoshine (2)
3.32 **BUICKS HOPE** (2) .... Prettybrowneyes (4)
3.51 **KILLEACLE DENISE** (3)...... Never Too Late (2)
4.09 **FOOLED AGAIN** (3)...............Indelible Mark (6)
4.28 **DEEJAY CHARLIE** (nap) (5)... Droopys Tutu (2)
4.47 **BRAMBLE PAULINA** (1)............. Szoboszlai (3)
5.06 **MOLLYS AOIBHE** (1).............. Slippy Poppy (5)
5.24 **ALNWICK KENNY** (2)............... Swift Rabbit (1)
5.43 **MILLHILL YOGI** (5)................Solway Ocean (1)
6.02 **TEXAS BONNIE** (1) ....Fabulous Lakota (4)

NOTTINGHAM

6.08 **SWIFT DOIREANN** (2).......... Lavender Blue (6)
6.28 **ROMANTIC ROSIE** (1) ....Swift Micah (2)
6.48 **FLAME WOOD** (nap) (6)................ Elite Max (2)
7.08 **WORRA CUDDLE** (5) ....Clonbrien King (2)
7.28 **PRINCES LEGACY** (1) .... Jager Bren (2)
7.48 **MISTER FEZZIWIG** (nb) (6)........Bub Huddy (2)
8.08 **SWIFT OLIVIA** (1) ....Platinum Lark (3)
8.28 **SWIFT URSULA** (2) ....Swift Kendall (5)
8.48 **HONOUR FACE** (1)........................Swift Sale (2)
9.08 **JET GUNNER** (4)........................Crafty Elmo (6)
9.28 **BRACEYS BOY** (2) .... Bull Run Bird (4)
9.48 **SAMBAR DREAM** (3) ....Tetra Eco (2)

ROMFORD

6.33 **ROUGH RONAN** (3)................Lizies Legacy (2)
6.53 **RUADHANS BOY** (nap) (3).. Jacktavern Taz (4)
7.13 **SWIFT PEACH** (1)..................Keiths Prezzie (4)
7.33 **BELLINI BULLET** (2) ....Inclement Moon (4)
7.53 **KING JARVIS** (nb) (1) .... Untold Dinero (5)
8.13 **SATIN BARNEY** (3)............Glengar Shadow (5)
8.33 **MADE OF STONE** (6) .... Brief Display (4)
8.53 **LAVAN JET** (1) ....Mickey Red (3)
9.13 **DISTANT HIKER** (6)............... Kilara Kopeck (2)
9.33 **HEADFORD WAYNE** (4)..............Funky Adz (5)
9.53 **DISTANT EVE** (2) .... Headford Sarah (3)
10.13 **ZENITH OTTOMAN** (1)....Chelms Charmer (2)

BAGS WINNERS AND PRICES

CENTRAL PARK

2.23: **Genuine Sambuca** (3) 3-1, Stophers Trick (4) 4-1, bf: £17.76, tri: (3-4-6) £0.00. 2.41: **Ima Rocket Fran** (4) 2-1, Hollyoak Maggie (1) 6-1, bf: £16.48, tri: (4-1-6) £27.18. 3.01: **Blossomfort Coco** (2) 3-1, Beach Trip (4) 10-11 fav, bf: £7.61, tri: (2-4-3) £0.00. 3.19: **Eire Eddie** (4) 3-1, Glosha Sally (5) 9-4 fav, bf: £12.70, tri: (4-5-6) £50.93. 3.38: **Hollyoak Ronald** (1) 9-2, Coillbhui Glas (5) 11-4, bf: £24.08, tri: (1-5-3) £0.00. 3.57: **Super Trick** (3) 5-4 fav, Canal River (1) 4-1, bf: £7.58, tri: (3-1-4) £0.00. 4.16: **Mohican Julie** (2) 7-2, Eire Beetle (1) 4-1 and Kajoruns Bert (4) 20-1 (dd-ht 2nd), bf: (2-4) 38.32, (2-1) 9.74, tri: (2-4-1) £129.05, (2-1-4) £59.25. 4.34: **Distant Power** (6) 9-2, Insane Gee Two (4) 6-4 jt-fav, bf: £17.70, tri: (6-4-2) £28.25. 4.53: **Run Amie** (1) 11-8 fav, Insane Vanessa (6) 7-2, bf: £7.77, tri: (1-6-2) £0.00. 5.12: **Headford Toby** (1) 1-2 fav, Hollyoak Lisa (3) 10-1, bf: £8.41, tri: (1-3-4) £23.50. 5.31: **Seefin Daisy** (1) 5-1, Deelish Lady (2) 10-3, bf: £27.12, tri: (1-2-6) £0.00. 5.49: **Windsor Times** (4) 15-8, Beach Bar (1) 5-1, bf: £13.00, tri: (4-1-5) £0.00.

DUNSTALL PARK

2.29: **Brosna Dave** (6) 9-4 fav, Kelseys Angel (2) 9-1, bf: £25.43, tri: (6-2-1) £89.24. 2.48: **Ridgedale Zuni** (4) 11-4, Cape Venture (5) 6-4 fav, bf: £9.53, tri: (4-5-2) £42.69. 3.07: **Showemyourtail** (4) 7-1, Shockwave Salina (5) 7-1, NR: Rosstemple Lily (res), bf: £71.26, tri: (4-5-2) £204.27. 3.26: **Popstar Rose** (4) 10-3, Final Furlong (5) 15-8 jt-fav, bf: £13.70, tri: (4-5-1) £46.48. 3.44: **Keepers Nutty** (1) 7-2, Buda Tom (2) 10-1, bf: £34.55, tri: (1-2-6) £79.51. 4.03: **Distant Pablo** (1) 3-1, Dadurunrun (5) 2-1, bf: £12.16, tri: (1-5-2) £0.00. 4.22: **Soap Box Heads** (5) 15-8 fav, Detroit Sonny (1) 11-4, bf: £8.15, tri: (5-1-4) £0.00. 4.41: **Darley Damage** (3) 3-1, Lynnia Cymru (4) 2-1, (dd-ht 3rd), bf: £12.02, tri: (3-4-6) £10.79, (3-4-5) £21.98. 4.59: **Hiya Jimal** (4) 6-5 fav, Hello Mate (2) 7-2, bf: £6.98, tri: (4-2-3) £15.67. 5.18: **Sporting Mate** (2) 6-5 fav, Camp Robin (3) 9-4, bf: £4.87, tri: (2-3-6) £0.00. 5.37: **Ashtons Ernie** (2) 3-1, Sister Grace (4) 5-2 fav, bf: £14.34, tri: (2-4-1) £69.66. 5.56: **Swift Zilch** (4) 5-1, Eyrehill Samson (6) 7-2, NR: Ashtons Ollie (res), bf: £29.48, tri: (4-6-1) £41.62.

KINSLEY

11.14: **Deecee Alpha** (2) 3-1 jt-fav, Grumpy Mia (3) 7-2, bf: £16.87, tri: (2-3-5) £43.43. 11.30: **Castlerock Cash** (4) 4-1, Marcianos Punch (3) 2-1 jt-fav, bf: £16.97, tri: (4-3-5) £33.26. 11.46: **Clongeen General** (4) 9-4, Pomba Flo (1) 6-1, bf: £17.54, tri: (4-1-3) £0.00. 12.03: **Hazelgrove Dusk** (2) 7-2, Betweenthe Lines (5) 7-1, bf: £37.40, tri: (2-5-6) £114.62. 12.20: **Mohican Richie** (4) 11-4 fav, Crystal Turtle (3) 7-2, bf: £15.27, tri: (4-3-2) £42.08. 12.37: **Coolavanny Nano** (6) 2-1, Shady Della (3) 8-1, NR: Tuxedo Twlight (res), bf: £20.21, tri: (6-3-4) £0.00. 12.53: **Golan Hazel** (3) 11-10 fav, Gazes Boby (5) 11-4, bf: £5.39, tri: (3-5-4) £13.77. 1.11: **Use The Clock** (3) 2-1 fav, Gurtnara Jax (4) 10-1, bf: £22.91, tri: (3-4-1) £58.44. 1.26: **Sporting Buchan** (5) 7-2, Eagles Magic (2) 4-1, bf: £24.15, tri: (5-2-4) £61.80. 1.41: **Russian Doctor** (3) 4-1, Revilo Eagle (5) 6-1, bf: £35.66, tri: (3-5-4) £100.89. 1.58: **Heathsastriker** (3) 4-1, Crystal Willow (4) 3-1 fav, bf: £19.59, tri: (3-4-1) £59.43. 2.14: **Deecee Bonnie** (5) 4-1, Elite Lizzie (3) 9-2, bf: £30.12, tri: (5-3-1) £125.38.

NOTTINGHAM

11.25: **Petite Pippa** (2) 11-4, Wolf Midnight (5) 13-8 fav, bf: £9.80, tri: (2-5-1) £0.00. 11.41: **Invincia Jewel** (2) 10-3, Honour Beckham (5) 15-8, bf: £13.15, tri: (2-5-1) £0.00. 11.58: **Bellmore Queen** (1) 5-4 fav, Lynnia Max (6) 8-1, bf: £14.01, tri: (1-6-3) £31.97. 12.14: **Monbeg Bella** (2) 11-4, Honour Secret (3) 7-2, bf: £15.37, tri: (2-3-5) £0.00. 12.31: **Legsintheair** (3) 3-1, Sharben Umbreon (1) 11-4, NR: Mid Tipp Maggie (res), bf: £13.13, tri: (3-1-6) £0.00. 12.48: **Platinumsunshine** (4) 5-2, Honour Tequila (2) 5-1, bf: £16.97, tri: (4-2-6) £0.00. 1.06: **Noirs Fly** (6) 11-4, Honour Janice (3) 5-1, bf: £18.68, tri: (6-3-5) £0.00. 1.21: **Olwinn Ginge** (2) 11-4, Cairo (3) 8-1, bf: £24.56, tri: (2-3-6) £0.00. 1.36: **Honour Flyer** (1) 5-6 fav, Macash Rose (6) 9-2, bf: £6.75, tri: (1-6-2) £0.00. 1.52: **Honour Malibu** (2) 5-1, Chasing Niamh (3) 11-8 fav, NR: Baby Arc (res), bf: £15.59, tri: (2-3-5) £0.00. 2.09: **Honour Fifi** (4) 9-2, Antigua Goose (6) 7-2, bf: £24.93, tri: (4-6-2) £0.00.

SHEFFIELD

11.03: **Slippy Daniel** (6) 6-5 fav, Fire Lucy (2) 6-1, bf: £10.88, tri: (6-2-3) £0.00. 11.19: **Letter Magic** (4) 9-2, A Fine Time (6) 9-2, bf: £34.22, tri: (4-6-1) £0.00. 11.36: **Cloondarone Ken** (2) 7-4, Anglesey Herring (1) 14-1, bf: £24.63, tri: (2-1-6) £0.00. 11.52: **Avongate Gloss** (4) 7-1, Olwinn Win (2) 13-8, bf: £29.08, tri: (4-2-6) £0.00. 12.09: **Thats Mikeys** (2) 8-11 fav, Timeless Truth (4) 7-1, bf: £8.98, tri: (2-4-1) £0.00. 12.26: **Sigh of Relief** (1) 6-4, Get Up Paddy (3) 10-1, bf: £19.62, tri: (1-3-2) £0.00. 12.42: **Hillend Korda** (2) 5-2, Swift Step (5) 9-4, bf: £10.48, tri: (2-5-6) £0.00. 12.59: **Fugazi** (2) 4-1, Drumdoit Lyra (4) 7-4, bf: £16.73, tri: (2-4-3) £0.00. 1.16: **Aurora Dawn** (1) 15-8 fav, Slippy Richie (5) 6-1, bf: £15.28, tri: (1-5-3) £0.00. 1.31: **When Its Over** (5) 9-2, Dot To Dash (1) 6-1, bf: £37.83, tri: (5-1-2) £0.00. 1.46: **Braemar Millie** (1) 7-4 fav, Trickys Nala (4) 6-1, bf: £13.97, tri: (1-4-3) £0.00. 2.04: **Glavin Thief** (3) 3-1, Gizmo Alpha (5) 11-8 fav, bf: £9.57, tri: (3-5-4) £0.00.

HOVE (SKY)

11.01 (A7) 500m
1 21 Yankee Molly (rl ro)............30.36
2 22 **BELIEVE YOU CAN** (rl sa)............30.28
3
4 415 Kelseys Azure (md ep)............30.58
5 322 **Leslies King** (sa rl)............30.22
6 1116 Tuono Poppy (md ep)............30.37

Star betting: 5-2 Believe You Can, 11-4 Leslies King, Tuono Poppy, 3 Yankee Molly, 9-2 Kelseys Azure.

11.18 (A5) 500m
1 32 1 Punk Rock Harley (rl ro)............30.10
2 1212 **Yougo Laddie** (sa md)............30.27
3 1 2 **SPEEDY SADIE (NAP)** (rl ro)............30.18
4 536 Sly Big Bird (sa md)............29.91
5
6 454 Droopys Roster (md ep)............29.79

Star betting: 2 Punk Rock Harley, 11-4 Droopys Roster, 3 Speedy Sadie, Yougo Laddie, 11-2 Sly Big Bird.

11.34 (A8) 500m
1 532 Chisem John (sa rl)............30.53
2 5455 Spot On Tpol (md ep)............30.25
3 3213 **LEGACY** (md ep)............30.41
4 6225 **Selker Bay Daisy** (md ro)............30.81
5
6 343 Rifle Bullet (ep wd)............30.45

Star betting: 9-4 Selker Bay Daisy, 11-4 Legacy, 7-2 Chisem John, Spot On Tpol, Rifle Bullet.

11.52 (A11) 500m
1 445 Chisem Bubbles (rl ro)............31.01
2 2544 Spot On Cheeks (fw md)............31.15
3 253 **Sladeys Knight** (rl ro)............30.65
4 1542 Yougo First (md ro)............30.93
5
6 332 **SOUTHDOWNS ROSE** (wd ep)............30.26

Star betting: 6-4 Southdowns Rose, 5-2 Yougo First, 11-4 Sladeys Knight, 4 Chisem Bubbles, 8 Spot On Cheeks.

12.09 (A10) 500m
1 4515 Fauna Rae (rl ro)............30.72
2 21 **CHISEM HENRY** (rl ro)............30.72
3 363 Beanos Andy (rl ro)............30.63
4 55 Chisem Mike (fw md)............30.46
5 44 **Sly Ash** (fw md)............30.33
6

Star betting: 11-8 Sly Ash, 10-3 Beanos Andy, 7-2 Chisem Mike, 4 Chisem Henry, 9-2 Fauna Rae.

12.26 (D4) 285m
1 Swift Income (rl ro)............00.00
2 4552 **Selker Bay Belle** (rl ro)............16.75
3 2125 **PADDYJOES LOCH** (wd fw)............16.98
4 4545 Millroad Lily (md ro)............17.09
5 364 Doublermoney (sa wd)............17.19
6 562d Portobello Quay (md ep)............17.14

Star betting: 7-4 Paddyjoes Loch, 5-2 Selker Bay Belle, 4 Millroad Lily, 9-2 Portobello Quay, 6 Doublermoney, 8 Swift Income.

12.42 (A3) 500m
1 4123 **SPORTING PEGASUS** (md ro)............29.90
2 4254 Ballydarley Jack (md ro)............29.66
3 142 Wee Miss Badger (md ep)............29.84
4 411 **Cloheena Blueboy** (md ro)............29.80
5
6 4661 Noelles Glenlo (sa wd)............30.04

Star betting: 5-4 Noelles Glenlo, 3 Cloheena Blueboy, 4 Sporting Pegasus, Ballydarley Jack, 11-2 Wee Miss Badger.

12.59 (D3) 285m
1 42 4 Mob De Souza (ep rl)............16.79
2 2 1 **Punkrock Perkele** (rl ep)............16.91
3 5155 Wedontdopanic (ep md)............16.78
4 311 **NICE ENOUGH (nb)** (rl md)............00.00
5 Kamikaze Star (wd ep)............00.00
6 3 Homework Diary (wd ep)............17.32

Star betting: 2 Wedontdopanic, 11-4 Nice Enough, 10-3 Punkrock Perkele, 4 Mob De Souza, 8 Kamikaze Star, Homework Diary.

1.17 (A4) 500m
1 5322 **LOSE CONTROL** (rl ep)............29.86
2 2544 Melbury Tyr (md ep)............30.05
3 1251 **Southafrikka** (md ro)............30.11
4 236 Signet Ell (fw md)............30.83
5 5551 Candolim Spice (fw md)............29.95
6

Star betting: 7-4 Candolim Spice, 2 Lose Control, 10-3 Signet Ell, 9-2 Southafrikka, 11-2 Melbury Tyr.

1.33 (A2) 500m
1 544 Straight Shot (rl ro)............29.77
2 1321 **BRULEE BULLET** (md ep)............29.88
3 2154 Rory The Arb (md fw)............29.80
4
5 342 **Vegan Warrior** (fw md)............29.62
6 5353 Senahel Pikachu (wd fw)............29.47

Star betting: 7-4 Senahel Pikachu, 5-2 Brulee Bullet, 3 Vegan Warrior, 9-2 Straight Shot, 5 Rory The Arb.

1.51 (A6) 500m
1 5321 **IM JUSTA RARITY** (rl ro)............30.39
2 53 6 Streets Of Bono (sa rl)............30.48
3 4 25 Seomra Pipp (rl ro)............30.27
4 24 **Punk Rock Puff** (md ro)............30.37
5 23 4 Jacktavern Usain (wd fw)............30.28
6

Star betting: 11-8 Seomra Pipp, 9-4 Im Justa Rarity, 5-2 Jacktavern Usain, 6 Streets Of Bono, 8 Punk Rock Puff.

2.07 (A7) 500m
1
2 **PUNK ROCK THIEF** (rl ro)............00.00
3 3221 Proud Rori (md fw)............30.22
4 3236 **Punk Rock Picard** (md ep)............30.12
5 52 2 Oioiperfectolads (wd fw)............30.30
6 65 Rapido Willow (wd ep)............30.27

Star betting: 6-4 Proud Rori, 11-4 Punk Rock Thief, 10-3 Rapido Willow, 4 Punk Rock Picard, 6 Oioiperfectolads.